



SENDTIVATE

Seeing Possibilities

ORGANISATION OVERVIEW

A Day Centre for Special Educational Needs
Young People Aged 16-25

January 2025



TABLE OF CONTENTS

<u>I. ORGANISATION SUMMARY</u>	1
--	---

<u>II. MISSION AND VALUES</u>	2
---	---

<u>III. PROGRAM COMPONENTS</u>	3
--	---

<u>IV. PROGRAM COMPONENTS CONT...</u>	4
---	---

<u>V. A PERSONALISED APPROACH</u>	5
---	---

<u>VI. MONITORING & EVALUATION</u>	6
--	---

<u>VII. OUR DAILY PROGRAMS</u>	7
--	---

<u>VIII. CONTACT US</u>	8
---	---

ORGANISATION SUMMARY

An overview to understand our goals and aims.

In our 5 years of working within Greenwich and Bexley boroughs, we have observed and encountered many young people with special educational needs face challenges that limit their access to mainstream education and opportunities.

For those not in education, the transition from adolescence to adulthood can be particularly difficult. The lack of structured support, vocational training, and social engagement can result in increased isolation, mental health issues, and limited life prospects.

Sendtivate has an established day centre dedicated to supporting young people with special educational needs (SEN) aged 16-25 who are currently not engaged in formal education.

The centre offers a holistic approach to personal development, focusing on building life skills, social integration, mental health support, and vocational training.

We aim to equip young people with the skills and confidence to successfully transition into adulthood, secure employment, or pursue further education opportunities.

Our programs are designed to meet the specific needs of each individual, providing tailored support to help them achieve their personal goals.

Young people can also use our additional facilities to support their sensory and physical needs.

IT Suite



Music Room



Gym



MISSION AND VALUES

Understanding our purpose and primary objectives.



OUR CORE VALUES

- Provide Targeted Life Skills Training - Offer practical life skills programs to promote independence in daily living, such as budgeting, cooking, personal care, time and money management.
- Enhance Vocational Skills and Employability - Provide career development, vocational training, and job readiness programs to increase readiness for employment.
- Promote Mental Health and Well-being - Provide emotional support, mental health counselling, and well-being activities to help young people manage stress, anxiety, and other challenges.
- Foster Social Skills and Community Engagement - Create a space for young people to build social connections, develop communication skills, and engage in community activities.
- Support Pathways to Education or Employment - Offer guidance on further education or employment pathways.

OUR MISSION

To support young people's unique development through tailored life skills programs.

OUR VISION

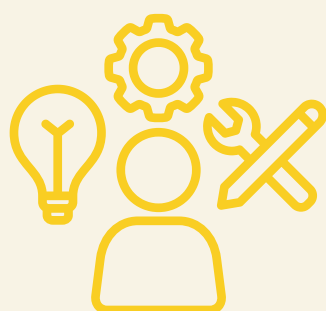
To provide an inclusive, nurturing environment where every young person, can thrive and grow, preparing them for adulthood.



SENDTIVATE
Seeing Possibilities

PROGRAM COMPONENTS

All our program components are achieved through ASDAN qualifications (Award Scheme Developmental and Accreditation Network).



LIFE SKILLS DEVELOPMENT

This is the core of all that we do, we offer a range of practical life skills programs to foster independence, including:

- Independent Living Skills: Budgeting, meal planning, cooking, personal hygiene, health and wellbeing, laundry, and household cleaning.
- Time Management and Organisation Skills: Developing schedules, prioritising tasks, and managing appointments.
- Social and Communication Skills: Role-playing, group discussions, and building confidence in social interactions.

VOCATIONAL AND CAREER READINESS TRAINING

Sendtivate centre provides vocational training to develop job-specific skills, including:

- Workplace Skills: Punctuality, teamwork, communication, and problem-solving.
- Career Pathways: Guidance on job search strategies, creating CVs, interview preparation, and job applications.
- Practical Training: Hands-on workshops in various sectors such as hospitality, IT, retail, or arts and crafts.
- Internships and Job Placements: Opportunities for participants to gain experience in real-world job environments through partnerships with local businesses.



PROGRAM COMPONENTS

All our program components are achieved through ASDAN qualifications (Award Scheme Developmental and Accreditation Network).



MENTAL HEALTH AND WELL-BEING SUPPORT

Mental health and well-being services are integrated into the program, including:

- **Counselling and Therapy:** Access to one-on-one or group therapy sessions with mental health professionals.
- **Stress Management and Coping Skills:** Workshops on relaxation techniques, mindfulness, and emotional regulation.
- **Peer Support Groups:** Opportunities for young people to connect, share experiences, and support each other in a safe space.



SOCIAL ENGAGEMENT AND COMMUNITY INVOLVEMENT

To improve social integration, we organise activities such as:

- **Group Outings and Social Events:** Trips to museums, theatres, parks, or local events to build social skills and confidence.
- **Volunteer Opportunities:** Participants will be encouraged to take part in community-based volunteering to develop teamwork and a sense of purpose.
- **Team-building Activities:** Structured group activities such as sports, art, and creative projects that promote collaboration and interpersonal skills.



A PERSONALISED APPROACH

Sendtivate day centre operates with a person-centred approach, tailoring support and services to meet the specific needs, goals, and aspirations of each participant.

Individualised Support Plans

Each young person will have a personalised development plan, which will be regularly reviewed and updated.

Collaborative Approach

The centre works closely with families, caregivers, local businesses, and educational institutions to provide a comprehensive support system.

Engagement and Participation

Young people are encouraged to actively participate in the planning and decision-making process for their activities and support.

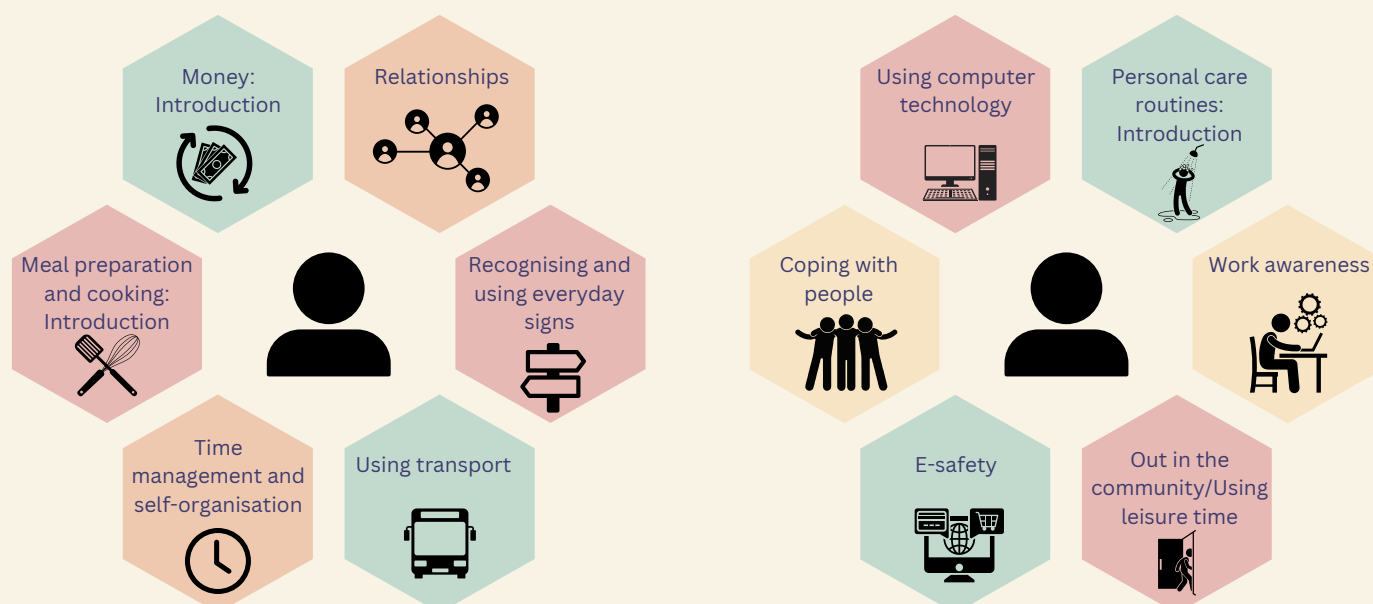
Monitoring and Feedback

Continuous evaluation ensures that the services provided are meeting the needs of participants, with adjustments made as necessary.



MONITORING & EVALUATION

The program's success is evaluated through a variety of methods, outlined below.



















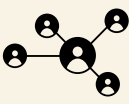

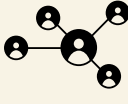

Progress Reviews
Regular assessments of each participant's progress, including personal development, social skills, and vocational training.
Outcomes towards Preparation for Adulthood
Tracking key indicators such as employment placement, further education enrolment, and social engagement.
Stakeholder Feedback
Gathering feedback from families, employers, and local partners to assess the program's impact and areas for improvement.

OUR DAILY PROGAM

Below is are two examples of our day centre programs, which typically runs for 6 weeks. Timetables may be different dependent on the young person's key area of development

Time	Tuesday	Monday	Wednesday	Thursday	Friday
9:00am - 11:00am*	Using Transport	Using Transport	Using Transport	Using Transport	Using Transport
11:00am - 12:00pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:00pm - 2:00pm*	Meal Preparation	Meal Preparation	Meal Preparation	Meal Preparation	Meal Preparation
2:00pm - 3:00pm*	Mental Health/Well being	RSE	Mental Health/Well being	RSE	Achievement Review

*Learners have regular breaks during sessions and can access the sensory room, music room or gym room.

Time	Tuesday	Monday	Wednesday	Thursday	Friday
9:00am - 11:00am*					
11:00am - 12:00pm					
12:00pm - 2:00pm*					
2:00pm - 3:00pm*					



REGISTER YOUR INTEREST



CONTACT US

 07853213605
 info@sendtivate.co.uk
 <https://sendtivate.co.uk>