#### **Book Preview:**

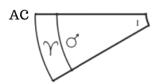
## Chapter 1 - The Narcissystem and Our Fall from the Grace of Our TrueSelf

## Aries

March 21st - April 19th

Element: Fire Mode: Cardinal Season: Spring

Universal Law: Vibration Chakra: Root - Survival Governs: Head and Brain Cell Salt: Potassium Phosphate





1st House (a.k.a. Ascendant): Sense of Self

Planetary Ruler: Mars Gift: Pioneering Shadow: Aggression Archetypical Characters:

Hero/Warrior/Athlete

Soul lesson: Proper Use of Desire

Musical Note: C

#### I. Mars, Aries & 1st House Essential Nature - The Hero on the Hero's Journey

The Ego, From Dark to Light - Mars at Home in Aries

Leadership is Motivation from Within - Mars at home in the First House

(full chapter included in full version)

II. What is the self? Narcissus and Shades of Mars exiled in Taurus

(full chapter included in full version)

III. Shadow & Divine Masculine - Mars in Gemini & Unifying Duality -

(full chapter included in full version)

#### IV - Emotional Reactivity - Mars at fall in Cancer: the Wounded Warrior

(full chapter included in full version)

#### V. Sovereignty as Self-Confidence - Mars in Leo & Self-Agency

(full chapter included in full version)

#### VI. Mars in Virgo - Distinguishing the Narcissystem with Discernment, not Judgement

(full chapter included in full version)

#### VII. Mars in Exile in Libra - Fighting for the World, Caution to Not Lose Yourself

(full chapter included in full version)

#### VIII. Mars in Scorpio - Hidden Powers: Narcissistic Abuse and Manipulations

When one experiences trauma, if it is suppressed, narcissism grows, & a demon gets its wings

Mars in its (secondary) home sign of Scorpio, the sign of power, can represent a challenging opponent, and one who operates very often secretly. In its shadow, it uses its profound instinctual perception as a tool to manipulate. In its evolved expression, it uses this deep perception to empower others. One of the first goals of narcissistic abuse, a dynamic that a shadowy Mars in Scorpio can easily perpetrate, is to create a dependency in others, placing themselves as above others as more powerful or highly threatening in some way. This can easily result in a form of Stockholm Syndrome (identifying with one's captor), that works like mind control, leaving the targeted person believing they have earned or deserve such treatment. It will even go as far as to convince them that they wouldn't be able to survive without the control of their so-called savior. Once one knows what this kind of self-serving deception and manipulation look like, it becomes easy to spot. It will nearly always claim superiority through knowledge or force and seek to exploit any weakness in its target. Its primary method of doing so is by playing on people's fears & insecurities, while placing itself on a pedestal as the hero, withholding key details and selling a great lie as distraction from the actual truth. This is done in order to grab or maintain power and control over another person, or group of people. It's a simple mechanism that says "I will go to any lengths to get what I want, with no concern to the consequences or impact on others." Mars, planet of

war, in sneaky Scorpio is accurately portrayed by the quote of famous Chinese military strategist Sun Tzu ""All war is deception," as this placement in shadow will view all life as a battle.

Narcissistic personalities operate like psychological parasites, or energy vampires, and manipulate with the intent to enforce their will over another's. This violation of free will is the essence of what many call "Black magick," and why it can often feel so violating being exposed to such individuals. Only when we start to address and halt the abuse, by learning how to set and maintain healthy boundaries, do we have the slightest hope in overcoming it. **Gaslighting** is a widely used form of narcissistic abuse that uses blatant lies and denial of actual events in order to induce doubt and confusion in the abused, undermining their confidence in reality and their own sanity. This slowly encourages more reliance on the false narrative the abuser peddles by planting seeds of uncertainty in their victim. When we have enough security in our own experience to not be led down such paths of second guessing, it is much easier to avoid these dynamics in our daily lives.

Narcissism is not only in large part a reaction to abuse itself, but quite often the means of how further abuse is perpetuated. There are indeed cases of rare genetic conditions expressing this disorder, but they alone cannot account for the growing presence and spread of this mental disease in our modern world. The reality is not that people are basically flawed or fundamentally selfish—no, that's exactly what the negative worldview of materialistic narcissism wants us to think. The truth is that in many of the cases of dramatic pain in our world, lives and relationships, we are each being confronted with our own lessons and "narcissistic" (wounded ego) triggers. Meaning, wherever we were never seen or had our needs met as a child, we can easily get caught up in a excessive need for control of our environment and the people in it, in a misguided attempt to resolve that long-held inner tension. Naturally, the system (larger environment) has also dramatically contributed to these dynamics. But the more we can withdraw our attention from a system that is designed to ensnare us into its qualities, the more we develop healthy a sense of self, and focus on the truth of who we really are within—flaws, limits, gifts and all. At this point, there is less and less power that the system has over us, and it is more likely to change from our inner power re-directing the show. By reclaiming our own power within this system, we can stop externalizing it in the first place. Said plainly: standing up to our own shadows of narcissism, enables and empowers us to stand up to the same shadows of all "others." This returns power in our own hands, where it belongs, and with Mars in Scorpio, the proper use of power is a primary gift of its higher expression.

With Mars in penetrating Scorpio, the key question to answer for ourselves, and in clarity activating our highest expression of Mars in Scorpio energy is:

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IX.	Mars	in	Sagi	ıtt	arıus	-

Where preachers get it wrong: Original Sin & the war for the independence of the Soul

(full chapter included in full version)

X. Mars in Capricorn - The War Hero, or the Soul-Less CEO: Narcissystemic Abuse-Culture

(full chapter included in full version)

XI. Ego (human self) as villain - Mars in Aquarius and the Rebel Warrior

From the Human Condition in Self-hate (Thanatos)

(full chapter included in full version)

XII - To Love Within (Eros) for the Win - Mars in Pisces

# Chapter 2 - Remembering the True Self and its Immeasurable Worth

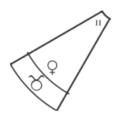
## **Taurus**

April 20th - May 20th



Universal Law: Gender (Yin/Yang)

Chakra: Sacral - Pleasure Governs: Neck and Throat Cell Salt: Sodium Sulfate





2nd House: Resources/Values
Planetary Ruler: Venus
Gift: Sensuality
Shadow: Material Indulgences
Archetypical Characters:
Earth Goddess/Farmer/Collector
Soul Lesson: The Beauty of Being
Musical Note: C#

#### I. Taurus/Venus/2nd House Essential Nature - Beauty Embodied, Senses Alive

(full chapter included in full version)

Venus at home in Taurus — You Are the Source when You Value Your Body:

The Heroine on the Heroine's Journey

(full chapter included in full version)

#### Venus in the 2nd House - the Earth Goddess & Value(s) of Self:

#### What are you worth? Are you So(ul) Gold?

The second house of the zodiac represents the area of life where we discover and experience value, ownership, as well as our innate talents and gifts that we have in this lifetime, especially those that generate

and build material wealth. We can also see the opposite may be true for those that have an afflicted relationship with Venus/the 2nd house, and instead spend too much time as humans believing more in stories of unworthiness and failures, than in realizing the TrueSelf and its vast worth. Being one of the Creator's Children, housing that same Divine Potential Within is our natural birthright. Materialism can be a major hurdle of the Narcissystem when it comes to claiming that birthright, especially for a shadowy Venus placed here, as this energy can easily experience attachment to comfort, avoiding the discomfort of even necessary change. Suppressing feelings and deep body-knowing for not upsetting the apple cart of their current level of material satisfaction, wealth or possessions, is one of the most common ways this energy will experience and express its fears. This can be seen vividly in the image of a battered or trophy wife who will never leave her abusive or neglectful husband because of the material gain and security she receives from the relationship, or even just being more comfortable with the "devil you know, over the devil you don't."

The fallen-world view that discounts Goddess energy is no surprise to those who have pulled back the veil to see just how incredible Her True Power and Presence are, and how threatened the shadow masculine (even shadow-feminine) Divinely-disconnected forces are in the face of Her. Put another way, the (overactive) masculine, mental process fears feelings, and the loss of control such unpredictability can bring. Healing this requires moving from the head (Aries) into the body (Taurus). With modern society becoming increasingly mental and disconnected from nature, those within it are being robbed of their single greatest and most accessible source of power. Considering the Legends that state the planet we live on was originally meant to be a garden of paradise, with food growing everywhere, until the forces of darkness became dominant, creating hierarchies of "haves and have-nots," its no wonder humanity has struggled so much to find its way. For proof of this, look no further than the fact that nature provides everything we have and need in abundance, when it isn't metered and withheld for fear or greed. All that is required to "win the game of materialism" in the face of such a fallen world-view is to return to the conscious awareness of our own inner Divinity, and to recognize our real, material Mother Earth as the closest external Divine Being we can contact. In this sense, we can connect with the Earth-Goddess directly under our feet, and within ourself; our body being made of Her body, etc. Venus, and her home sign of Taurus, with her natural connection to Goddess energy in the 2nd house, all embody this beautifully.

In grace of the love and forgiveness in our own hearts, which also mirrors the Universal Love the Divine Earth Goddess has for us, there is no further need to put up with any more of the mind-virus' lie that we are born wrong, shameful, lacking, or unworthy. That being said, we must at least be willing to receive, and truly grow, which many can have a hard time doing within the survival-striving, overachieving

and draining dynamics of the Narcissystem. When we devalue ourselves to the level of simple pawns, only reacting to outside stimulus and overlooking the inner and our deepest feelings, we devalue everyone else too, and all the contributions we could give and receive from each other. And, perhaps most importantly, when we are disconnected from the natural energy of Venus/Taurus, we miss our own ability to receive Grace from this very same Divine Source, both within and without. When we love ourselves, we also love The Earth Goddess Gaia, for we are literally one in the same; made from the minerals in Her soil, and the food she grows that sustains us (This is why they call the physical body the "food body" in ancient Yogic/ Ayurvedic principles). She loves us, deeply, but we won't be able to receive it if we close ourselves off with a false sense of our own self, that is supposedly undeserving of this Love. It doesn't matter who you are, where you are from or what you believe: we ALL have value. Venus and Taurus, in their purest form, are meant to gift us with a natural connection to our own physical being, and the paradise that exists within ourselves as mirrored in the material world. We can remember this paradise when we are in full alignment with the highest expressions of these energies, and the power of all the body's senses. But these same senses and the material world can either ensnare the body and mind—if both are exclusively focused on the materialistic—or can aid them in overcoming these pitfalls by spiritualizing matter itself, with our awareness of its inborn Divinity. The ecstasy of witnessing the material and its glory as actually being Sourced from a vastly great, non-physical energy, sets us free. Bridging the apparent separation between material and spiritual, such as this, is how we can learn to rise above, in Self-Love, out of an imbalanced, Divine-Feminine repressed society, with the highest expression of Venus/Taurus and the 2nd house.

With Venus in her home sign/house of Taurus, the key question to answer for ourselves, and in clarity activating our highest expression of Venus/Taurus energy is:

How do I sense, embody, and own my Being-ness in this body/realm?

II. Venus in Gemini — Words as Pleasure or Pitfall

(full chapter included in full version)

III. Venus in Cancer — Care, Commitment or Codependency

#### IV. Venus in Leo - Self Love as Creative Life Force

(full chapter included in full version)

#### V. Venus in Fall in Virgo - Critical Love through Service

(full chapter included in full version)

#### VI. Venus at (her 2nd) home in Libra - Love and Relating in Harmony

(full chapter included in full version)

#### VII. Venus in Exile in Scorpio - Feminine Fears and Regeneration:

Pleasure is power = Power is pleasure.

(full chapter included in full version)

#### VIII. Venus in Sagittarius - Inspiring Connections:

Natural laws of Adventure & Magickal Nature Gods

(full chapter included in full version)

#### IX. Venus in Capricorn - The Sturdy Community Pillar or The Socialite Gatekeeper

(full chapter included in full version)

#### X. Venus in Aquarius - Friendly Freedom Finders

(full chapter included in full version)

#### XI. Venus Exalted in Pisces - Divine Feminine and the "Savior" approach

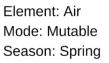
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#### XII. Venus (in detriment) in Aries - the Exiled Inner Sense of Self

### Chapter 3 - Integrating Polarities of Masculine/Feminine, Light/Dark, Empathy and Narcissism

## Gemini

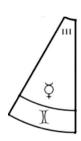
May 21st - June 20th



Universal Law: Polarity

Chakra: Solar Plexus - Willpower Governs: Arms, Hands and Lungs

Cell Salt: Potasium Chloride





3rd House: Thoughts/Communication
Planetary Ruler: Mercury
Gift: Versatility
Shadow: Indecision/Duplicity
Archetypical Characters:
Journalist/Student/Messenger
Soul Lesson: The Power of the Mind

Musical Note: D

#### I. Gemini/Mercury/3rd House Essential Nature

Mercury at home in the 3rd house - Two Truths and a Lie: the Double-Sided Nature of Gemini

The Magician - Alchemy and Overcoming Duality: The False Light is Without & True Light Within

(full chapter included in full version)

#### II. Mercury in Cancer - Polarity of Feeling and Mind

III. Mercury in Leo - When you Talk & Take Action, Things Happen: The Power of Creation.

(full chapter included in full version)

IV. Mercury at Home & Exaltation in Virgo - Perfection Within Our Imperfection through Correction

(full chapter included in full version)

V. Mercury in Libra - Balanced Minds & Communications

(full chapter included in full version)

VI. Mercury in Scorpio - Communications Through the Underworld

(full chapter included in full version)

VII. Mercury in exile in Sagittarius (& Mercury Retrograde)

(full chapter included in full version)

VIII. Mercury in Capricorn – Communications within the Status Quo of the Nazi Narcissystem

(full chapter included in full version)

IX. Mercury in (honorary exaltation in ) Aquarius -

#### Tiny Minds Ridicule Truthful ones & the Divide and Conquer Agenda

Mercury & Gemini have a keen connection to the energy of Aquarius (and its planetary ruler Uranus), in that they are all related to the element of air, but also the phenomena of electricity, which is ruled by Uranus/Aquarius. This also represents the subtle electrical impulses that conduct the information of our human nervous system, ruled by Mercury/Gemini. Uranus in Astrology is described as the "higher octave" of Mercury, signifying a connection between these signs, but with distinction in their evolution, based on their natural sequence. While Mercury and Gemini (3rd sign in the zodiac) are famous for their high-intelligence and capacity for absorbing knowledge, Uranus and Aquarius (11th sign) are famous for

next-level genius, to the point where it is usually misunderstood, for being years ahead of its time. This out-of-the-box thinking is what can bring the exalted energy for this Mercury in this sign. This planet of our mental experience in electric Aquarius is in touch with exceptional and advanced intelligence, able to see beyond the constraints of the physical/material world, and transcend mundane understanding by perceiving beyond the status quo, thinking in step with the highest of Universal Principles. It may even simply deconstruct the box of convention, before destroying it, and replace it with a multidimensional representation of the universe as a holographic fractal. In its higher nature, Mercury here will be a revolutionary thinker and put its considerable mental power to use for the good of humanity. In its shadow expressions, there can be a lot of nervous and/or excessive talking, a strong belief of "my brain makes me better," justifying the use of exceptional intelligence as a weapon, and a means to dominate, ridicule and belittle others. Or, it may simply create distance from others mentally, viewing this kind of brain capacity as a right to dehumanize others, being a dark "rebel without a cause."

In its Highest-Self expression, Mercury in Aquarius will communicate to bring people together, especially for a higher cause. In shadow, it will easily get caught up in ego trips of being the only one who is "more intelligent, and more right," acting as an agent of the Narcissystem by embodying the divide and conquer agenda, starting first within its own mind. To whichever "side" you may be more aligned, ultimately there is more that unites us as a humanity, than divides. There are certain things we can clearly agree upon. An evolved Mercury here knows this to be the case. Yet the shadow of this placement gets an ego kick in feeding the idea of just how superior it is because of its intelligence, how right it is and just how "wrong" is the "other side." In many modern countries, there are kinds of polarizing cultural wars between political factions of "Red or Blue," "Left or Right," "Conservative or Liberal," yet regardless to which side people may feel more inclined, for those really paying attention to what is going on in our global community, it becomes clear: the us versus them mentality is a distraction from any true kind of progress, and this is in fact very much by design. This mind game of "who has the more superior intellect," or "righteous cause," is exactly why there is so much control over most of the world at large, with too many narcissistic and anti-humanistic engines pulling society's strings so, leaving the people distracted, disenfranchised, dissatisfied and deeply disconnected from one another, and even themselves, and all "sides." Whether you like our current system or hate it, we can probably all get on the same page of things having a true need and potential to change for the better... and for the benefit of the people, not soulless, self-proclaimed, "big-tech gods," and "mental masters."

If we want to transcend this kind of cerebral narcissism, we must also be willing to look within ourselves and claim our own unconscious arrogance or false-superiority, giving space for not knowing-itall, and sharing our intelligence as a dialogue, being open to the brilliance and potential genius of others, thereby not engaging with the divide and conquer agenda at all. Creating space in the mental realms like this, we can more easily see the ways in which we might only focus on our own thoughts or concerns, and not give as much attention to the concerns of our fellows. Granted, there is only so much we as individuals can reasonably do, but when we can look for and find more of our common ground, in place of what apparently separates us, we are much more empowered to work together for change that benefits us all, rather than endlessly fighting with one another over trivial details, blocking progress and our true potential. Couldn't it be that real meaningful progress is just as simple as humanity getting on the same page? This is what the evolved Mercury in Aquarius looks like, and what being a community, a unified humanity, and one large human family is all about.

The belief that one is above another, or inherently more worthy than others, on an essential level, is a form of mental violence and at the center of Aquarian/intellectual narcissism. In truth, this is a pretense to compensate for a much deeper wound of insecurity and sense of inferiority that speaks this illusion into being through its relationships, making everyone around those who exhibit this behavior suffer as a result. This false belief is the loss of innocence, respect and reverence for the purity and genius simplicity of child-consciousness (Leo, Aquarius's opposite) where the ego, 3D-mind believes itself the singular best. In doing this, it tries to replace the Universal, Divine mind, generating a feeling and experience of separation, from this profound level of forgetting the inner connection to our natural Source of Highest Intelligence. Any intellectual concept of "specialness" over others taken too far, drives the Narcissystem on.

With Mercury in innovative Aquarius, the key question to answer for ourselves, and in clarity activating our highest expression of Mercury in Aquarius energy is:

How do I communicate beyond the conventions and bring greater freedom to all?

#### X. Mercury (in Detriment and Fall) in Pisces - Truth Becomes Unreal to Those Living a Lie

(full chapter included in full version)

XI. Mercury in Aries - The Warrior's Mind

(full chapter included in full version)

XII. Mercury in Taurus - Mental Stability Comes with Stubbornness