

Inga Dora Sigfusdottir – bio:



Dr. Sigfusdottir is a Professor at Reykjavik University in Iceland, a Research Professor at Teachers College, Columbia University, New York and a visiting Professor at Karolinska Institutet in Stockholm. Most of her scientific work can be described as sociological research on youth and adolescents and their health and well-being. Her work has focused on the study of risk and protective factors in the prevention of adolescent health-related behavior, particularly substance use.

She has written three books (all in Icelandic) on adolescent lifestyle and leisure activities and over 130 published articles in peer reviewed international journals. In conjunction with her research activities, she has provided academic leadership as the founder and CEO of a social science research institute, the Icelandic Centre for Social Research and Analysis (ICSRA). At ICSRA, she and her colleagues, have built a nationwide, annually-updated database on various aspects of health and behavior among school-age children and adolescents. She has authored numerous reports and provided leadership in the area of Icelandic as well as international social research and social policy. Currently, she is leading a group of scientists in the US and Europe, who is carrying out a life course study of children and adolescents aimed at improving our understanding of the biological and social factors that influence health and behavior of adolescents and eventually adults.