

DR. JENNIFER LAFFIER

Dr. Jennifer Laffier is an Assistant Professor in the Faculty of Education. She teaches and researches in the area of mental health. Last year she started the Mental Health in the Digital Age Lab, which explores how technology is impacting our mental health. Dr. Laffier is also a licensed therapist and has been in private practice for 25 years. She supports individuals of all ages that are experiencing trauma, anxiety, depression, or other mental health problems.

