

# Kids Kampus Summer Program

## Portugal Cove

895-7200

P2 & P3

July 2022



### Let the fun begin!

If you have any questions, please contact our administrator, Tania/Deborah @ [kidskampusinc@gmail.com](mailto:kidskampusinc@gmail.com)

For fieldtrips days only Tania's cell number is 325-0982.

#### Looking Ahead

Any day can be Water fun day. (Don't forget your swim clothes and a towel.)

#### What you need for the fieldtrip.

1. Backpack that goes on your back.
2. Must wear sneakers.
3. Small blanket or towel for sitting.
4. Towel, water clothes and water shoes.
5. Water bottle, Gatorade, Juice (no soda)
6. Healthy lunch, several snacks and extra drinks. (No shell fish, peanuts/nuts)
7. Sunscreen. Must be sun screened before drop off.
8. Hat and collapsible umbrella.
9. Hand sanitizer.
10. Extra change of clothes.

**Drop off will be at 8:30 Pick up by 5:00.**

#### Reminders

Please ensure your children have a lunch and plenty of water for walking.

On fieldtrip days there will be no daycare at the center. It is the parent's responsibility for transportation to and from the location. Each note will have the drop off and pick location on the form plus our Facebook page will have a pic of the location for your convenience.

**Check Facebook the morning of the fieldtrip for confirmation.**

**Home toys can be brought in every Tuesday. (No electronics)**

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Super Hero's</u>	27 Dress up as your favorite super hero. <b>Bike Day.</b> (Bring helmet bike/scooter)	28 Kryptonite Disposer Race. Catch that villain.	29 Super hero training. Bean bag attack.	30 <b>Canada Day party!</b> (bring in snacks wear red and white) Hotdog lunch.	1 <b>Closed for Canada Day!</b>
<u>Creepy Crawlers</u>	4 Bottle cap Bugs.	5 Design and Build a bug. <b>Bike Day.</b> (Bring helmet bike/scooter)	6 Worms & Dirt.	7 Clothes pin dragonflies. <b>Sprinkler Fun.</b> (Bring water clothes and towel)	8 Going on a bug hunt.
<u>Music and Fitness</u>	11 Yoga (Bring a mat to exercise on.) <b>Bike Day.</b> (Bring bike, helmet)	12 Sing along (If you can play an instrument please bring it in)	13 Obstacle Course.	14 Zumba. (Don't forget your water bottles)	15 Sports Day <b>Sprinkler Fun.</b> (Bring water clothes and towel)
<u>The Great Outdoors</u>	18 Build a Stick fort. Outdoor picnic	19 Nature Walk. 3D sun catcher.	20 <b>Fieldtrip Voisey's Brook.</b>	21 Camp Day. (Bring a tent, flashlight, camping supplies.)	22 Making a sundial. (learning how to tell time.
<u>Cool Treats</u>	25 Making Smoothies. (Bring in smoothie fruit, ex. Berries, bananas, kiwi)	26 Kool aid Slushies	27 <b>Fieldtrip to Bowering Park.</b>	28 Make your own kool aid popsicles. <b>Bike Day.</b> (Bring helmet bike/scooter)	29 <b>Hawaiian Day</b> (Dress up and bring in your fav fruit for kabobs. No apples)