



Bila Empower
STRONG SPIRITS & COMMUNITY

BILAEMPOWER CLINICAL SUPPORT MODEL

Matching the Right Support to the Right Need



Cultural Integrity



Clinical Excellence



Practitioner Choice



Confidential & Safe

OUR STEPPED SUPPORT FRAMEWORK

Employee Choice & Cultural Alignment

Capability-Based Matching

Clear Pathways for Complexity

Step 3

Complex or Specialist Care

- Severe Mental Health Issues
- High-Risk Situations
- Specialist Referrals

Coordinated Referrals to Specialist Services

Step 2

Therapeutic Support

- Anxiety & Depression
- Grief & Trauma
- Family Challenges

Experienced Clinicians Providing Focused Therapy

Step 1

Early Support & Wellbeing

- Workplace Stress
- Adjustment Issues
- Relationship Concerns

- Counsellors
- Psychotherapists
- Social Workers
- Psychologists