



**BilaEmpower**  
STRONG SPIRITS & COMMUNITY



BilaEmpower is in collaboration between established First Nations social enterprises Warida Wholistic Wellness, Willis Enterprises and Legacy Counselling and Consultancy

## About Us

BilaEmpower is a First Nations not-for-profit charity based on Kurna Country (South Australia), founded by Bianca Stawiarski, emerging as a decolonised and holistic way to support Aboriginal and Torres Strait Islander communities in driving change. While privileging First Nations knowledge systems, world views, and definitions of success, BilaEmpower focuses on various aspects of trade to fund their charitable purposes. Co-directed by Bianca Stawiarski, Tod Stokes, and Tania Willis, three First Nations individuals and sovereign businesses committed to social impact, this registered charity is not merely an organisation; it's a movement.

## Why Choose Us?

BilaEmpower has been meticulously conceptualised to align with significant national and international frameworks. It supports the Commonwealth's "Closing the Gap" initiative, which aims to improve the socio-economic conditions of Australia's First Nations Communities. Additionally, it aligns with the United Nations Sustainable Development Goals (SDGs), providing a universal call to action to end poverty, protect the planet, and ensure that all people enjoy peace and prosperity.

VISIT OUR WEBSITE:



[www.bilaempower.org](http://www.bilaempower.org)



[info@bilaempower.org](mailto:info@bilaempower.org)



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## Our Commitment

BilaEmpower commits to Community-led First Nations economic empowerment and social change.

## OUR SERVICES

BilaEmpower is established to support Australian First Nations individuals, families and communities through:

- Culturally Integrated services.
- Social and Emotional Wellbeing.
- First Nations-led Employee Assistance Program.
- Education and training aimed at personal and business development.
- Assisting individuals in starting their own small or micro businesses.
- Creating employment and leadership opportunities.
- Exploring barriers to employment through research.

To see how you can get involved in a First Nations driven Community movement, visit our website or contact us via email.

**You can be a part of the change!**

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## Our Employee Assistance Program (EAP)

BilaEmpower's innovative Employee Assistance Program provides a bespoke service that is flexible and responsive to suit your organisation. The program is designed to provide a customised service catering to varying needs.

We prioritise social consciousness by actively supporting communities. Our commitment includes fostering opportunities and ensuring security for First Nation businesses. By promoting collaboration among Indigenous enterprises, we aim to strengthen their foundations and facilitate sustainable growth within their communities.

### Investment:

- One-to-one therapy (virtually) or one-to-one executive support (virtually)

1-hour monthly virtual well-being yarning circles:

- This involves both a male and female First Nations therapist for an hour to provide a supportive space to yarn about how people are feeling. This is usually only provided for employees, given the nature of the situation.

### Onsite presence:

- Travelling to your site(s) at agreed intervals (for example, once a month, once a quarter).

### Other customisable services (additional investment):

- BilaEmpower can also offer monthly or quarterly well-being newsletters for staff on your intranet if you have one.

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