



YOUNG LEARNERS' WELLBEING IMMERSIVE EXPERIENCE

ABN 18 674 554 557 / ACN 674 554 557

ACNC Registered Charity and Public Benevolent Institution



Facilitators



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Insurance

BilaEmpower Pty Ltd has Public Liability (\$20 m) and Professional Indemnity Insurance (\$20 m). Policy copies available on request.



Workshop Aims and Objectives

The Young Learners Wellbeing Immersive Experience is a holistic initiative designed to nurture the emotional, physical, and cultural wellbeing of young learners. Through a series of engaging and interactive sessions, this program aims to equip participants with essential life skills while fostering a deeper connection to self, others, and culture. Run as an immersive experience over a 5 session experience (2 hours per session).



Maximum Number of Attendees: 50



Audio/Visual Requirements

Projector and audio system with a laptop interface.
Access to Wifi is also required



Venue Set-up

As a priority, the ability to have a circle set-up with sufficient chairs for the number of attendees is ideal to properly facilitate yarnning circles and group discussions. It is also requested that some tables be set up outside of the circle with chairs for smaller group activities. It is preferable to have the room light and airy, with windows overlooking natural surroundings and if possible, simple access to an outdoor area that has natural surroundings as well.



Target Group

Middle to Senior School aged children, and their educators.



Participant Learning Outcomes

The workshop objectives are to:

- ✓ Developing Trust: Exploring the importance of building trust within themselves and with others, developing a foundation for healthy relationships and personal growth.
- ✓ Deepening Connection: fostering strong connections with peers, family, and the wider community.
- ✓ Moving for Wellbeing: Learn how to incorporate movement in a fun way to enhance their mental and physical health.
- ✓ Embracing Stories & Cultural Expression: As powerful tools for self-discovery and healing, this encourages Young Learners to share their unique stories.
- ✓ Strengthening Resilience and Self Compassion: Provides tools and strategies to help Young Learners overcome obstacles.