



Bila Empower
STRONG SPIRITS & COMMUNITY



In collaboration with



NEED A YARN?

INDIGENOUS HEALING PRACTICES EAP SUPPORT SERVICE

Building positive relationships

Cultural Supervision

Embracing life and managing pressures

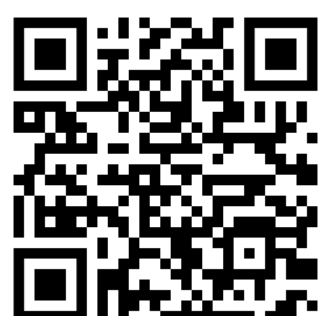
Grieving, bereavement, Sorry Business

Resilience and emotional regulation

Mental health concerns and challenges

Managing change in work and personal environment

**To make an appointment, please scan
the QR code to book a 60 min session**



Tod



OR



Bianca

**trauma-informed - culturally safe -
confidential - decolonised**