



## What to Ask Your Compounding Pharmacy

- Do you compound on-site? Some pharmacies advertise compounding but actually outsource prescriptions.
- Do you have a dedicated compounding lab? Compounding should happen in a separate, controlled area.
- What kind of ventilation do you use? High-quality pharmacies have laminar airflow or powder containment hoods.
- Do you use HEPA filtration? Air should be filtered to remove particles and hormone residue.
- How do you handle hazardous drugs? Hormones must be kept separate to prevent cross-contamination.
- What equipment do you use for precision? Look for balances, encapsulation machines, ointment mills, homogenizers.
- Do you follow Health Canada's Model Standards (USP <795>, <797>, <800>)?
- How is your staff trained? Pharmacists and technicians should have specialized compounding training.
- Do you test for quality? Ask if they perform potency or contamination testing on compounded products.

■ A good pharmacy will answer clearly and confidently. ■ If they hesitate, avoid specifics, or admit they send prescriptions out, that's a red flag.