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Tricia Hamilton has dedicated her career to helping others find their inner extraordinary. After years of developing sales professionals, leaders, and entrepreneurs, and launching two successful businesses, in 2016 she launched her own company, Inside-Out Coaching & Consulting. Tricia's focus is on helping clients to see themselves clearly and inspiring them to know and believe what is possible. The work explores what is in the gaps as clients move towards their next level, all the while honoring where her clients are today.

Tricia's background in the field of psychology has given her an edge when it comes to understanding people, but that's not all. With over 20 years of coaching experience and an extensive financial services background, she is also a PCC level Certified Coach by the International Coach Federation, a certified Northwestern Mutual Sales Coach, has studied Presence-based Leadership and Coaching extensively, is Situational Leadership Certified, and is a Certified Leadership Fellow through the American College.

Today, Tricia partners with leaders, entrepreneurs, and professionals who want to break through to the next level, think differently, be more intentional, and motivate themselves and their teams in a manner that is sustainable. Her approach is rooted in relationships, serving as coach, consultant, sounding board, the person who will kick in her clients the pants (yep, sometimes!), and strategist. The work is results-oriented through a highly empathic lens as she listens deeply to help her clients to peel back the layers, identify blind spots, and design a plan to solve or move through issues.

Tricia is grateful for all she has, has been given, and where she is today!

