

2020

Liz Haywood-Sullivan Pastel Painting Workshops

RECOMMENDED MATERIALS LIST

This materials list offers guidelines, but is not required. If you are more experienced then use this materials list as a reference and feel free to work with your favorite materials.

PASTELS

Pastels are expensive and I do not expect you to go out and purchase large quantities of pastels for my workshops. The following are my recommendations for the best workshop experience:

- Bring your pastels of choice - a minimum of 150 pastels with good range of colors/values.
 - Please clean pastels and remove wrappings so you can see colors, and easily use your pastels.
 - If you break them in half you can double the colors you bring. Most pastels will break cleanly.
 - If possible bring a range of soft, medium and harder pastels.
 - I highly recommend one artist's box to hold them all versus bringing them in lots of different containers. This makes it easier to setup and is essential if you need to travel by air where you are required to send handcarried pastels through a security checkpoint.
 - If you do not have a good selection of neutrals then I suggest you purchase one of the following:
Liz Haywood-Sullivan Girault Essentials 50 piece set, or Girault 25 piece Grays Set, or
Maggie Price Essential Grays by Terry Ludwig (30 pastels), or Unison Grays 1-18
- Terry Ludwig makes two sets for me, a Sky and Water Set of 60 pastels and my 30 piece Landscape Set. I highly recommend my Landscape Set for plein air painting. It is made up of pastels that I often find my students don't have: dark darks, colored darks, bright white, sunshine colors, grays to create distance and atmosphere.

PAPER and BACKING BOARD

Paper should be cut approximately 12 x 18 or smaller.

Bring light colored sanded paper (white or beige)so it can be underpainted. I recommend UART, Art Spectrum, Canson Touch or Pastelmat for their ability to handle an alcohol underpainting.

To make your own paper carrying kit, cut 2 pieces of a rigid board (gatorboard, masonite, sintra, or heavy smooth cardboard) to a 12 x18 or smaller size. Then cut your paper to the same size. Cut as many pieces of glassine as there are pieces of paper, then sandwich the paper and glassine between the two boards and clip together. Boards can be used in the workshop as backing boards.

Sketching Supplies

This is an important component of my workshops. You will need a sketchbook and drawing utensils.

Note: Rochester Art Supply has produced a sketch kit for me with all the materials I recommend, including the brown kraft paper sketchbook I like to use. It is \$84 (a \$128 value) and you can see it online at:

<https://www.fineartstore.com/p-13769-liz-haywood-sullivan-sketching-kit.aspx>

Additional Supplies

- Portable easel
- three markers in shades of light, medium, and dark gray (I like TomBow markers)
- Tape - no colored painters tape. Black, beige or white only.
- Glassine - to protect your paintings during transport when finished.
- Towel - to place under your easel, softens the blow of dropped pastels & keeps floors clean.

- Sealed container to hold water (for underpainting)
- Viewfinder
- Baby wipes
- Brushes - for underpainting, synthetic brushes, no natural bristle (flats in 1/2", 3/4", 1" sizes recommended)
- camera, phone or tablet for taking pictures (don't forget changing cords and currency adapters)

Plein Air Notes

- When painting plein air wear neutral colored clothing and aprons. Reflected light off colored clothing bounces onto your painting and will affect your color choices.
- Practice setting up and taking down your plein air setup. Anything you don't absolutely need leave behind!
- Additional plein air supplies: hat, bug spray, sunscreen, umbrella, water bottle

Flying with Pastels

The single most important suggestion I have is to try to get your pastels all in one box that can easily be opened at security, if necessary. When going through security take your pastels out of your carryon and place in a separate container. Try and catch the eye of a security agent and tell them these are pastels/artists materials. Security will often want to see your pastels and if they are in several containers this can be very inconvenient.

Please check with your aircraft carrier about their particular regulations regarding luggage and in particular carry-ons. These regulations and size restrictions do change frequently. Europe tends to be stricter. Be sure your computer, phone, tablets are charged as you might be asked to turn them on. If you have a connecting flight and wind up on a smaller plane you may need to gate check your carry-on.

I am enclosing a label that you can copy and affix to your pastel box. Or if your pastels are in your checked luggage tape this to them so if your suitcase is checked agents will know what they are dealing with.

Final Note

Finding the materials that work best for you is a process of experimentation, is individual to each artist, and takes time. Taking a workshop is the perfect time to try something new. Use this materials list is a guideline not a must do.

If you have any questions please don't hesitate to contact me: liz@haywood-sullivan.com

FRAGILE

Please handle with care

This box contains

Artists Pastels

Pastels are non-flammable, non oil-based, and are
made of natural pigments.

They clean up easily with soap and water.

Thank you for handling with care!



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