

## *It All Started When...*

Friends and family knew, anytime they visited Anahid and Aram, they would eat well! They would be treated to delicious Armenian and Middle Eastern food that was beyond anything that they could prepare at home themselves.

First came the mezze platters with boreg and dolma... then the beautifully decorated spreads alongside warm fresh pita... then the mouth-watering kebabs, perfectly grilled to be juicy and tender... then all the handmade pastries you can imagine. Combined with plenty of drinks, good music and fun friends... every meal felt like a true dinner party.

Word got around that Anahid and Aram were excellent chefs and they began being asked to sell their home-made delicacies. Soon a specialty catering business was born and a short time later they opened Krichian Foods, a little luncheonette that specialized in catering. Over the years, the business continued to grow in popularity and it was clear a new and larger space was needed.

After years of hard work, Anahid and Aram's dream of a full restaurant became reality. In 2010 Krichian's Grill & Bistro celebrated a grand opening.

Thank you for coming and continuing the tradition of enjoying Anahid and Aram's recipes and hospitality. Enjoy.

Բարի եկաք  
*Parce Yegak*  
*Welcome*

*Krichian's Grill & Bistro  
lovingly prepares  
authentic, hand-made,  
Armenian and Middle Eastern food  
using only the highest quality ingredients.*

# *Krichian's Grill & Bistro*

## *Lunch Menu*

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www.krichianfood.com

399 Crooks Ave  
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## ❧ SALAD ❧

<i>Armenian Shepherd Salad</i>	\$6
<i>Greek Salad</i>	\$8
<i>Tabbouleh Salad</i>	\$6
<i>Tossed Salad</i>	\$5
Add skewer of grilled chicken	\$5



## ❧ SANDWICH ❧

on pita with lettuce, tomato, onion & pickle

<i>Falafel with Tahini Sauce</i>	\$4
<i>Chicken Shawerma (Gyro)</i>	\$5.50
<i>Beef Shawerma (Gyro)</i>	\$5.50
<i>Chicken Kebab</i>	\$6.50
<i>Luleh Kebab</i>	\$6.50
<i>Filet Beef Shish Kebab</i>	\$8

## ❧ PANINI ❧

on lavash bread

<i>Chicken Cheese</i>	\$8
Grilled chicken & white cheese, with lettuce tomato & garlic sauce	
<i>Vegetarian Panini</i>	\$8
Grilled vegetable, cheese, tomato & pickle	
<i>Basturma Panini</i>	\$8
Armenian pastrami, cheese, tomato & pickle	
<i>Soujouk Panini</i>	\$8
Armenian sausage, cheese, tomato & pickle	

## ❧ LUNCH PLATTERS ❧

served with rice, salad, hummus & pita

**\$10**

*Filet Beef Shish Kebab*  
Filet mignon, marinated & grilled

*Luleh Kebab*  
Ground lamb & beef

*Chicken Kebab*  
Marinated & grilled

*Beef Shawerma (Gyro)*

*Chicken Shawerma (Gyro)*

*Chicken Chops*  
Marinated & grilled chicken thighs

## ❧ VEGETARIAN ❧

no dairy or animal fat

*Falafel Combo* \$8  
Three falafels over salad, hummus & pita

*Super Falafel Combo* \$10  
Three falafels over salad, hummus, tabbouleh, eggplant, stuffed grape leaves & pita

*Mujadara* \$8  
Lentil & cracked wheat, served with tossed salad, hummus & pita

*Eggplant with Mujadara* \$10

*Okra with Mujadara* \$10

## ❧ Soup ❧

*Soup of the Day* \$3.50

*Manti Soup* \$10

## ❧ SIDES ❧

	Small	Large
<i>Hummus</i>	\$3.50	\$6
<i>Baba Ghanoush</i>	\$3.50	\$6
<i>Labneh</i>	\$3.50	\$6
<i>Muhammara</i>	\$4	\$8
<i>French Fries</i>	\$3.50	
<i>Cheese Turnovers</i>	\$6	
<i>Kibbeh</i>	\$6	
<i>Spinach Pie</i>	\$5	



## ❧ DESSERT ❧

<i>Baklava</i>	\$4
<i>Kadaif</i>	\$4
<i>Hallawa bil Jebneh</i>	\$5
<i>Ice Cream, Pistachio &amp; Rose Jam</i>	\$4

## ❧ BEVERAGE ❧

<i>Bottled Water</i>	\$1.50
<i>Pellegrino</i>	\$2
<i>Tan</i>	\$3
<i>Soda</i>	\$1.50
<i>Snapple</i>	\$2.50
<i>Juice</i>	\$2.50
<i>Coffee or Tea</i>	\$2
<i>Armenian Coffee</i>	\$2
<i>Espresso</i>	\$4
<i>Cappuccino</i>	\$4