

Overwhelmed by Clutter?



5 Simple Steps to Get Started

01

Pick One Small Area to Start:

Choose one drawer, shelf, or small corner you can fully complete.

02

Set a timer that works for you:

***5–10 minutes to begin, or
20–30 if you're ready.***

03

Sort items into 3 categories:

***Sort items into 3 categories:
Keep, Donate, Trash***

04

Take it step by step :

Split larger areas into small tasks.

05

***Celebrate your progress and
plan your next small win.***

***Want help reclaiming your home
without feeling overwhelmed?
Book a session with me today!***