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The Great AIDS Hoax



- Why AIDS is a monstrous hoax.
- Why most AIDS sufferers die even though it is not a deadly disease.
- How and why the AIDS conspiracy began.
- Why AIDS is widespread among male homosexuals and virtually nonexistent among female homosexuals.
- Pinpoint the real causes of what is called AIDS.
- How AIDS can be overcome in three to five weeks in almost all cases.
- Revealing why government and commercial interests conspired to impose the AIDS hoax upon America.
- Documents that AIDS is a concocted disease and a lumping together of old immunodeficiency diseases including syphilis.
- Shows IDS was in the Merck Manual long before the "A" for Acquired was added by the Centers for Disease Control.

T.C. Fry

NEW, UPDATED
3rd EDITION

The Great AIDS Hoax

by T.C. Fry

AUTHOR'S NOTE:

This update is not a revision
of the body of the book.

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The Great AIDS Hoax

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PREFACE

ABOUT THE COVER STATEMENTS

Detailed presentations are in the body of this book.

Why AIDS is a monstrous hoax. Basically, AIDS is a renaming of many old immunodeficiency diseases, specifically syphilis. The first stage of syphilis is now called herpes genitalis. The second stage of syphilis is called ARC or AIDS Related Complex. The third stage of syphilis is called AIDS and the fourth stage, formerly called neurosyphilis, is now called AIDS dementia. There are about 25 other immunodeficiency diseases lumped together under the AIDS umbrella. The IDS part of the AIDS acronym had been in the medical literature for more than 25 years preceding the introduction of this atrociously conceived scam. The so-called HIV is another cog in this vicious hoax. As proved herein, HIV has nothing to do with AIDS. What is called AIDS are many dysfunctions thrown together as a syndrome.

Why most AIDS sufferers die even though it is not a deadly disease. The deficiency of the body's defensive white blood cells, especially the T-4 lymphocyte cells, is occasioned by the mass suicide these cells commit in phagocytizing deadly drugs which are entering the blood. If the drugs are stopped and healthful ways instituted, renewed health is the usual result. Instead, the establishment's proclamation of the deadliness of the disease is self-fulfilling. Those who become enmeshed in the medical net are given deadly AZT and chemotherapy, drugs that are even more toxic than the recreational and prescribed drugs that caused the condition in the first place.

How and why the AIDS conspiracy began. The CDC was in danger of budget cuts. Research interests were, in 1981, holding their hands out for projects. And the rapacious appetite of the drug (pharmaceutical) cartel for ever more drug users made them naturals as conspirators with the CDC and Research interests. AIDS is the most successful sham they've ever introduced. Powerful interests of the time had introduced GRID (Gay-Related-Immunodeficiency Disease) in an effort to derail the gay rights movement. CDC appropriated this effort outright and redesignated it AIDS so it could be hung on the whole population.

Why AIDS is widespread among male homosexuals and virtually nonexistent among female homosexuals. Male homosexuals are into a drug culture that destroys their immune systems. Lesbians use drugs less than the population-at-large. Hence female homosexuals suffer AIDS less than the population-at-large.

Pinpointing the real causes of what is called AIDS. The causes of AIDS are drugs, prescribed, nonprescribed and recreational as well as an unwholesome lifestyle. Even in hemophiliacs, immunosuppressant drugs that prevent the rejection of alien proteins (as in transfused blood) cause their demise.

How AIDS can be overcome in three to five weeks in almost all cases. Those who suffer ANY illness can, in almost all cases, overcome the problem rather rapidly by:

1. Discontinuing the causes of the problems, in this case drugs for the most part. Do not submit to medically prescribed drugs! These drugs are deadly too!

2. Establish healthful practices! This means a mostly raw diet, ample sunshine, adequate sleep and a vigorous exercise or activity program. Under these conditions the body can catch up on its cleansing homework and rebuild its white blood cell complement.

Revealing why government and commercial interests conspired to foist the AIDS hoax upon America. The answer is given above and throughout this book.

Documenting that AIDS is a concocted disease and a lumping together of old immunodeficiency diseases including syphilis. Likewise, the answer appears above and the documentation is from the medical literature presented throughout this book, especially the Merck Manual.

Documenting that IDS was in the Merck Manual long before the "A" for Acquired was added by the Centers for Disease Control. Go to any Merck Manual all the way back to 1952 and look up immunodeficiency diseases. IDS is there. As well, "acquired" and "congenital" are under the same subject. Acquired means a disease developed after birth and congenital means a disease present at birth.

Dedication

This book is dedicated to the hundreds of people in service to truth who, after reading a flyer by the same title as this book, sent in contributions, suggestions and encouragement that I write a book and tell the whole story about one of history's most gigantic hoaxes.

About the Author

T. C. Fry was born in Bennington, Oklahoma, in 1926. He was a principal of Musical Heritage Society, a mail-order classical record club, from 1961 to 1976. Mr. Fry has been active in the health movement since his discovery of Natural Hygiene in 1970. His successes in the health field include his development of the Life Science course in the Nutritional and Health Sciences. The course has been widely accepted and has over 2,500 students and graduates.

The course was translated into French and adopted as part of the curriculum of the Department of Medicine, University of Paris. There the course is taught as Naturotherapy to 1,200 of the department's 1,500 medical students. The course is currently being translated into German, Spanish, and Italian.

Mr. Fry is best known in the United States as a mentor of Harvey and Marilyn Diamond, the authors of the best-selling book, *Fit For Life*. T. C. Fry is the publisher of the magazine *Healthful Living*, the newsletters *The Healthway Advisor* and *The Health Scene Newsletter*, and various publications. He leads the Life Science effort to bring the message of sickness-free health to America.

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Introduction

We Americans are among the most brainwashed people on this planet. And we always thought it was in Russia and in other countries that this dastardly practice was perpetrated.

Yes, we are being lied to on a grand scale!

We are unscrupulously manipulated and treated!

We are unconscionably ripped off!

We are pitifully ravaged in body and mind!

And, worse, almost all Americans are blithely unaware of the criminally sordid deceptions and rip-offs foisted upon us.

For instance, we are taught a phony nutrition. The basic four food group diet is a fraudulent imposition that has nothing to do with nutrition! The stipulations to eat so many servings from each food group amounts to a division of the marketplace. Nutrition has to do with determining our biologically correct dietetic character and the raw materials that best furnish our nutrient needs. In short, nutrition is a study of nutrients and their conditions of use; a study of all the materials and influences that best nourish our bodies.

The basic four is a pathogenic arrangement that is responsible for a long list of diseases including acne, allergy, arthritis, asthma, cardiovascular and heart problems, cancer, tumors, psoriasis and, in fact, most of the medical nosology. This is evident when a mere change in diet enables sufferers to become free of their problems and live healthful lives.

For instance, to cover up the fact that our dietary and drug intake is primarily responsible for the widespread disease in this country, we are brainwashed into believing that health is an elusive condition and that, just around the corner, our research laboratories will come up with some formula for an elixir which will assure us total freedom from diseases and a long life. This notion has nothing to do with our natural disposition. Humans are naturally healthy and disease-free just as are animals in nature who meet their needs by instinctual guidance. Our natural life spans are six to eight times our physical maturity the same as it is with animals. Maturity in humans is about 25 years of age.

Another instance is our manipulated esteem for medical and related pursuits as being *the* health care/health delivery system. In truth the medical system has practically nothing to do with health save a negative result! The truth is that health is not produced by poisoning people with drugs disguised as medicines. Surgery, radiation and other modalities do not produce health. Only healthful practices employing good air, pure water, adequate sleep, sunshine, exercise or vigorous activity, foods of our biological adaptation in their raw, natural state, emotional poise, security of life and its means and other life essentials build and maintain health.

In telling you about a lie so big, so common and so monstrous as the AIDS hoax, I am merely treating a Johnny-come-lately on the scene of unfolding medical farces. Only one blew up and got exposed in a way—the swine flu scam.

The AIDS hoax was planned for years in advance of its introduction. First came the dismantling of a disease called syphilis. Then came the reintroduction of its first stage as herpes genitalis and, recently, other stages as part of the symptomology called AIDS and AIDS-related complex. You will learn that what is called AIDS dementia is not different from neurosyphilis or toxic dementia, and that other facets of AIDS are really diseases previously known by other names in the medical literature.

Depicted herein are the tactics and methodologies whereby “new” diseases are devised, how old diseases are refashioned, and panics created around them. You will learn how institutions, research laboratories and government agencies dutifully serve a multi-trillion dollar cartel which effectively controls about everything in this country including our government and our educational institutions; the American press, radio and TV; the major industries including the energy, chemical and pharmaceutical industries, and, of course us.

The complex of symptoms and diseases called AIDS are said to be due to immunodeficiency, that is, a poverty of all or any part of the white blood cell complement. Because the defense system is not able to cope with the need for keeping the body pure, the body must resort to extraordinary measures like “itises” to eliminate the poisons which interfere with body operations.

Toxins, especially drugs, are deadly to all cells including the first line of defense, the white blood cells. It is these cells which actively apprehend poisons and get them out of the system. But, when they are killed by the poisons they apprehend, they do, indeed, become so reduced in numbers that the body must redirect body faculties to extraordinary elimination which manifests as some illness or disease or, in AIDS parlance, opportunistic infections. The white blood cell complement would normally have handled the situation with ease. But chemicals and harsh drugs are by no means normal and all cases of AIDS with rare exception are caused by poisons from drugs, foods or other sources.

You will discover herein that the treatment of choice for AIDS is chemotherapy which is, in itself, immunosuppressive and deadly. Only about 50% of healthy people can survive chemotherapy! With an already depressed defensive system, immunodeficiency sufferers haven't a chance!

This book is based on articles that have appeared in the press, in magazines, other books on the subject, in medical and scientific magazines, and especially the medical literature that is current as well as extant. Investigative reporters were engaged to develop information concerning the role the Centers for Disease Control (CDC) played in introducing and orchestrating the AIDS hysteria. What had begun as a campaign against the gay rights movement as Gay Related Immunodeficiency Disease (GRID) was pre-empted and broadened in scope by CDC.

The cartel goals in promoting the AIDS farce is enlarging the market for drugs from which it derives enormous profits. America is a drug culture, and the drug culture keeps enlarging.

The modus operandi by which drugs are promoted in the case of AIDS is strictly supplier directed. For instance, from the beginning, chemotherapy was the treatment of choice without any tests whatsoever for efficacy. As a result almost every AIDS sufferer died. They still do if they submit to the medical system, whereas those who do not submit are mostly surviving!

We are told there is no cure for AIDS. Yet the system does not hesitate to administer drugs massively as if they were curative. Further, test kits are being developed and sold to "detect" "AIDS virus carriers."

Not only are the tests fraudulent in themselves but, if followed up as the “system” insists, hundreds of thousands will die martyrs’ deaths being treated for a nonexistent disease which the “system” declares to be inevitable and which it insists on treating “to protect the population at large.”

For instance, the tests are to detect “antibodies” that supposedly evidence the presence of the AIDS virus which somehow they do not find and which, of course, does not and cannot cause what is called AIDS. All that these tests detect are specialized proteins called opsonins which are recognition factors for nonself materials and special types of foods.

In imposing this upon us, they have undermined their rationale for immunizations! Antibodies created by virtue of vaccinations are supposed to confer immunity to a disease. But, here, the antibodies are supposed to make one liable to the disease they have called AIDS. That reversal alone constitutes fraud!

But those who test positive for the AIDS virus (because they have antibodies the tests would detect) would be subjected to a course of drugs which are in themselves immunosuppressive and cause the very conditions they are supposed to prevent or overcome, that is, AIDS.

Millions might well test positive by these tests and, undoubtedly, thousands upon thousands will be subjected to “virus eradicating” treatments which they would not survive. Thousands more will die and their deaths, instead of being attributed to drugs, will become additional AIDS statistics deaths. But the ghoulish objectives of the cartel will have been served nonetheless—increased drug sales and profits.

Doesn’t that seem too heinous to be true?

The whole AIDS affair is a sordid mess from inception to implementation. Its dangers with some six to eight thousand people dying annually does not compare with the dangers of sleeping pills which cause 15,000 deaths per annum. This book is an endeavor to put things into perspective.

SECTION I

Engineering and Manufacturing Panics and Hysteria

I **An Indictment of the AIDS Hoax** ***A Bill of Particulars***

You have the right to know the truth in all matters that affect you and your loved ones. Rather, it is imperative for you to learn the truth in everything that bears upon your well-being and for those whose lives you are entrusted with. Further, it is incumbent upon you as a responsible human being to pursue the dictates of truth upon discovery.

Just as you have the right to know all that affects your welfare, you also have the right to be free of fabrications, manipulations and rip-offs. You have the right to be free of fostered beliefs and scams perpetrated upon you in the name of science. You have a right to know that a multi-trillion dollar cartel controls our government, our TV, newspapers, magazines and other media as well as owns and controls the banking system, our chemical and pharmaceutical industries and a multitude of other industries that constitute the power and wealth of our beloved country. Therefore we undertake to reveal one of the most diabolical hoaxes of all time.

In exposing the most monstrous lie ever conceived and foisted upon the population of this planet, this volume will prove:

- That AIDS was and continues to be a successful conspiracy and contrived hoax to accomplish the social, political and economic objectives of the powerful cartel and influential groups that effectively control this country.
- That AIDS is neither new nor unique, but was concocted as an umbrella term to cover a complex of diseases, some of which had been medically described as far back as 1539.
- That the acronym AIDS was fabricated with malice aforethought in advance of the disease's introduction to add the terror of contagion and rampant death to a noncommunicable and easily reversible degenerative disease. As a rule the disease is of the sufferer's own making (with exceptions, especially in hemophiliacs and children).

- That the conspirators introduced the disease as originating with Haitian homosexual intravenous heroin users to imbue AIDS with reprehensible alien origins that disgust the populace at large. This “born in sin” and “distasteful ignominy” attribution was designed to frighten our peoples into terrifying dreads and fears while aligning the concocted disease to play upon their hates and prejudices.
- That the disease was originally conceived and introduced by the conspirators as a tool to crush the gay rights movement.
- That, after AIDS had proven such a success in derailing the gay rights movement, it was embellished upon to serve the purposes of the pharmaceutical industries, research organizations, government agencies, the medical profession and the hospital industry.
- That the media has aided and abetted the conspiracy by devoting unprecedented amounts of publicity to create and perpetuate hysteria and panic amongst the populace. And, that they have refused to publicize evidence that would undermine the validity of the disease and the purposes of the conspiracy.
- That the evidence said to support the AIDS epidemic and etiology (origin) does not, in fact, support it. All is based on a tissue of popular notions, phony “scientific” findings, and manufactured research tailored to produce the findings sought.
- That the oft-invoked scapegoat, virus, has been contrived and imposed as causative of what is called AIDS rather than scientifically ascertained.
- That CDC officials and fellow conspirators changed medical rationales deliberately to ensnare more people into the AIDS numbers game. Before AIDS was concocted, antibodies were looked upon as evidence of immunity to a disease. Vaccinations were for the purpose of causing the body to create antibodies. However, those with antibodies to the so-called AIDS virus are said to be candidates for the disease rather than immune to it. This is an indictment of a rapacious drug/medical system that, godlike, rams their fabricated myths down our throats.
- That the conspirators and the medical system expect us to believe their illogical rationales about so-called viruses. They expect us to swallow that a virus is an enemy, an antigen which arouses

hostile body-defensive reactions through creation of antibodies specifically to fight the virus. However, without so much as thinking of the contradiction, this "enemy" is said to be taken into the cell and the cell, in a very friendly and accommodating manner, reproduces it thousands of times. Further it is doubtful that a "virus" only about one billionth the size of a cell can seriously affect the cell. If the rationale of cellular destruction by "viruses" was true, their proliferation in geometrical ratios as represented would very quickly destroy the whole body.

- That Dr. Robert Gallo and associates actually discovered and described what later was called HTLV-III, now called HIV, back in 1980 and, further, that the "virus" has been around a long time, having been found in blood frozen about 50 years ago!
- That research evidence disproving the role of viruses as causative factors in AIDS has been ignored or, in fact, suppressed, castigated and clothed with disgrace. Dr. Peter Duesberg, one of the most prominent microbiologists and virologists in the world, a scientist at the University of California Department of Molecular Biology in Berkeley, who proved conclusively that HIV does not and cannot cause AIDS, has received such treatment.
- That, in fact, what is called AIDS, is a degenerative disease involving the destruction of the body's foremost inner defensive faculties, the white blood cells, miscalled our immune system, by immunodestructive drugs, both legal and illegal.
- That the disease is not contagious any more so than any other degenerative disease such as cancer, arthritis, diabetes, etc.
- That the disease has been progressively enlarged in scope to garner ever more numbers of sufferers to give the appearance of an epidemic when, in fact, the number dying is declining, especially in the homosexual community, which suffered far less deaths in 1987 than in 1986. The guidelines for diagnosing AIDS were expanded in 1983 to include any "opportunistic" infection of any person of any age or sex. Again in 1985 the guidelines for diagnoses were further enlarged to include any pneumonia and lymph organ affections. This new expansion also provided for pre-AIDS, AIDS related complex, which multiplied the cases included in the AIDS statistics.

- That the conspirators knew that the sweeping new guidelines would saddle the AIDS diagnosis upon children in great numbers who had previously been diagnosed as having agammaglobulinemia.
- That the conspirators knew that doctor-caused (iatrogenic) immunodeficiency was widespread by the use of deadly immunodestructive drugs in cases of allergy, for instance. They knew from the literature that children treated with such drugs as prednisone and ACTH had, as a result, suffered pneumocystis carinii pneumonia and would be included in the AIDS statistics.
- That the conspirators have striven to strike terror into the populace by portraying AIDS as a disease claiming as its victims mostly white people when, in fact, the disease has been and remains primarily a disease of black and Hispanic drug users.
- That the conspirators have played upon the American traits of negative-mindedness and pessimism, that is, their tendency to believe the worst while often rejecting the obvious truth out of hand as “too good to be true.”
- That the whole rationale of viral causation of what is called AIDS is establishment imposed and is contrary to the simplest scientific principles that appertain. This is readily accepted by an unknowing and unquestioning populace disposed to believe the worst and discount the best.
- That “infectious” and “opportunistic” diseases simply do not exist within the framework of the two aspects of disease, that is, acute or degenerative, i.e., constructive or destructive.
- That it is self-evident “viruses” do not cause AIDS inasmuch as one and a half million supposedly have the HIV virus. Less than half of those said to suffer AIDS have the HIV virus. If AIDS sufferers do not have the virus, then the virus could cause them neither the problem nor the deaths attributed to it. And the presence of what they call HIV in the disease is no more proof of cause than the presence of flies in garbage proves flies as the cause of garbage.
- That the conspirators knew that what they devised as AIDS was, in fact, caused by heavy immunodestructive drug usage. They deliberately downplayed drugs as a cause though they sometimes

mentioned, incidentally, that those suffering the complex of symptoms were on drugs.

- That the conspirators knew those dying of AIDS were being subjected to chemotherapy and other poisonous drugs, and that they knew these drugs to be among the most immunodestructive drugs there are. They knew that an already terribly immunodepressed condition was worsened until death resulted.
- That the conspirators knew from the beginning that what they called AIDS was a remediable disease. Documented data from M.D.s who were helping clients overcome AIDS by getting them off immunodestructive recreational drugs and not subjecting them to drug therapies were deliberately ignored. When M.D.s who used drugless treatments with diet and other procedures confronted CDC officials, or called and followed up their reports to CDC, they were dismissed, or, out of hand, told their methods had no merit. There was no investigation or confirmation and these M.D.s were bluntly told by these officials they were not interested in their data.
- That the conspirators knew that the symptoms they called AIDS had been called immunodeficiency diseases with about twenty disease designations and that the symptoms they foisted off as being AIDS had been described in *The Merck Manual*, a prominent medical publication, since 1952.
- That these same conspirators were privy to the CDC redesignation of the first stage of syphilis as herpes genitalis and that they likewise incorporated later stages of syphilis as parts of the symptom complex they promoted as AIDS.
- That the conspirators introduced the disease as entirely new and that they and the press embellished and dramatized it to stir up fear and panic among the populace.
- That the conspirators were well versed in the Hitlerian big lie technique and knew that, because of the control features of the cartel, whatever they fabricated and presented would stand in the face of all the contrary evidence which would not be broadcast or publicized.
- That the conspirators knew that the word “acquired” in relation to the disease complex they recoinced as AIDS did not mean

contagious in its prior medical use but was merely used to reflect that the disease was not congenital, that is, it was not present at birth.

- That the conspirators knew the causes of what they concocted as AIDS were listed in the medical literature as radiation, malnutrition, antimetabolite therapy and cytotoxic drugs among which are morphine, heroin, sedatives and tranquilizers, chemotherapy, Prednisone (we are also designating some brand names) or ACTH or corticosteroids, penicillins, Tetracycline, Streptomycin and other antibiotics, Acyclovir, Nystatin, Ribavirin, Pentamidine, Motrin, Tagamet, Valium, Tylenol, Inderol, methadone and a host of other legal drugs, prescribed and nonprescribed.
- That the conspirators knew that these legal drugs, on balance, were more immunodestructive than the still highly immunodestructive recreational drugs like heroin, poppers (which were used heavily and often by homosexuals), uppers, downers, amphetamines, marijuana, cocaine, alcohol, nicotine, angel dust (PCP), nitrous oxide, mescaline, LSD and yet others.
- That the conspirators knew that AIDS dementia had been beforehand called neurosyphilis, toxic dementia and neuropathy.
- That the conspirators continue to enlarge the scope of the guidelines for the diagnosis of AIDS and continue to promote it as a deadly disease.

so-called opportunistic infections, white blood cell deficiencies, agammaglobulinemia, tubercular conditions and a broad list of lung and lymph affections.

A victim of AIDS is worth about \$150,000 to the medical complex. Already several billion dollars a year goes to the complex from sufferers and numerous state and federal agencies.

This cartel/medical complex has no conscience. Until millions of us are enmeshed, perhaps one hundred billion dollars a year milked from the American people, and hundreds of thousands of us being, in effect, medically executed by treatments for AIDS, there will be no staying this inexorable and all powerful cartel.

Viruses cause nothing and are, as dead organic waste material, incapable of causing anything!

AIDS is readily overcome by discontinuing all drugs, recreational and medical, and fasting so the body can detoxify itself and restore normalcy. A raw food diet, a well-rounded exercise program, adequate sleep, sunshine and appropriate observation of the other needs of life work like magic in restoring health not only from the condition called AIDS, but from just about every other pathology that exists.

The calamity of AIDS is not so much the diseases lumped together under its banner, but the ruthless cartel that imposes it upon us through the press, TV and other media, government agencies, medical practitioners and sundry other power channels.

Learning about this hideous scam and removing yourself from its clutches is a bounden duty upon you.

2

AIDS Calamity Faces American Citizens

According to a group of prominent scientists and health officials, the current epidemic of AIDS "could become a catastrophe" if the spread of the "virus" is not curtailed.

Of course there is reprieve, according to this "scientific" panel. If the U.S. government will cough up a mere \$2 billion a year in funds for an indefinite period of time, this virus can be headed off and our pharmaceutical industries might graciously and humanely come up with vaccines and drugs that will rescue us from this dire situation.

The panel met under the sponsorship of the Institute of Medicine, an affiliate of the National Academy of Sciences. Of course the Institute of Medicine is an organization that toadies to the pharmaceutical industry, for they advocate drugs as the answer to the problem.

A few of us with a memory recall this highly regarded organization's recommendations in the late 1960s and early 1970s to get one billion dollars each year from the U.S. government with which to fight the cancer war. Now, 17 years and about \$17 billion dollars later the government seems to be financing a cancer war in perpetuity. The war is escalating too! The more they spend, the bigger the scourge becomes! Since 1971 cancer rates have risen from 25% of our population to 33%! Deaths resulting from cancer have risen from 350,000 per year to half a million!

So you can see where this war on AIDS would lead.

Just as the drug/medical/hospital/research and allied industries do not want the easily solvable cancer problem to be solved, neither do they want the easily solvable AIDS problem to be solved. Who wants to rock the gravy boat?

The medical goliath, dictated by the pharmaceutical industry, not the one half million physicians who serve it, obviously intends to build up another big industry on the disease now called AIDS. AIDS is the lumping together of about twenty other diseases among which are some syphiletic designations, Kaposi's syndrome,

3 How to Create Disease Panics Amongst Our Populace

In June of 1951 Dr. Herbert M. Shelton published in his *Hygienic Review* a description of the hysteria and panic that was being created by the nation's press, TV and radio. These tactics that were used to scare and stampede people into physicians' offices in 1951 are appropriate to take note of today when the same forces are foisting upon us a new panic.

It is said that about half a million people die annually from cancer. Autopsies reveal that two-thirds of all deaths are said to be from cancer. But you don't see any campaign to generate hysteria, fear and panic as with so-called AIDS which is relatively small in numbers—only 6,000 people died of it in 1986. The cancer business is safely within the medical corral. AIDS is a promotion to generate increased business for the drug/medical system.

Now read Dr. Shelton's revealing article:

“April (1951) was set aside by presidential proclamation as ‘cancer month,’ the purpose being to keep the people thinking about cancer, to frighten them more and more over cancer and to get them to give as much money as possible to the cancer fund that is collected each year by the American Cancer Society. The plea for funds with which to carry on what is called ‘research’ is never-ending. The method is always the same, no matter what the disease for which a ‘cure’ is sought: it is that of frightening the wits out of the people and then picking their pockets before they have time to regain their wits. April 1951 was a month of fear propaganda devoted to the ‘killer,’ as they call cancer.

“An example of how this fear appeal is working is supplied by an article in the *San Antonio Express* April 8, 1951, which covered more than half a page. The article starts with the following sentence, which is deliberately designed to strike terror into the hearts of readers: ‘Somewhere in the city of San Antonio at this very moment, the nation's Number Two Killer may be about to strike—a silent killer, armed with

agony and fear and shrouded in mysterious origins.' That most of the deaths of cancer patients and at least ninety percent of their sufferings are induced by drugs, knives, X-rays and radium rays is completely ignored in this screeching about the 'killer'; it is merely one phase of the dishonesty practiced by the fiends who beg for more money with which to finance their torture of animals.

"In the article under consideration cancer is also referred to as a 'national killer.' Somebody slipped a cog when he penned that line—else he would have called cancer a 'global killer.' This fear-creating propaganda, designed to loosen the purse-strings of a gullible people as well as to get them into physicians' offices, is euphemistically called, in the article in the *Express*, 'an intensive education and fund-raising crusade against cancer.' To call it an education crusade is to do violence to both the terms 'education' and 'crusade.' It is an intensive fear-creating propaganda campaign, a panhandling program.

"Aside from this, all of this deliberately created panic is a crime against the health and mental integrity of the people of the country, which, if we had intelligent and honest men in high office in this country, our rulers would oppose instead of aiding and abetting the rapacity of the medical trusts. We are a fear-driven nation—the capitalists frighten us with the bogey of communism; the militarists frighten us with the threat of atomic war; the theologians frighten us with imaginary hells, purgatories, devils and demons; the medical gangsters frighten us with cancer, germs and viruses—and all of them for their own purposes, namely picking our pockets in one way or another."

Dr. Shelton continues with some of the dirty tactics used by the medical system to scare the pants off people with the cancer scourge. However, what we print above says enough to alert you to the fact that, in the present AIDS hysteria, the press, TV and radio are merely responding to their masters' and fellow cartel members' orchestrated campaign to milk us through *their* government and their businesses. Scared people readily turn loose of their shekels whereas an informed people are not about to be suckers.

This article by James J. Kilpatrick reflects his personal opinions and is reprinted here to address the fact that the "AIDS epidemic" and its "dangers" are blown out of proportion.

4 Why Such a Frenzy Over AIDS? ***Put the Statistics in More Realistic Perspective***

by James J. Kilpatrick

Now and then some hard questions need to be asked, even at the risk of seeming coldhearted, and the time is at hand to ask a hard question about AIDS. This is the question: What's the big deal?

For the life of me, I cannot understand why the country has gone ape over the subject of Acquired Immune Deficiency Syndrome. We are told that the disease is "epidemic," which emphatically it is not. We are supposed to be moved by the "tragedy" of AIDS, which is to put a good word to a very poor use. We are urged to appropriate \$3 billion in 1990 toward finding a cure, which is a vast deal of the taxpayers' money for the benefit of a tiny minority of the population.

A week ago the president's 13-member commission on AIDS filed a 269-page report containing nearly 600 recommendations for coping with this purported "epidemic." Everyone is expected to get in on the act—the federal government, the state governments, the public schools. Laws should be passed by the bushel. This "epidemic" has infected perhaps 1.5 million Americans (in a population of 241 million) with the Human Immunodeficiency Virus (HIV). The commission's chairman, retired admiral James D. Watkins, wants the president to declare a "national health emergency."

Coinciding with the commission's report, a group of 150 senior public health officials met at Charlottesville, Virginia. Out of their conference came some figures that are intended to galvanize us into frantic reaction. By the end of 1993, we are told, at least 450,000 Americans will have been diagnosed as active victims of AIDS. In that year alone, 100,000 new cases will be reported.

Let us get this thing into perspective. The world has known true epidemics from time to time. In the 1300s, the bubonic plague killed a fourth of the population of Europe. A hundred years ago epidemic diphtheria claimed a terrible toll. Mankind has experienced epidemics of cholera, smallpox, typhoid fever. Matched against these outbreaks, AIDS in the United States dwindles to insignificance.

Look at the record: In the seven years of 1981-87, precisely 37,481 cases of AIDS were officially reported. That is all. Roughly 13,000 of these were new cases reported in 1986. Let us assume that all of these cases are terminal cases.

Perspective: In 1985, more than 19 million Americans were suffering from heart conditions, 29 million from significantly high blood pressure, 30 million from serious arthritis. In 1986 physicians reported 930,000 new cases of cancer. In 1985, roughly 771,000 persons died of heart disease, 462,000 of cancer and 46,000 in automobile accidents. What's the big deal about AIDS?

The president's commission urged that AIDS victims be treated with "compassion and understanding." For the 497 children under the age of 13, the innocent inheritors of HIV, yes, we truly can feel compassion. The poor kids!

Face it: This disease overwhelmingly is a disease that afflicts two classes—drug addicts and homosexual men. The addicts get it from infected needles. The homosexual men get it through anal intercourse with many sexual partners. My thought is that AIDS victims deserve about the same "compassion" that society extends to those who smoke themselves to death or drink themselves to death, which is to say, a fairly modest degree of compassion. Let us reserve our deepest grief for victims of the drunken driver, or for those who die of genetic diseases.

Yes, death is an occasion for sorrow, but not all deaths are "tragic" deaths. Tragedy involves a moral dimension in which greatness and weakness are intermingled on a path to ruin. AIDS is nothing of the sort. It is entirely appropriate that AIDS victims be protected in their civil rights. It is outrageous that little children, known to be carrying the virus, should be kept from schoolrooms. They pose no threat to anyone. But it is also entirely appropriate, as the commission recommended, that the states make it a crime

for persons knowingly to engage in sexual conduct likely to transmit the AIDS virus.

I would treat AIDS for what it is: a disease that mortally afflicts a tiny fraction of the population whose willful behavior results in the infection. The fellow who dies of sodomy is no more special than the fellow who dies of two packs of cigarettes a day. Let us apportion our tears, and our tax dollars, with some sense of proportion.

(The above article was taken from "A CONSERVATIVE VIEW" by James J. Kilpatrick. © 1988 UNIVERSAL PRESS SYNDICATE. Reprinted with permission. All rights reserved.)

Only One Panic at a Time, Please

In the April 1988 issue of *Reader's Digest* is an article entitled "Are We Wearing Out the Panic Button?"

In citing the exaggerations the press and other media use to describe events, the article observes that the gravity of relatively minor events is frequently blown out of proportion.

Among the panic-generating dramas cited is AIDS. AIDS has been likened by the press as being the equivalent of the black plague which killed off about 33% of Europe's population at the time. However, in seven years, only about 1/60th of 1% have been affected in the U.S.A. by what is called AIDS. The author of this article, Charles Krauthammer, calls such references and exaggerations political malpractice and hyperbole.

Then the author asks whatever happened to herpes? He noted that our "hankering for hysteria" had to content itself with less satisfactory afflictions before AIDS.

These amount to very astute assessments in this time of commercially inspired and promoted panics. Most surprising of all is the heresy *Reader's Digest* commits in printing observations that do not support the establishment position for which it stands. This is an exception, of course, for *Reader's Digest* has heretofore participated in the creation and promotion of the AIDS panic.

5

AIDS Described by Dr. Herbert M. Shelton in 1931!

In 1931 Dr. Shelton wrote a book called *Syphilis, The Werewolf of Medicine*. In this book he describes the disease as being in three stages, namely Primary, Secondary and Tertiary.

Primary syphilis was described as ulcers forming in the genital area.

Secondary syphilis was described as skin and papular eruptions over much of the body plus swelling of lymph nodes (lymphadenopathy).

Tertiary syphilis was described as degeneration of organs with "frequent infections" resulting.

Says Dr. Shelton: "This so-called third stage may appear in those who have had years of sensuous living and drug indulgence. Tertiary syphilis invariably arises among those treated with drugs—mercury, arsenic, iodine, potassium, bismuth, etc."

This is revealing in light of our knowledge that the third stage of syphilis is now called AIDS. Also instructive is Dr. Shelton's description of the origin of syphilis:

"Much is said about the origin of syphilis. Most medical authorities claim that it was introduced into Europe from America, by the sailors of Columbus, who acquired it from the Indians. There are many medical men of high rank who assert that the disease did exist in Europe, Asia and Africa in ancient times.

"The first group base their denial of its existence in ancient times upon the absence of any evidence of the tertiary stage in ancient literature, in mummies and in the osseous remains of the ancients. The second group base their assertion that it did exist in ancient times upon descriptions in the Bible and in other ancient literature—medical and religious—of the primary and secondary stages.

"The bases of the claims of both these groups are not to be questioned. Descriptions of the first two stages do exist in ancient literature. No descriptions of the third stage exist

and no evidence of the third stage is furnished by the remains of ancient peoples. What is the explanation?

“Tertiary syphilis put in its appearance in the early years of the sixteenth century with the introduction of mercury (quacksilber) as a treatment for syphilis and other affections. Syphilis was very bad during the sixteenth and seventeenth centuries, and it was during those times, also, that the use of mercury was greatest.

“Professor Bennett of Edinburgh, Scotland said in a clinical lecture published in the London *Lancet*, July 24, 1852: ‘The mercurial treatment consists in keeping up slight salivation by means of the internal administration of blue pills or some form of mercury, sometimes conjoined with mercurial frictions or fumigations, at least for the space of a month. The physiological action of the drug is diarrheas and fevers. If combined with opium, they act less on the bowels and more on the system generally.’”

Dr. Shelton also revealed a treatment for syphilis that works just as well for so-called AIDS:

“The treatment of syphilis is simplicity itself. All food should be avoided and nothing taken into the stomach, except water, until every symptom of the trouble is gone. All fever, inflammation and glandular swelling should be gone before food is taken.

“Tobacco, alcohol, tea, coffee, cocoa, chocolate, condiments, spices and all drugs should be religiously avoided. After eating is resumed, meat, eggs and all denatured foods should be eschewed.

“The diet should be of fresh fruits and fresh green leafy vegetables, largely raw. Daily exercise, a daily sun bath and plenty of sleep are essential. Cast off the psychology of despair the medical profession has built around the disease, as you also throw away their drugs and dope. Rest assured that you will speedily recover.”

Doesn't Dr. Shelton's assessment and advice still tell us something?

6

Why AIDS Happened

In 1980 two things happened that made the demand for money by the Centers for Disease Control insatiable. This coalesced with the gay rights movement which was flexing some real muscle in the political arena.

First, the Centers for Disease Control was restructured into six operating units or centers in 1980. This gave each Center its own impetus to grow, thus giving more income, power and prestige to the head of each center.

Ronald Reagan became president in 1980 with promises to cut back on the federal budget in unprecedented amounts. To CDC bureaucrats this was a threat. Instead of being elevated as is normally hoped for, they were going to be cut back, perhaps demoted or even sent out to pasture.

The CDC had a long history of scams and disease promotions behind it. It sorely needed to pull yet another rabbit out of the hat.

Their successes of late were few in this department. The swine flu farce blew up in their faces. The American public did not get very excited about Legionnaire's disease. The cruel hoax called herpes genitalis, known before its upgrading as the first stage of syphilis, created no sensations either. It pleased religious forces to hang herpes genitalis as a "badge of iniquity" on swingers even though "swingers" constituted but a fraction of those who suffered the affection. Despite the support of religious forces, herpes genitalis was still a dud when compared with the great success of the polio scam.

CDC was thus in great need of a new disease that would turn their fortunes around. They knew they could always count on the support of research interests, the drug industry, medical forces, the hospital system and the media.

Being constantly bombarded by suggestions and possibilities, they took a look at something that had been around a long time but was being called GRID by those with an ax to grind with the gay rights movement. By renaming the symptom complex referred to as GRID (Gay Related Immunodeficiency Disease) as the acronym AIDS and hanging it on the gays as well as posing it

as a serious threat to heterosexuals too, CDC had an instant success! No other big lie in history has had the impact of the concoction called AIDS.

Of course CDC's budget was increased rather than decreased and the primary figures in the AIDS scam are national and international heroes instead of the heels they could have been.

Around such circumstances the AIDS hoax was erected and promoted.

7 AIDS is a Paper Tiger

27 New Poisons to Stop a Killer, AIDS

The AIDS “plague” is a paper tiger—its reality does not equal the enormous amount of publicity printed and broadcast about it. AIDS is a plague of rampant publicity.

Of the some 20 million homosexuals (including men and women) in this country, about one in four hundred has suffered what is called AIDS.

To give you some perspective, during the past seven years 30,000 deaths have been attributed to AIDS. During the same time 105,000 have died from sleeping pills and 7,000,000 from cardiovascular problems!

And when you learn that all the so-called AIDS victims who died were not only heavy users of drugs that are immunosuppressants—drugs destructive of white blood cells, a deficiency of which is called AIDS—but were also treated with even more virulent immunosuppressants and chemotherapy, you won't be mystified as to why its sufferers almost always die. Those who refuse the treatments and clean up their act survive!

American Health magazine for June 1987, under the headline “Fighting a Plague, 27 New Drugs to Stop a Killer, AIDS,” praises (even in the sub-headline) AZT and ribavirin as drugs of great promise. While *American Health* may not appreciate our change in their headline, we have done so to highlight one salient fact: Poisons and drugs are interchangeable terms. All drugs are poisons—no exceptions. If you doubt that, you have but to refer to a *Physicians' Desk Reference* to find out the many poison effects of any given drug.

***American Health* Is a Health Magazine, Isn't It?**

Being a health magazine, you can see why *American Health* has such a great interest in drugs which produce so much "health" in this country.

This overweening concern with health is evoked in such statements as: "Staffers of approximately 40 AIDS hotlines across the nation have had few words of comfort to offer....But that's changing now." "A generation raised on miracle antibiotics expects no less. For many, it seems unbelievable that scientists have not already developed effective drugs to combat AIDS-causing HIV (human immunodeficiency virus)." As if our salvation from disease depended upon poisons rather than health-building practices.

While what is called AIDS has been suffered only by drug users—even most babies born with AIDS were born of drug-using mothers—the drug industry doesn't want us to know that. Drugs, even illegal ones, are treated lightly. To sell their drugs they need scapegoats.

How You're Won Over to Being a Customer of the Drug Industry

Erecting scapegoats to blame for diseases is a drug/medical tactic to exonerate sufferers from being responsible for their problems. Instead they are the unfortunate victims of malevolent little beasties bent upon their destruction. Nothing the sufferers did really caused the problem.

This is true in AIDS even though those suffering AIDS have the deliberately invented cause, HIV, in less than 50% of the cases! The idea is to make us customers for the vaccines and drugs that, in our brainwashed minds, will exorcise the little demons called viruses.

American Health then, is obviously a propaganda organ of the drug industry. The word health in their title is a snare to mislead. Precious little of what they say can be regarded as healthful.

8 What Really Causes AIDS?

If viruses don't cause AIDS, then what does cause it?

I'm on record in a published article as predicting that the rap for what is called AIDS would be pinned on a virus almost two years before it was, indeed, attributed to a virus.

Viruses Blamed for Diseases Without Proof

So-called viruses have been beknighted hundreds of times with the honor of being scapegoats for horrid diseases. There's never been an iota of proof that they cause any disease at all—or how they cause disease, that is, their *modus operandi*.

Immunodeficiency diseases have appeared in the medical literature for quite some time, all the way back to 1952 in the case of *The Merck Manual*. At that time it was called acquired, but that was only to distinguish it from congenital. That is to say, you were born with it if congenital, or it was acquired after birth.

Immunodeficiency Diseases Described Over 400 Years Ago!

The symptoms of what is called immunodeficiency have been described in the medical literature for over 400 years, since 1539 to be exact. Prior to 1868 it was generally referred to as various types of syphilis. The so-called quaternary and tertiary stages of syphilis are indistinguishable from what is called AIDS.

In 1868 Moritz Kaposi Kohn described one of the endpoint pathologies of AIDS and since then it has been referred to as Kaposi's Sarcoma.

Immunodeficiency really means a shortage of, or lack of, any one or all of the many blood and fluid defensive cells or their components. These are called white blood cells.

The Prior Names of Immunodeficiency Diseases Now Passed Off As AIDS

Immunodeficiency diseases have many appellations according to the salient characteristics that manifest. All have been lumped

together and called AIDS. They are: (a) agammaglobulinemia, (b) adenopathy, (c) agranulocytosis, (d) alymphocytosis, (e) basopenia, (f) DiGeorge syndrome, (g) eosinopenia, (h) granulocytopenia, (i) Kaposi's sarcoma, (j) leukocytopenia, (k) lymphocytopenia, (l) monocytopenia, (m) neutropenia, (n) pancytopenia, (o) splenic deficiency, (p) secondary, quaternary and tertiary syphilis, (q) thymic alymphoplasia, (r) lymphadenopathy and (s) neurosyphilis.

These names not only apply to deficiencies but to conditions that cause insufficient production of the various white blood cells. The spleen, thymus and other lymph organs upgrade leukocytes from the bone marrow to give them specialized functions in the constant task of removing unwanted and noxious substances from the bloodstream and body fluids.

Understanding the Mechanics of Immunodeficiency Diseases

What causes a poverty of white blood cells or specific white blood cells in the bloodstream and body fluids?

In portraying white blood cells as cleansers, janitors or defenders of the blood and lymph, we must picture them as cells intent on keeping body fluids pure and unclogged no matter what the cost. Toxic body wastes will accumulate unless constantly removed. White blood cells are the primary vehicles for removal. Should scavengers like bacteria and fungi be absorbed into the blood and lymph from the intestinal tract as they often are, white blood cells apprehend and remove them. If poisons are injected or absorbed into the bloodstream and fluids, white blood cells remove them.

Except for the removal of poisonous substances, keeping the blood and fluids pure is a snap, that is, routine. The white blood cells remove body wastes and facilitate their recycling or ejection with ease. Likewise fungi and bacteria are readily destroyed and their substance may be used or ejected.

Toxic Substances Also Destroy White Blood Cells

White blood cells are usually not adversely affected by ordinary organic materials, that is, the usual body wastes. However, they are severely affected by foreign proteins, plant or herbal compounds which are unmetabolizable (Due to the abnormal

relationship of the body to compounds in biologically incorrect foods, the body has not developed enzymes to break them up.), inorganic minerals, bacterial and fungal decomposition by-products, the many chemicals that we are apt to ingest with our foods, recreational drugs and drugs taken as medicines.

When toxic substances are in the bloodstream, body resources are mustered to apprehend and expel them. White blood cells are the first line of defense. Because they are likely to be destroyed themselves, white blood cells may be characterized as suicide squadrons. They go after the deadly substances no matter what the cost may be to themselves.

And the cost is extremely high! When there is an excess of pathogenic substances in the fluids and bloodstream, many of them being highly toxic such as to destroy white blood cells, there may be massive destruction of white blood cells. While the body is calling out the reserves on the one hand and producing white blood cells prodigiously on the other hand, there is an even more prolific destruction of these body purifiers and defenders. Thus a deficiency, temporary or permanent, results.

Symptoms of AIDS Are Body Detoxification and Reparative Measures

When the destruction of white blood cells reduces their number below what is required to cope with the incoming toxic substances, the body tries to cope by initiating extraordinary eliminative emergencies. These may take the form of fevers, diarrheas, pneumonias or numerous other ailments. The continuance of practices which toxify the body takes the affected organism downhill until death results. The cessation of intoxicating practices enables the body to detoxify and reverse any pathology not involving organ damage.

In understanding why a white blood cell deficiency occurs when poisonous drugs are involved, it is necessary to visualize the defensive processes in which the cells are suicidally destroyed in discharging their duties. Poisons which offer a threat to body integrity and life itself are removed at a high sacrificial cost.

The Real Causes of AIDS

In ascertaining the causes of AIDS we must look to substances poisonous enough to destroy white blood cells. Viruses, so-called, simply cannot qualify, for they are dead organic matter derived from body substance. They cannot qualify even as a foreign protein because they are body created. White blood cells easily handle body-originated organic materials.

The body also easily handles foreign proteins and organisms though not with the same ease as endogenous wastes. On the other hand, massive amounts of them—as in blood transfusions—drain the body perilously.

Chemicals which make deadly chemical unions with cell and body substances must be the real cause of AIDS! And all the verifiable evidence points to chemicals called drugs or medicines as the causes.

The Causes of AIDS According to *The Merck Manual*

The Merck Manual listed the causes of what is called AIDS long before AIDS was ever conjured up. It lists the following: immunosuppressive drugs, cytotoxins (any poison at all—drugs, medicines, chemotherapy, alcohol, vinegar and ordinary table salt are cytotoxins or cell poisons), radiation, antimetabolite therapy, drugs in general, leukemia, malignancies, phagocytotic disorders, chemotaxis, hypercatabolism, nephrotic syndrome or protein-losing enteropathy, intestinal lymphangiectasia and others.

A Cause of AIDS According to *The New England Journal of Medicine*

The New England Journal of Medicine of December 17, 1987, on page 1603 pinpoints a prominent specific cause of AIDS: isobutyl nitrite. Called “poppers,” homosexuals use it to get a high that relaxes spincter muscles of the rectum. This substance is, in this issue, characterized as a mutagen and carcinogen. This is to say it can render white blood cells or any cells into cancerous cells. It also can effect outright destruction of cells because it is a cytotoxin.

Dr. Sidney S. Mirvish of the University of Nebraska Medical Center in Omaha, Nebraska, noted that AIDS may be decreasing because homosexuals are now using poppers less, having been alerted to their dangers.

Marijuana a Cause of AIDS According to Eliezer Humberman

According to the researches of Eliezer Huberman of Argonne National Laboratory, marijuana users are suffering symptoms of AIDS. Monocytes, a key component of our body's defensive faculties (immune system), are critically impaired by THC (tetrahydrocannabinol) in marijuana.

Amyl Nitrite Causes AIDS

Another compound also called poppers contains nitrite esters in a starchy base called amyl. Now a controlled substance, amyl nitrite is, ironically, manufactured by the Burroughs-Wellcome pharmaceutical establishment, the same manufacturer that manufactures AZT, and which pushes this drug as a cure for AIDS.

Most Press Releases Say About 70% of AIDS Sufferers Are Drug Users

About 70% of AIDS cases have been among confirmed intravenous drug users, according to press releases. Drug use among homosexuals exceeds by several multiples that amongst the heterosexual population. But homosexuals who became AIDS sufferers were 100% users of poppers! And they had purchased them marketed as "deodorants."

Conclusions

Taking into account the facts that:

- AIDS, so-called, is a relatively rare disease and its total annual death rate hardly exceeds total deaths for a single day from cancer and cardiovascular problems, and that
- About 70% of such cases are confirmed intravenous drug users, and that
- The use of poppers is widespread among the homosexual population, 100% of them developing AIDS being users, and that

- The drugs administered to AIDS sufferers as chemotherapy are established causes of immunodeficiency as confirmed by *The Merck Manual*, and that
- Publicity about AIDS is thousands of times its relative occurrence among the populace compared with heart, stroke, cancer and other problems, and that
- When such a drug-caused problem as 15,000 yearly deaths from sleeping pills does not receive significant concern or mention in our press and other media,
Then it must be concluded that:
- AIDS is not caused by viruses but by drugs.
- The big hysteria and panic over AIDS has been manufactured by the cartel-controlled press, radio, TV and other media, first to destroy the gay rights movement and, afterwards, as a promotion to make new markets for drugs, to generate new inroads into the national treasury and, not least, to give government agencies bigger budgets, power and increased research monies.

To the thoughtful reader it must be obvious that AIDS is an establishment-created swindle to bamboozle and rip off the American populace.

9

Why AIDS is a Monstrous Hoax

It is incumbent upon anyone making an allegation to have the proof of that allegation. That responsibility lies heavily upon the accuser even though that which is accused may be guilty.

In proclaiming AIDS to be a hoax, and the hysteria and panic that exist to be deliberately manufactured, there must be underlying facts of support. The purpose of this book is to expose the villainous intent of those who devised and promoted this phony disease and how they have trampled underfoot every human right and dignity in pursuing their nefarious ends.

To show that AIDS is a hoax, certain evidence must be adduced. When a big lie has been perpetrated, all facts relating to the lie and its propagation bear inherent evidence of its falsity.

In examining AIDS as a scam, it is necessary to piece together the elements that characterize it as a scam.

This book involves itself in presenting the manifold elements that have gone into the creation of AIDS, its perpetration and perpetuation. The evidence presented will show conclusively:

1. That AIDS came into existence as a result of a conspiracy to derail or destroy the gay rights movement.
2. That this immensely successful campaign against a detested minority was turned against the general population in that it became an economic vehicle of pharmaceutical, research, bureaucratic, medical, hospital and other interests.

SECTION II

Focusing on the Health System and Thought Methodology Of This Book

1 Do You Make Up Your Mind on Facts or Feelings?

Have you ever faced a plea to consider a matter with an open mind?

Such pleas are based on the fact that most of us are capable of independent thought. Yet almost all of us operate on our feelings rather than objective well-considered thoughts.

This is to say that most of us believe what we are programmed to believe, that is, we are disposed to believe certain ways by virtue of our prior mind-sets.

Mind-sets are attitudes that we have adopted within our frame of reference upon which we judge new information. Rather than weigh new information on its merits, we are disposed to view it in light of all our prior conditioning. Most of our minds "are already made up" in most areas, and it is merely a matter of slotting new information to fit the old mold of mind-sets.

We are very likely to reject newly discovered truths if they do not conform to or accord with our old beliefs and expectations. Thus we are apt to form a frame of mind that is disapproving or condemnatory of new data.

Because most of us tend to form new mind-sets based on a widespread trait of Americans called negativism as well as previous programming, we are unfair to ourselves. Negativism is our predisposition to believe and expect the worst while discounting that which promises good.

Because the subject matter in this book heavily involves themes where our mind-sets (opinions) are very strong and emphatic, I know it will be difficult for you to judge the new information and thoughts on their merits. Most of it is contrary to what we have been conditioned to accept. The topics touched upon herein arouse our prior attitudes toward religion, morality, politics, economics, health, disease, suffering, humanity and a multitude of other mind-fixes we have adopted as part of our conceptual framework. But one characteristic you cannot escape: despite their possible

conflict with views you hold, they present the truth—truth that is usually self-evident, hence undeniable.

This is a plea for fair-mindedness in your consideration of material in this book.

Why and How We Make Up Our Minds

Our mind-sets are efficiency measures for getting through life happily and effectively without having to perpetually rethink situations and the course of response we will make. Mind-sets manifest as habits or patterns of behavior.

We are apt to alter our habit patterns and beliefs to conform to the views and practices of those with whom we identify—with those whom we admire and emulate—rather than with objective determinations of what truth decrees.

Most of us have no criteria or rationale by which to arrive at the truth anyway. This is not a part of our learning, training or conditioning. Therefore it is difficult for most of us to distinguish between truth and mere propaganda. We intermingle the two without even a twinge of their incompatibility.

Practically, our beliefs and opinions are manipulated and molded by powerful economic interests that effectively control our press, radio, TV and other communications media, that control our government and its agencies, that ages ago cast the die under which we receive a compulsory brainwashing called education, and that perpetually bombard us with propaganda to maneuver us into thoughts and actions that will serve these economic interests.

For all that we Americans have thus learned, an old witticism is most appropriate: “Tis better to be ignorant than to have learned so much that isn’t so.”

This is a plea to thoughtfully consider the evidence and questions posed herein on their merits rather than reject them out of hand. Most Americans, operating on an emotional level with heavy tendencies to believe the worst, and having been conditioned to beliefs and prejudices that the AIDS panic panders to, will do just that—reject the facts out of hand.

The author has some definite guidelines by which to consider all new information and outlooks and asks that you examine them.

This Book is Good News!

Because this book is presented as truthfully as is within an honest man's capabilities, I regard this book as good news for you—for all of us! For it liberates the mind in an area where dread fears and upsetting threats have been implanted and cultivated by nonstop bad news from our press and TV.

A biblical quotation at this point is most appropriate: "Ye shall know the truth and the truth will make you free." John 8:32.

This actually says that we are enslaved by our beliefs which are, in a word, our prior mind-sets, opinions, attitudes, etc., that are not based on facts pertinent to the perspective held. Most of us, unfortunately, are destined to suffer the ills wrought upon us by unwarranted beliefs because we reject truth and stubbornly cling to the beliefs which undermine our well-being.

How Truth is Arrived at in This Book

This book is a compilation of articles written in response to the media coverage of AIDS since its supposed inception. I use the Socratic method for pursuing inquiries. New information comes to me copiously in newspapers, magazines, medical journals and tapes of radio and TV broadcasts. The Socratic method automatically formulates many questions relating to validity of new data. Each answer in turn becomes the basis for new questions.

The method takes the statements or evidence furnished by those whom the media reports and proceeds to analyze it on its inherent truths. By the Socratic methodology, truths stand confirmed, and fabrications and errors are readily exposed.

The principle involved is that all truth becomes self-evident—it is axiomatic and logical, it never conflicts with or contradicts itself when subjected to the searchlight of thoughtful inquiry. Under the same methods, errors become glaringly obvious.

The Socratic method ferrets out errors and ascertains truths more efficiently than any method of which I am aware. In like manner the method looks to the motives that might attend the new data—what purposes of the sources and publicizers are served. Truth stands solid no matter how we approach or treat it.

Thus, when we make statements and observations in this book, the supporting rationale underlying the book is also adduced.

With these observations I bid you bon voyage on probably one of the most challenging reading experiences you have ever undertaken.

2

Why I Wrote This Book on AIDS

Of course you don't want to be hoodwinked, swindled or despoiled. Neither do you want to be a victim of a massive con game.

But you have been and are being misinformed, misled and roped in on a tissue of lies so villainous and grotesque it defies belief. And I know in advance that you will be unwilling and hesitant to even think of AIDS as anything other than what our TV, newspapers and other media have represented it to be.

In presenting a book terming the widely publicized and promoted "epidemic" of AIDS a hoax, I assure you that it is, indeed, one of the most monstrous frauds ever perpetrated and perpetuated on this nation or the world. I ask you not to take my word for it! Just keep an open mind and consider the evidence in this book on its merits.

I repeat, I know you will be reluctant to accept as a sham that which has been drummed into you for years. Yet I reiterate that the whole fabric of AIDS, so-called, is woven of a web of deceptions, myths, distortions and outright lies! In fact, the Hitlerian-lie technique has been perfected with a vengeance in this country. AIDS is a prime example of this technique.

This book exposes the abominable, unconscionable and shameful hocus pocus that has been foisted upon you and our fellow countrymen in the name of science.

Why is this done in the name of science?

For megabucks, that's why! This country and its peoples have already been victimized for countless billions by a cartel that fosters ghoulis, unscrupulous and death-dealing schemes for its aggrandizement. So brazen and so cold-blooded, so fiendish and so cruel are the drug cartel's machinations, and so habituated are we to them and their depredations, that we unquestioningly accept them at face value.

I undertook the writing of this book at the urging of several friends. Especially influential in persuading me to go ahead were

Harvey and Marilyn Diamond who achieved fame as authors of one of the all-time best sellers, *Fit For Life*. The Diamonds look upon me as their mentor.

As editor of a magazine, *Healthful Living*, I wrote on the subject of AIDS in 1982. That article was short and I include it here. *Healthful Living* never published this article as my associates considered it inconsistent with the purposes of a magazine dedicated to advocating healthful practices.

This article, which follows, characterized my thinking in 1982.

A New Disease is Introduced Under Suspicious Circumstances

In the last few months the nation's newspapers and other media have been reporting a mysterious new malady called AIDS, an acronym for Acquired ImmunoDeficiency Syndrome. Because it seems to affect homosexuals almost exclusively, I've seen some reports calling it GRID which means Gay Related Immuno-deficiency. With the incessant harping upon the disease and its relation to gays, the gay rights movement is foundering. Perhaps that's an object of this "new" disease, to isolate and alienate the gays from the heterosexual mainstream.

The first cases were reported amongst Haitian homosexual heroin users. The disease is described as a syndrome or pattern of many symptoms of sicknesses—such ordinary and common affections as fever, diarrhea, rash, pneumonia, malaise and so on. Why should these diseases be indicative of "immunodeficiency" when so many millions suffer from them? Is CDC intending, by issuing new diagnostic guidelines, to have these common diseases diagnosed as the already "horrifying" disease called AIDS?

The cause of these affections, now called a part of the syndrome, is said to be a deficiency of the "immune" system. The so-called immune system is the body's complement of white blood cells: leukocytes, lymphocytes, monocytes, neutrophils, eosinophils, granulocytes and others. These are defensive faculties that keep our bloodstream as pure as possible, especially of the debris of cooked foods, the poisons of condiments, coffee, alcohol, tobacco, salt and other toxic drugs (recreational and prescribed) that almost all of us put into our bodies.

AIDS is said to be a deadly disease resulting in death to those who “catch” it.

Spokesmen for Centers for Disease Control say little is known about this new disease except that it has an affinity for homosexuals and an occasional hemophiliac.

As little as they say they know, they are proclaiming it an immune deficiency, quite deadly, very contagious and practically exclusive to drug-using homosexuals so far. To know all this means they are not in the quandary they say they are. How can they say the disease is an immunodeficiency syndrome unless they know a lot? Do they now give blood counts to people with fever or diarrhea? How can they say AIDS is contagious? And why should they say it is communicable unless they have a scheme up their sleeves?

As you know from previous articles, the concept of contagion is pure myth. When everyone is indulging the same bad habits under much the same circumstances, why shouldn't they get similar bad results?

That CDC should highlight a “mysterious” new disease about which “little is known” in such careful language seems both suspicious and impudent. The CDC is well-known as the prostitute for the drug industry and “epidemics” such as polio, swine flu, Legionnaire's and herpes genitalis.

It seems absurd on the face of it that a deficiency can be “acquired.” How can you “catch” something the other person doesn't have?

For the astute there is some fallout from this “new” disease. There is the backhanded admission that, if the “immune” system is deficient, that is, if it is not performing up to par, certain rather common illnesses result. Which is to say what we Hygienists have been saying for ages: When the body, for whatever reason, cannot cope with its load of wastes and poisons, ingested or internally generated, it will—in order to restore its integrity and function, and to preserve itself—institute an extraordinary crisis of detoxification called, among other things, fever, pneumonia, rash, malaise and so on! We have called this saturated body condition toxemia or toxicosis for more than fifty years already.

I suggest you not get worked up or excited about this exceptionally rare "new" disease, especially as it seems to be merely common affections. And since it also seems peculiar to homosexuals, why should heterosexuals be concerned? Further, it is an epidemic so miniscule in size, even the homosexuals should not be worried.

Need I remind you that healthful living always produces health and that disease still results only from unhealthful practices and influences.

• 1982

I did not write on this subject again until 1983 when AIDS had been orchestrated to a high crescendo, and widespread fear and panic were being generated in the nation's communications media.

This time my article was published. The resulting letters from our readers indicated a general concern, even irrational phobias over the specter of AIDS.

Despite our previously published exposes of the shenanigans of the Centers for Disease Control—despite our airing of CDC's propensity for collaboration with the pharmaceutical, research and other interests bent upon exploiting us Americans, our readers still gave them credence in their creation and promotion of this concocted disease.

Despite our careful explanation and analysis of the myth of contagion (repeated herein for your edification), old conditioning and patterns of belief still prevailed with a great number of readers.

In 1984 and 1985 I continued to write on the subject of AIDS. Even though I was then labeled as an iconoclastic writer, I did not relish writing "expose" articles. Most such articles seemed negative in tenor whereas they were really positive. Often it is necessary to demolish current misconceptions before truth can prevail. I regard putting the kibosh on lies to be a positive thing.

The articles about AIDS persuaded so many readers that the complexes called AIDS were a contrived hoax that they began to insist upon my writing a book. They felt that all Americans should know the truth. They did not want to see our fellow citizens subjected to bleak, stressful and demoralizing propaganda of the media.

In 1986 my friend, Dr. Ralph Cinque, urged me to respond to a general call by the establishment for mandatory testing of the whole population. The press, in behalf of its cartel masters, reprinted the pronouncements of President Reagan, prominent medical spokesmen (especially those from Johns Hopkins University) and sundry others who insisted we needed universal testing to head off the AIDS epidemic.

Real concentration camp scenarios were advocated then. Those "found" to be infected by HIV (Human Immunodeficiency Virus) would have to undergo mandatory treatment, treatments that were admitted to be, in themselves, very deadly. But that was "the price we'd have to pay."

That looming threat spurred me to write a brochure thoroughly documenting the hoax and exposing the "demands" for testing as a ploy to generate more business for the drug companies promoting their deadly wares.

So strong became the importunities to publish a book exposing the hoax called AIDS that I consented. Thousands of our readers have made this book financially possible. This volume is the result.

3

What Are Your Credentials, Mr. Fry?

In writing on the subject of AIDS, you pose as an expert. What qualifies you to write on such a complex and momentous matter? Do you have a medical background? What are your credentials?

—Mark Epstein, Arlington VA

RESPONSE: I know what you mean in asking these questions. They are an insult! Not to me but to you!

In asking these questions you are implying that you are incapable of ascertaining the truth for yourself—you are incompetent at judging a discussion or dissertation on its merits. You may also be saying that you judge anyone without a degree or pedigree unequal to the task of taking on the issues involved.

In broaching these questions, aren't you also implying that you'll give credence to a person with "credentials" and will not take seriously anyone who does not sport a degree?

As a credential, wouldn't the simple truth do? Can you ask for more? Do you expect more? Does a degree make any difference? In the matter of AIDS, aren't just about all the spokespersons degreed?

Are you naive enough to imply, as you do, that only persons with credentials can properly present a matter? That only persons with credentials are worthy of being taken seriously? That only persons with credentials are capable of being right?

While I have no medical background other than self-study, I am not exactly a nobody as the demand for credentials would infer. I'm a high school dropout. I did not complete the 12th grade. I like to tell people that I've never been formally miseducated as almost all of our degreed people have. I learned to think for myself.

Despite the "handicap" of being a high school dropout, I formed and promoted a discount merchandising company in 1952 that evolved into a prominent national giant and, though not a big factor as it was in its heyday, still exists in 1988.

In 1961 I founded and promoted one of America's most prestigious recording companies, one of yesterday's and today's

foremost producers of recordings of medieval, renaissance, baroque and classical music. I had no musical background. I was only an avid music lover. I hired musicologists by the dozens to do the musical chores and specialty work.

Since 1976 I've been very active in the health field as an author, speaker and educator. I created a comprehensive course in the nutritional and health sciences in the early part of this decade. This course is now well-known. It has been translated into French and adopted as curricula by the school of Naturotherapie, Department of Medicine, University of Paris. Now this course is being translated into German, Spanish and Italian. I am very elated, of course, that two graduates, Harvey and Marilyn Diamond, wrote the all-time best-seller, *Fit For Life*.

When Henry Ford, who didn't even make it to high school, was asked what credentials underlay his expertise in a matter in which he was about to testify, he stated that it was not necessary that he have credentials. He could hire the best talent in any field and be availed of their expertise.

In like manner, I have not been limited by background training. I have none. But I have access to the foremost researchers and "authorities" in these matters. I can investigate their findings and conclusions on their own merits. You can be sure, after reading this book, that I examine every facet of their thinking. Fabrications, false premises, contradictions, errors and inconsistencies show up like sore thumbs for astute readers practiced in "reading between the lines."

So where does this leave you? Exactly where you should have started—as an independent intellect appraising the case on its merits.

4

The Health System That Underlies This Book

The underlying philosophy or outlook of this book is based on Natural Hygiene or Life Science or the Science of Health. Following is the core of Natural Hygiene as it applies to health and disease.

NATURAL HYGIENE Declaration of Principles

Natural Hygiene holds that life should be meaningful and filled with beauty, love, kindness, goodness and happiness.

Natural Hygiene holds that humans are inherently good, righteous, loving, sharing and virtuous, and that their exalted character will be realized under ideal life conditions.

Natural Hygiene holds that superlative well-being is normal to human existence and is necessary to the achievement of the highest human potential.

Natural Hygiene holds that supreme human excellence can be realized only in those who embrace those precepts and practices which are productive of superb well-being.

Natural Hygiene holds that only under the recognition of and the observance in practice of our biological requisites will our lofty potential be fulfilled.

Natural Hygiene, which encompasses all that bears upon human well-being, and which bases itself soundly upon the human biological heritage, constitutes the only way to realize the highest possible order of human existence.

Natural Hygiene, alone, is in harmony with nature, in accord with the principles of vital organic existence, correct in science, sound in philosophy and ethics, in agreement with common sense, successful in practice and a blessing to humankind.

Natural Hygiene recognizes that the human body is obviously self-constructing, having developed from a fertilized ovum, that it is self-preserving, self-defending, and, through the mighty power

and intelligence that constructed it, totally self-cleansing and self-repairing. And, further, Natural Hygiene recognizes that the body maintains itself in perfect health, completely free of disease, if its needs are correctly met.

Foremost among these needs are fresh air, pure water, rest and sleep, cleanliness, foods consonant with our biological adaptations, rest and sleep, love and appreciation, comfortable temperature, sunshine, vigorous activity, constructive work, emotional poise, self-mastery, recreation and pleasant environment.

Natural Hygiene recognizes that humans are biologically frugivores and are constitutionally adapted to a diet of primarily fruits and, secondarily, vegetables, nuts and seeds eaten in compatible digestive combinations while in the fresh, raw, natural state.

Natural Hygiene recognizes that diseases are caused by improper life practices, especially dietary indiscretions. Illness proceeds from reduced nerve energy and consequent toxicosis from internally generated wastes, from ingested substances bearing or begetting toxicity, or from a combination of both. Insufficient nerve energy arises from dissipation, stress, overindulgence, excess or deficiency of the normal essentials of life, or pollution of the body with substances not normal to it. Accordingly, recovery from sickness can be achieved only by discontinuing its causes and supplying conditions favorable to healing.

Natural Hygiene recognizes that a thoroughgoing rest, which includes fasting, is the most favorable condition under which an ailing body can purify and restore itself.

Natural Hygiene, which teaches that exalted well-being can be attained and maintained only through biologically correct living practices, is not in any sense a healing art or a curing cult. It regards as mistaken and productive of much grief the idea that disease can be prevented or overcome by agencies abnormal to our natural being. Consequently, Natural Hygiene emphatically rejects all drugs, medications, vaccinations and treatments because they undermine health by interfering with, disrupting or destroying vital body processes, cells and tissues.

Therefore, Natural Hygiene regards the body/mind as the inviolable sanctuary of an individual's being. Natural Hygiene holds that everyone has an inalienable right to have a pure and uncontaminated body, to be free of abnormal compulsions and restraints, and to be free to meet his/her needs as a responsible member of society.

5 Salient Principles, Concepts and Facts About Natural Hygiene

1. The body is totally self-sufficient when its simple needs are met.
2. The body always acts in its behalf. The body is obviously self-constructing, having developed from a fertilized ovum. On the same order the body is self-maintaining and self-defending. And, likewise, that marvelous power and intelligence which constructed the body also maintains, cleanses and repairs it.
3. Vibrant health and exuberant excellence are normal and natural.
4. The body maintains itself in perfect health, completely disease-free, if its needs are correctly met.
5. Diseases and suffering are abnormal, unnatural and completely unnecessary.
6. Diseases and suffering are readily overcome by discontinuing easily ascertainable causes and instituting living practices harmonious with the biological principles by which we live.
7. Highest excellence is achieved only by those sufficiently healthy to be high-level performers.
8. Health and excellence are, thusly, produced only by healthful living.
9. Responsibility for your health is yours and yours alone! You are in almost total control of life practices which produce health or cause disease. Health or disease result from your acts. No one else can breathe for you, eat for you, sleep for you, exercise for you, nor do anything else for you that builds health. Health cannot be conferred upon you by someone else's treatments, rituals or acts. Health is, it bears repeating, developed solely from your own practices.
10. That which undermines health also destroys the qualities of excellence.
11. Nature has long since solved the problems of disease and suffering.
12. Diseases have two aspects: Constructive and destructive. Constructive diseases are body detoxification and reparative efforts. Destructive diseases, referred to as degenerative, are

organ and tissue damage resulting when the body has not been equal to the task of expelling impairing poisons through regular elimination and extraordinary eliminative efforts (called illnesses, sicknesses, maladies, ailments or diseases). Constructive diseases are body initiated and conducted to purify the body and restore health. Destructive diseases result because ordinary and extraordinary body processes of cleansing and repair have not been equal to the need. Therefore, tissue and organ damage occur which are called degenerative conditions.

13. Diseases are caused by toxicosis, sometimes called toxemia. This is the saturation of the body fluids and tissues with toxic substances. Body poisoning results from what we put in the body other than good air, pure water and foods to which we are biologically adapted. Also causative of diseases are stresses, distresses and excess or insufficiency of the normal needs of life which lead to uneliminated body wastes accumulating within. As body wastes are toxic and interfere with normal function, they, along with exogenous poisons, precipitate extraordinary body efforts to expel them and repair damages. These body actions beget symptoms which we call diseases or disease complexes. Thus, what we call diseases are really crises our body has undertaken to extraordinarily eliminate noxious accumulations within.
14. Diseases cannot be "cured." The concept of medicine is pure myth. The mighty power and intelligence that constructed you from a fertilized ovum is the only remedial power capable of restoring you to superb health. Disease itself is a "curing" process.
15. Diseases and illnesses need not and cannot be prevented. It is not necessary to try to prevent that which will not happen unless it is caused. Diseases always occur when their causes are indulged.
16. As it concerns health, all research is unproductive and irrelevant. The development and administration of drugs are counterproductive. Humans cannot be poisoned into health with drugs euphemistically called medicines.
17. Drugs (medicines), medicinal herbs and other so-called remedies possess neither the power nor the intelligence to

detoxify the body, create cells and repair damages sustained. All are toxic and depress body functions, resulting in what is called suppression. This amounts to suppression of the vital body processes of cleansing and healing. Drug suppression of symptoms, unfortunately, are often mistaken for health effects.

18. The appearance of diseases being contagious is deceptive. No one can give away their diseases any more than they can give away their health. Diseases are biological processes of detoxification and repair. When healthy individuals maintain their health by their healthful practices alone in the midst of "epidemics" of "communicable" diseases, then it must be self-evident that contagion is a misconception.
19. If 100 people take an emetic and 100 people vomit, it might be concluded that vomiting is very contagious. However, all it proves is that "similar organisms subjected to similar influences react similarly." The same observation applies to all so-called epidemics. The only contagions are the same bad habits which beget the same diseases.
20. Scientific logic is exemplified in the postulates formulated by Koch. They say that, if an agency causes a particular disease, it must always be present during that disease. Likewise, the presence of that agency must always occasion that disease. Knowing that all constructive diseases (only acute or constructive diseases are said to be contagious) are the body's physiological processes of detoxification and healing, relegates all ideas of contagion and infection to the realms of absurdity and voodooism.
21. The attribution of diseases to germs, viruses and fungi is outside the pale of science. For instance, those who suffer from what is called AIDS do not have the so-called AIDS virus in more than 50% of the cases. For instance, the fungi candida is a normal resident of the human body from birth to death, yet few suffer from what is called candida albicans. For instance, streptococcal bacteria are normal residents of the human throat but strep or sore throat is relatively rare. When asked about this, a physician will tell you that most people are not "susceptible" or have "high resistance,"

therefore they do not develop sore throat despite the constant presence of its attributed cause. This is merely a copout, and tells any perceptive person that whatever conditions lay the groundwork for "susceptibility" or "low resistance" are the true causes of disease.

22. Those who invoke the mantle of science for their actions may be as voodooistic as savage mentalities. That which works, that is, that which produces positive results is scientific and that which does not work is obviously unscientific. When was it ever scientific to administer drugs (poisons) under the representation or implication that health would thereby be restored?
23. Only three substances should ever enter the human body! These are, obviously, good air, pure water and foods to which we are biologically adapted.
24. Most Americans can regain remarkable health by observing just two measures that the Hygienic outlook advocates and expresses in this motto: Exercise and a raw food diet build great health—try it.
25. The wonderful truth is that all of us still retain our pristine instincts despite all the perversions visited upon us. All of us recognize that, should we be returned to a state of nature without tools for acquiring foods or instruments for food processing, we would partake of those foods which delight the eye, tantalize the sense of smell and arouse gustatory delight in their raw, natural state.
26. Morality, from the common yardstick of all points of view, is conduct which is favorable to human well-being. Likewise, immorality is characterized as all acts contrary to human well-being.
27. Maximal personal excellence is attained *only* by first building vigorous and vital health. Health and well-being, that is, physical and mental excellence coupled with exuberant energy levels, are the foundation stones for human excellence.
28. There is only one pathway to health and utmost excellence. That pathway is the single outlook, Natural Hygiene, which embraces the biological principles and practices necessary to build health and excellence.