

**Aloha – Reclaim your ‘breath of life’ in Maui, Hawaii
February 27 - March 6, 2022, Sample Itinerary**

Sunday, February 27:

AM, Meet in Kahului at the hotel
Opening Ceremony
Travel as group to explore Kahului – beaches, surfers, turtles, Lunch (own)
Check in, get settled
PM Yoga
Dinner - early (MMY)

Monday, February 28:

AM, Very early departure for sunrise on Volcano
Breakfast (MMY)
Haleakala National Park - hiking, yoga
Lunch (MMY)
Free time
PM Yoga
Dinner – early (own)

Tuesday, March 1:

AM, Early departure for Hana
Breakfast (MMY)
Travel on Road to Hana – hiking, yoga, rainforest, waterfalls, black sand beach, State Park
Lunch (MMY)
PM Yoga
Dinner (own)

Wednesday, March 2:

AM, Early departure for West Coast
Breakfast (own)
Travel to: Iao Valley State Park - hiking, yoga; Kapalua Bay – beach, snorkel/swim/relax
Lunch (MMY)
PM Yoga
Dinner (own)

Thursday, March 3:

AM Yoga
Breakfast (own)
Check out
Travel to Kihei, leave luggage, explore beaches, Ahihi Kinohiwa Natural Reserve - snorkel/swim/relax
Lunch (MMY)
PM Yoga
Dinner (own), free time

Friday, March 4:

AM, Early departure for Molokini Crater
Breakfast (MMY)
Boat to Crater - whale watching, turtles, snorkeling
Lunch (MMY)
PM Yoga
Dinner (own), free time

Saturday, March 5:

AM Yoga
Breakfast (own)
Rent bikes, ride along the coast and explore beaches –snorkel/swim/relax
Lunch (own)
PM Yoga
Closing Dinner (MMY) - Hawaiian Luau

Sunday, March 6:

Check out, arrange transport to airport (on own)