

## Lessons in Life -- Lesson 1 – Where Did You Come From?

**Introduction:** We live in a world that says (1) You came from nothing. (2) When you die, you go back to nothing. If we believe this, then what does the present mean? It means nothing so we live as if nothing matters. We live for wine, women, and song. Yet everyone knows that murder, stealing, lying, and adultery are wrong. How are we to balance the conflict between our conscience and the values of the world? The Bible begins by telling us where we came from.

From a Bible read Genesis 1:1 – 2:3. Read it several times first from whatever translation you have. Then find a modern Bible translation such as The New King James, English Standard Version, or New American Standard. Read it several more times and answer these questions:

How many days does this account cover?

What happened on each day?

Make a list of:

“and God said” (or something similar)

“and it was so” (or something similar)

What does this tell us about God? His Word?

How many times does the passage use the word “good” (or something similar)?

What does this tell us about God?

What does this passage tell us about man (generic – men and women)?

How has the view “you came from nothing . . .” influenced your life?

The Bible says that God is near to the humble (Isaiah 57:15). To be humble means that you are honest about your sin. What sins should you confess to God based on this study? After confessing your sin, read 1 John 1:9 and ask God to help you believe His promise.