

# COVID-19 REQUIREMENTS & BEST PRACTICES GUIDELINES

## 2021 Region 9 AHA Sport Horse & Championship Show

Below are the “Best Practices, Requirements and Recommendations” for this show. We encourage everyone to follow these in order for all to have a safe and healthy environment to show our horses in. The Region 9 Championship Show is USEF sanctioned and is following the guidelines of the various entities listed under the USEF Mandatory requirements for **all** persons at this competition.

### USEF MANDATORY REQUIREMENTS FOR ALL PERSONS

(Revised May 18, 2021)

#### General:

USEF Licensed Competitions must operate in accordance with state and local requirements. In the absence of state or local requirements, USEF recommends compliance with CDC guidelines. In an effort to mitigate the risk of spreading COVID-19, the competition can impose more restrictive requirements if they so choose. Below are some USEF mandatory requirements that are still in place for licensed competitions. All participants, support personnel, spectators are required to comply with these and any additional Show, Facility or local health authority requirements at all times while present on the show grounds.

These requirements are in effect immediately and until further notice, however, they are subject to revisions as the COVID-19 virus environment changes.

If you have any questions, please contact Debbie Saliling by email at [dsaliling@usef.org](mailto:dsaliling@usef.org) or by phone at (859)225-6930.

#### USEF Waiver/Release & Indemnity Agreement:

- All participants, licensed officials, and volunteers must provide emergency contact information and execute a Texas specific *USEF Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement* as required by USEF, as a condition of participation. The USEF waivers are provided online at the Region 9 website, [Region9AHA.org](http://Region9AHA.org), and outside the show office.

#### Access to Competition Grounds:

- **All persons entering the grounds are required to self-monitor their temperatures once daily prior to entering the show grounds. Anyone with a temperature of 100.4° F or higher may not enter the facility.**
- The following individuals are not allowed to enter the competition grounds if they:
  - exhibits COVID-19 Symptoms (see below), including a temperature of 100.4° F or higher,
  - Anyone who has tested positive for COVID-19 within last 10 days, or anyone who has tested positive outside of the past 10 days, but is still symptomatic, or
  - \*Anyone who has been exposed to or has been in close contact with someone who has COVID-19 symptoms or has tested positive for COVID-19 within either the last 7 or 10 days (dependent upon on certain criteria for CDC Quarantine options)  
*\*Exception: Healthcare personnel who have treated patients using appropriate medical-grade PPE during the course of performing professional duties **and those individuals who are fully vaccinated** are exempted from this restriction.*

**COVID-19 Symptoms** - Symptoms of COVID-19 include, but are not limited to, subjective or measured fever, cough, and shortness of breath and/or difficulty breathing. Additional symptoms may include sore throat, muscle pain, headache, chills/shaking, or newly developed loss of taste or smell.

*\*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.*

### **When to Seek Emergency Medical Attention**

Look for emergency warning signs\* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

Trouble breathing – Persistent pain or pressure in the chest – New confusion – Inability to wake or stay awake – Bluish lips or face

**NOTICE:** If any person who was present on the competition grounds tests positive for COVID-19 within 14 days of the conclusion of competition, is required to report such to the Competition Organizer.

- Competition Organizer will direct the reporting individual to contact the local public health authorities (and provide the contact information) for the purposes of having the local public health authorities perform contact tracing.

### **FACE COVERING/MASKS**

From USEF “CDC Announcement” dated May 14, 2021: “Yesterday, the Centers for Disease Control and Prevention (CDC) announced that anyone who is fully vaccinated against COVID-19 can participate in indoor and outdoor activities, large or small, without wearing a face covering/mask or physically distancing. An individual is considered to be fully vaccinated two weeks after their second dose in a two-dose series (Pfizer, Moderna, etc.), or two weeks after a single-dose vaccine (Johnson & Johnson).

- All persons on competition grounds must comply with the face covering/mask requirements in place at the competition. You can find recommendations for proper use of face coverings at the Centers for Disease Control & Prevention website.
- When state or local authority, or competition organizer requires the wearing of face coverings/masks at a competition, the following applies:
  - To eat or drink, an individual must move far enough away from each other to minimize the possibility of being within six feet of any other individual before the lowering the face covering/mask to eat or drink. The face covering/mask must be immediately replaced over the nose and mouth when finished.
  - If an individual requires modification to this face covering/mask requirement, please contact the Competition Organizer.
- Any individual may choose to wear a face covering/mask even when not required, and can do so without penalty.

**NOTE: See “REGION 9 AHA CHAMPIONSHIP SHOW BEST PRACTICES” below.**

### **SOCIAL DISTANCING**

All persons on competition grounds must comply with the social distancing requirements in place at the competition.

Go to [usef-covid-19-action-plan-for-operating](#) for information on “Mandatory Requirements for All Persons.” (Pages 15 -17) Click on Appendix B for information regarding USEF’s “Recommended Best Practices for Competition Participants”.

# REGION 9 AHA CHAMPIONSHIP SHOW BEST PRACTICES

## FACE COVERINGS/MASKS AND SOCIAL DISTANCING

### COVID-19 Guidance Fully Vaccinated People

This show will be following the CDC Guidelines announced on May 16, 2021:

- If you are **fully vaccinated**, you can resume activities that you did prior to the pandemic. In general, people are considered **fully vaccinated**:
  - 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
  - 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine
- **Fully vaccinated** people can resume activities without wearing a mask or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.
- If you don't meet these requirements, regardless of your age, you are NOT fully vaccinated. Keep taking all precautions until you are fully vaccinated.

### COVID-19 Guidance for Unvaccinated People

People who are unvaccinated should wear face covering/mask inside any buildings – including barns, arenas, and social distance at least 6 feet from people who are not members of your household. Avoid crowds and poorly ventilated spaces, wash your hands often.

All Participants, licensed officials and volunteers must provide emergency contact information and sign the USEF Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement, as required by USEF; Region 9 AHA Release and Indemnity; and the Participant Covid-19 Screening Questionnaire at check in. These forms will be on table outside the Show Office for you to fill out. (If you have already signed the USEF and Region 9 AHA Releases and turned in with your entries, you will only have to fill out the COVID-19 Screening Questionnaire.) **Those who are fully vaccinated will have the option to receive a colored bracelet to wear during the Show. This will be done on an "honor system".**

## ARRIVAL AT WRMC GROUNDS

Participants and their barn personnel are asked to self-monitor their temperatures once daily prior to entering the competition grounds. Anyone with a temperature of 100.4°F or higher may not enter the grounds/facilities. (It is recommended that participants provide non-contact thermometers to their barn staff and require temperature monitoring throughout the day.) There will be only one entrance/exit to the WRMC grounds.

## BARNS/STALLING

-It is recommended by USEF that you limit the number of people in your stall area; provide hand sanitizer, masks and other PPE deemed necessary to your barn staff and other personnel and encourage them to use on a regular basis.

-It is recommended by USEF to regularly sanitize bikes/golf carts/car & truck door handles, stable doors, bucket handles, light switches, etc., and equipment including tack, grooming, feeding, stall cleaning materials, etc.

-Grooms and barn staff are prohibited from sleeping in horse stalls/barns. (Recommend the use of cameras in your stall area.) (*This is a facility requirement.*)

## **SHOW, WARM-UP AND PRACTICE ARENAS**

These arenas may limit number of horses, riders and attendants in each arena – signs will be posted stating the number of individuals/horses allowed. The warm-up arenas used before classes will be reserved for the next class going into the show arena. Family, friends, spectators are asked to go directly to the arena to watch classes, please do not congregate in the warm-up and in-gate areas of any show arenas.

These are the most current guidelines, but they could change in the time leading up to the show. We will have a copy of any changed, or new, guidelines at the show if anything does change. Show Management asks that you practice common sense when at the show and on the grounds and abide by the guidelines that have been put in place. We want to give you an enjoyable, but safely run show, and we need your full cooperation in following the restrictions and recommendations found in these “Best Practices”.

Thank you for attending and supporting the Region 9 AHA Sport Horse and Championship Show!

The Region 9 AHA Show Committee