

LEGEND—

WALK—>

JOG— - - - ->

LOPE— ———>

BACK— <----->

1. Jog over poles
2. Stop or break to walk over bridge
3. Lope right lead break to walk between cones
4. side pass right back dog leg
5. jog serpentine through poles
6. right lead lope over poles
7. jog over poles
8. stop or break to walk into box 360 either direction walk out
9. Lope left lead over poles and out to finish

