Jog over poles
 Stop or break to walk into box 360 turn either direction walk out over poles
 Walk over poles
 jog over poles then jog between poles
 jog serpentine into chute

6. back straight then walk

7. jog around obstacle to bridge

8. stop or break to walk onto

9. jog out over poles to finish

3

bridge

Arabian Region9 (402-1021)
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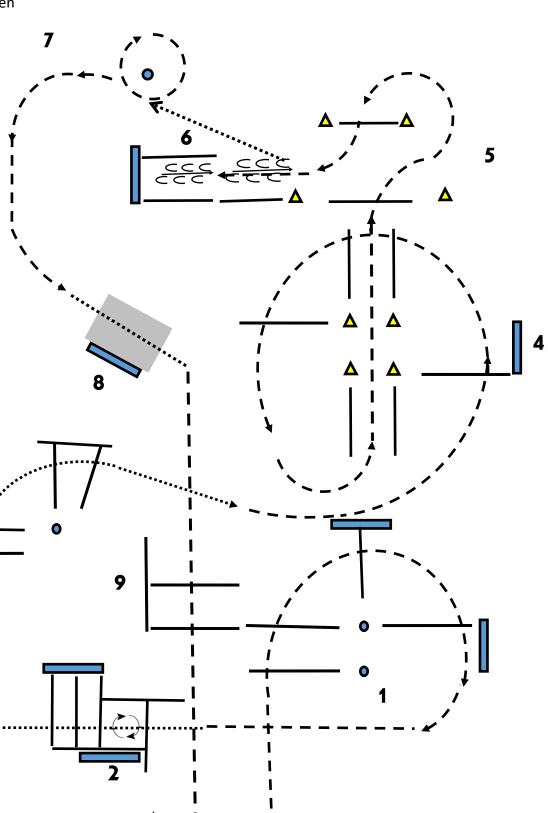
<u>LEGEND</u>—

WALK-

JOG- - - -

LOPE-

BACK— EEE



FINISH

START