

Divinity Child Development Center

HANDWASHING PROCEDURES

WHEN:

- Periodically during the day
- Before and after eating foods
- After using the bathroom
- After coming in contact with other body secretions
- After any outdoor activity

HOW:

Although the following steps may seem obvious, research indicates that procedures are highly effective in preventing the transmission of disease. This is the way to wash your hands the right way.

- 1) Have everything ready (liquid, paper towels)
- 2) Turn on the running water
- 3) Apply soap and lather the fronts and backs of hands, under fingernails, and between the fingers for at least 15 seconds, remember the friction helps to kill germs.
- 4) Rinse off all soap under running water. Run water from wrists to fingertips.
- 5) Dry hands with paper towel.
- 6) Turn the faucet off with the paper towel to avoid picking up the germs on the faucet.
- 7) Drop paper towel into the trash can.

Parents please help us in fostering your child's healthy hand washing practices.

Child's Name

Parent Signature

Date

Parent Name (Print)