

CONNECTED CARE THAT WORKS!

Why Docs Trust YEP! Fitness

- Increased Patient Compliance
- Medically Integrated Fitness
- Improved Patient Health
- Proven Track Record of Success

FITNESS

YOUR EXERCISE PLATFORM



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NUMBERS THAT MATTER

Our healthcare partners are always excited to know that we not only pride ourselves on serving the most vulnerable, but we further educate our members/clients on the importance of knowing and managing vital health numbers; i.e, A1c, blood hemoglobin, BMI, blood pressure, body fat and non -HDL cholesterol.



EVIDENCED BASED

We not only take an evidenced based approach to physical activity we employ those same practices as it relates to health education. We are a diabetes prevention center with an additional focus on chronic disease management. We value methods that are proven effective.



IMPROVED OUTCOMES

We understand the strain chronic and preventable disease has on patients and the healthcare marketplace. However, this strain can be mitigated through improved patient compliance. This is why we encourage healthcare providers to partner with YEP! and together we can realize improved health outcomes in the communities we serve.