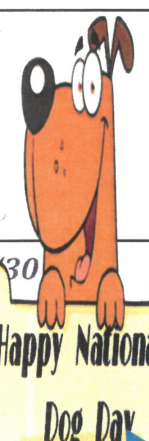
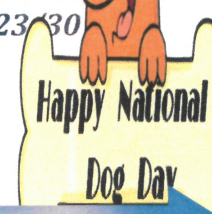


August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Frozen Treat Friday's 	1 
2 Lunch Program Monday-Friday 11:00-12:30PM	3 8:15 Chair Yoga 9:30 Chair Yoga 1:00 Pinochle	4 9:30AM Band Ex NCOFA Lawyer 12:30 Senior Club 12:30-3PM Euchre 12:00 Bridge 1:30 Tech 101	5 9:30AM Silver Sneakers 12:30 BINGO! 12:00 Mahjongg	6 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise Class	7 9AM Quilters 9:15 Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	8 Birthday's Are Celebrated the First Tuesday of Each Month!
9 	10 8:15 Chair Yoga 9:30 Chair Yoga 10:45 Card Making 1:00 Pinochle	11 9:30AM Band Ex 10:30 BP Screening <u>Senior Club Picnic</u> 12:30-3PM Euchre	12 9:30AM Silver Sneakers 12:30 BINGO! 12:00 Mahjongg	13 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise W/ Kathy	14 9AM Quilters 9:15 Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	15 
16 	17 8:15 Chair Yoga 9:30 Chair Yoga 1:00 Pinochle	18 9:30AM Band Ex <u>10:30 Emergency Preparedness Training</u> 12:30-3PM Euchre 1:30 PM Book Group 6:30PM Woodcarvers	19 9:30AM Silver Sneakers 12:30 BINGO! 12:00 Mahjongg	20 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise w/ Kathy	21 9AM Quilters 9:15 Chair Yoga 12:00 Trivia 12:30-Bridge <u>1PM Flower Arranging</u> 	22 
23/30 Happy National Dog Day 	24/31 8:15 & 9:30 Chair Yoga 10:45 Card Making 8/24-9-12 Jeff BC/BS 1:00 Pinochle	25 9:30AM Band Ex 10:30 BP Screening 12:30-3PM Euchre 12:30 Travel Club	26 9:30AM Silver Sneakers <u>End of Summer Picnic!</u> 12-3:00 Mahjongg	27 8:30 Mahjongg 9:00 Wood Carvers 1:00PM Exercise w/ Kathy	28 9AM Quilters 9:15 Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	29 

August 26th