








## December Weekly Activities



	<b>Monday</b>	8:15AM	Chair Yoga
		9:30AM	Chair Yoga
		1:00PM	Afternoon Art
		12:30PM	Pinochle (Looking for new players 😊!)
		9-12:00	Jeff Lewis BC/BS (The 4 <sup>th</sup> Monday of each Month)
	<b>Tuesday</b>	9:30AM	Resistance Band Exercise
		10:30AM	B/P with Joyce (2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday of each Month)
		11-12:30	Lawyer NCOFA (1 <sup>st</sup> Tuesday of Each Month)
		12:30PM	Senior Club (1 <sup>st</sup> Tuesday) Travel Club (4 <sup>th</sup> Tuesday)
		12:00PM	Bridge (1 <sup>st</sup> Tuesday of Each Month Only)
		12:30PM	Euchre
		1:30PM	Book Club (3 <sup>rd</sup> Tuesday of Each Month)
		1:30PM	Technology 101 (1 <sup>st</sup> Tuesday of Each Month)
		6:30PM	Wood Carvers (6:30-8:30PM 3 <sup>rd</sup> Tuesday of each Month!)
	<b>Wednesday</b>	9:30AM	Silver Sneakers
		10:30AM	Larks
		12:30PM	BINGO
		12:00PM	Mahjongg (Looking for new players 😊!)
	<b>Thursday</b>	8:30AM	Mahjongg (Looking for new players 😊!)
		9:00AM	Wood Carvers (6:30-8:30PM 3 <sup>rd</sup> Tuesday of each Month!)
		1:00PM	Exercise with Kathy
	<b>Friday</b>	9:00AM	Quilters, Knitters, and Crochet
		9:30AM	Chair Yoga
		12:00PM	Trivia
		12-3:00PM	Bridge (Looking for players 😊!)