



December 2023



SUN	MON	TUE	WED	THU	FRI	SAT
Lunch Program Monday-Friday 11:00-12:30PM		Birthday's are celebrated the first Tuesday of each Month! 			1 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	2  Every Friday!
3 	4 9:30 Chair Yoga 1:00 Pinochle 1-3 Afternoon Art	5 9:30AM Band Ex 10:30 BP Screening 12:30 Senior Club 12:30-3PM Euchre 1:00 Bridge	6 9:15AM Silver Sneakers 10:30AM Larks 1:00 BINGO! 12-3:00 Mahjongg	7 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise w/Kathy 1-3PM Grief Support	8 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	9 Fun! Football Friday's
10	11 9:30 Chair Yoga 1:00 Pinochle 1-3: Afternoon Art	12 9:30AM Band Ex 12:30 Senior Club 12:30-3PM Euchre 1PM Technology 101	13 9:15AM Silver Sneakers 10:30AM Larks 11AM Larks Concert 1:00 BINGO! 12-3:00 Mahjongg	14 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise w/Kathy 1-3PM Grief Support	15 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge 1PM Flower Arranging	16 11AM Music W/Mike and Kids 
17	18 9:30 Chair Yoga 1:00 Pinochle 1-3 Afternoon Art	19 9:30AM Band Ex 10:30 BP Screening 12:30 Senior Club 12:30-3PM Euchre 1PM Book Club	20 9:15AM Silver Sneakers 10:30AM Larks 1:00 BINGO! 12-3:00 Mahjongg Christmas Lunch	21 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise w/Kathy 1-3PM Grief Support	22 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia	23 
24 	25 	 Center Closed	27 9:15AM Silver Sneakers No Larks Today 1:00 BINGO! 12-3:00 Mahjongg	28 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise w/Kathy 1-3PM Grief Support	29 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	
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