



# December Newsletter



## Celebrate the Season!



*May you find peace and joy this holiday season! Spread kindness everywhere you go! Try not to get so busy that you forget to treat others as you would like to be treated! One kind word truly can go a long way!*

*Please take time this Holiday Season to check on relatives, friends and neighbors who may need assistance. You might be able to help with getting groceries, running errands or just hearing a friendly voice. Take the time to reach out to those near and far, they will appreciate your efforts and you will feel better too!*

*Find peace and joy wherever you can.*

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Greetings Everyone

It's that time again! We will be asking everyone to provide updated information for the center. This information will be kept on hand in the event of an emergency.

We will need current health information, medications as well as an emergency contact that we can reach should it be necessary.

The information you provide should be updated as things change as they so often do with our health and current medications.

You can complete this form at the center with assistance from myself or the other staff or you may take it home and return the completed form at your earliest convenience.

All information will be kept confidential and only utilized in the event of an emergency.

Thank you in advance for your cooperation in attending to this important matter.

Melinda



## LUNCH PROGRAM NEWS

Please sign up for lunch by Tuesday the week before you would like to attend.

Please call the center at 754-2071 Ext. 395

Merry Christmas!

Our Christmas Lunch will be served on Wednesday, December 18th!

### IMPORTANT

The Center will be closed and

No meals will be served on

Tuesday, December 24th

Wednesday, December 25th and

Wednesday, January 1st, 2025

Remember if you would like transportation for the lunch program provided by the Senior Van please let us know at the office so we can put you on the schedule.





## Crazy, Pretty, or Strange Christmas Sweater Contest!

Please make plans to join us on

Wednesday, December 18th for our

Christmas Lunch and Celebration of  
the Christmas/Holiday Sweater! You know you've got them now  
is your chance to wear them and maybe win a prize! Fun! Food!



## Noon Year's Eve Party!

Tuesday, December 31st

Sign up with Cheryl for Lunch!

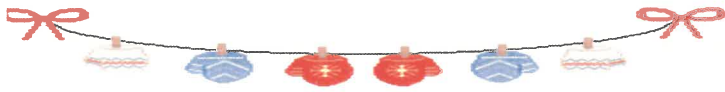
Ring in the "Noon" Year and Welcome 2025!

Food! Fun! Friends!



## ANNUAL MITTEN TREE

We are still collecting donations for  
the Annual Mitten Tree which pro-  
vides mittens, gloves, slippers, hats,  
scarves and socks to those in need  
in our community. Thank You!



It is not too late if you would like to purchase  
gifts to help a family in need more information  
is available at the center or call (716)754-2071  
**THANK YOU VERY MUCH!**



**A Very Special Thank You to Everyone  
that Volunteers, Helps out, Donates  
and makes the Senior Center a**

**Wonderful place!**

**Thank You So Very Much**

**For All You Do!**

Thanks so  
much for all  
you do. You are  
appreciated!

**MERRY CHRISTMAS!!**



## THE TOWN OF LEWISTON SENIOR CENTER

Will be open 8:00am-  
4:00pm Monday –Friday.  
It maintains an open-door  
policy creating a pleasant  
and healthy environment  
for Senior Citizens. The  
caring staff is dedicated to  
the well being of those  
who participate in the  
many programs and ser-  
vices offered.

Please check the calendar  
to see what events and  
activities we have planned  
this month.

We attempt to keep our  
newsletter information as  
up-dated as possible but  
occasionally changes do  
happen after publication.  
Check our website for up-  
dated information:

[lewistonseniorcenter.com](http://lewistonseniorcenter.com)

You do not need to be a  
member of the Senior  
Club to participate in any  
of the programs offered at  
the Center!

The Niagara County Office  
for the Aging Attorney is  
available at the Center for  
Legal Services the first  
Tuesday of every month  
from 11:00am-12:00pm.  
Please call the center to  
schedule an appointment  
or for more information.

If you any questions or  
comments please feel free  
to contact the Senior Cen-  
ter.

(716)754-2071

## TOWN OF LEWISTON SENIOR CENTER CAREVAN

Transportation is provided for residents who would like to attend activities at the center and for medical appointments. However, donations are greatly appreciated but no Senior will be denied service due to an inability to pay. The Senior Van is in operation Monday through Friday from 8:30 am—3:00 pm. Arrangements must be made 24 hours in advance. Senior Van funding provided by the Town of Lewiston and the Niagara County Office for the Aging.

**Who may use the Senior Van:** The Senior Van may be used by Seniors 60 years or older, residing in the geographic limits of the Town of Lewiston. We do NOT have a wheel chair van. If you require ANY assistance, due to liability restrictions, you must have someone accompany you to provide the required assistance.

**Service Priorities:** Every van rider is important to us, Medical needs will be the first priority for service. Seniors requiring hospital or doctors care will be scheduled prior to any other need. In order to accommodate as many people as possible, you may have to be picked up earlier than you think necessary if there is more than one appointment scheduled for the same time. YOU MAY HAVE TO WAIT TO BE PICKED UP for your trip home.

Due to increased demand of our Van Service, the Senior Van will provide transportation for Shopping, Banking, and Hair Appointments as van availability allows. Please call the center for more information. This service is limited to the Village of Lewiston.

**Client Location Conditions:** Clients are expected to keep driveways clear of any obstacles (low hanging tree branches, ice/snow, and any other obstruction). If your location is determined by the driver to be impassable or hazardous, arrangement will be made to pick you up at another location.

**Suggested Donations for Service:** Travel within the Town of Lewiston will be at the rate of 50 cents per one trip and \$1.00 round trip. Travel outside of the Town of Lewiston will be at the following rates:

**Summit Mall Medical**     \$4.00

**Niagara Falls**             \$4.00

**Youngstown**               \$ 3.00



**No Senior will be denied service due to an inability to pay.**

**The Van Drivers would like to remind you to “Buckle-Up” when you ride in the van.**





# December 2024

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> <i>WALK</i> <b>DECEMBER</b> 	<b>2</b> 9:30 Chair Yoga 1:00 Pinochle 1-3 Afternoon Art	<b>3</b> 9:30 Band Ex 10:30 BP Screening 11-12 NCOFA Lawyer 12:30 Senior Club 12:30-3PM Euchre 12PM Bridge	<b>4</b> 9:30AM Silver Sneakers 10:30AM Larks 1:00 BINGO! 12-3:00 Mahjongg	<b>5</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise w/Kathy	<b>6</b> 9AM Quilters 9:30AM Chair Yoga 12:30-3:30 Bridge	<b>7</b> Birthday's celebrated the 1st Tuesday of each Month! 
<b>8</b>  <b>9</b> 9:30 Chair Yoga 1:00 Pinochle 1-3 Afternoon Art	<b>9</b> 9:30 Chair Yoga 1:00 Pinochle 1-3 Afternoon Art	<b>10</b> 9:30 Band Ex 12:30-3PM Euchre 1PM Tech 101	<b>11</b> 9:30AM Silver Sneakers 10:30AM Larks 11AM Larks Concert 1:00 BINGO! 12-3:00 Mahjongg	<b>12</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise w/Kathy 1-3PM Grief Support	<b>13</b> 9AM Quilters 9:30AM Chair Yoga 12:30-3:30 Bridge 12-1PM Jazz Music <i>Live Concert</i>	<b>14</b> 
<b>15</b> <b>16</b> 9:30 Chair Yoga 1:00 Pinochle 1-3: Afternoon Art	<b>16</b> 9:30 Chair Yoga 1:00 Pinochle 1-3: Afternoon Art	<b>17</b> 9:30 Band Ex 10:30 BP Screening 12:30-3PM Euchre <i>Holiday Craft and Vendor Fair 10AM-2PM</i>	<b>18</b> 9:30AM Silver Sneakers 10:30AM Larks <i>Christmas Lunch</i> <i>Holiday Craft and Vendor Fair 10AM-2PM</i>	<b>19</b> 8:30 Mahjongg 9:00 Wood Carvers 12PM Music w/Mike and the Kids! 1PM Exercise w/Kathy	<b>20</b> 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge 1PM Flower Arranging	<b>21</b> 11AM Music 12/19 Music w/Mike and Kids 
<b>22</b> 	<b>23</b> 9:30 Chair Yoga 9-12 Jeff BC/BS 1:00 Pinochle 1-3 Afternoon Art	<b>24</b>  <b>Center Closed</b>	<b>25</b> 	<b>26</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise w/Kathy 1-3PM Grief Support	<b>27</b> 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	
<b>29</b> <i>We wish you a Merry Christmas</i>	<b>30</b> 9:30 Chair Yoga 1:00 Pinochle 1-3 Afternoon Art	<b>31</b> 9:30AM Band Ex <i>Noon Year's Eve Party</i> 	<b>1/1/2025</b> <b>Center Closed</b> <b>January 1st</b> <b>Happy New Year</b>	<b>1/2/2025</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Exercise w/Kathy	<b>1/3/2025</b> 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	<b>TRIVIA!</b> Super Fun Trivia Every Friday! 
<b>2025</b> HAPPY NEW YEAR		<i>Noon Year's Eve PARTY</i> 	<b>HAPPY HANUKKAH</b> 	<b>Lunch Program</b> <b>Monday-Friday</b> <b>11:00-12:30PM</b>	<b>Fun!</b> <b>Football</b> <b>Friday's</b> 	



## Weekly Activities December



<b>Monday</b>	<b>9:30AM</b>	<b>Chair Yoga</b>
	<b>1:00PM</b>	<b>Afternoon Art</b>
	<b>12:00PM</b>	<b>Pinochle</b> ( <u>Looking for new players</u> 😊!)
	<b>9-12:00</b>	<b>Jeff Lewis BC/BS</b> (The 4 <sup>th</sup> Monday of each Month)
<b>Tuesday</b>	<b>9:30AM</b>	<b>Resistance Band Exercise</b>
	<b>10:30</b>	<b>B/P with Joyce</b> (1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday of each Month)
	<b>11-12:30</b>	<b>Lawyer NCOFA</b> (1 <sup>st</sup> Tuesday of Each Month)
	<b>12:30PM</b>	<b>Senior Club</b> (1 <sup>st</sup> Tuesday) <b>Travel Club</b> (4 <sup>th</sup> Tuesday)
	<b>12:00PM</b>	<b>Bridge</b> (1 <sup>st</sup> Tuesday of Each Month Only)
	<b>1:00PM</b>	<b>Technology 101</b> (2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday of Each Month)
	<b>12:30PM</b>	<b>Euchre</b>
	<b>1:00PM</b>	<b>Book Club</b> (3 <sup>rd</sup> Tuesday of Each Month)
<b>Wednesday</b>	<b>9:30AM</b>	<b>Silver Sneakers</b>
	<b>10:30AM</b>	<b>Larks</b>
	<b>1:00PM</b>	<b>BINGO</b>
	<b>12:00PM</b>	<b>Mahjongg</b> ( <u>Looking for new players</u> 😊!)
<b>Thursday</b>	<b>8:30AM</b>	<b>Mahjongg</b>
	<b>9:00AM</b>	<b>Wood Carvers</b> (6:30-8:30PM 3 <sup>rd</sup> Tuesday of each Month!)
	<b>1:00PM</b>	<b>Exercise with Kathy</b>
	<b>1-3:00PM</b>	<b>Grief Support Group</b> (2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays)
<b>Friday</b>	<b>9:00AM</b>	<b>Quilters, Knitters, and Crochet</b>
	<b>9:30AM</b>	<b>Chair Yoga</b>
	<b>12:00PM</b>	<b>Trivia</b>
	<b>12-3:00PM</b>	<b>Bridge</b> ( <u>Looking for players</u> 😊!)

Please Contact the Senior Center (754-2071) For more information 😊!