



## February Weekly Activities



**Monday**

8:15AM

9:30AM

1:00PM

12:30PM

9-12:00

**Chair Yoga**

**Chair Yoga**

**Afternoon Art**

**Pinochle** (Looking for new players 😊!)

**Jeff Lewis BC/BS** (The 4<sup>th</sup> Monday of each Month)

**Resistance Band Exercise**

**B/P with Joyce** (2<sup>nd</sup> & 4<sup>th</sup> Tuesday of each Month)

**Lawyer NCOFA** (1<sup>st</sup> Tuesday of Each Month)

**Senior Club** (1<sup>st</sup> Tuesday) **Travel Club** (4<sup>th</sup> Tuesday)

**Bridge** (1<sup>st</sup> Tuesday of Each Month Only)

**Euchre**

**Book Club** (3<sup>rd</sup> Tuesday of Each Month)

**Technology 101** (1<sup>st</sup> Tuesday of Each Month)

**Wood Carvers** (6:30-8:30PM 3<sup>rd</sup> Tuesday of each Month!)

**Silver Sneakers**

**Larks**

**BINGO**

**Mahjongg** (Looking for new players 😊!)

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**Wood Carvers** (6:30-8:30PM 3<sup>rd</sup> Tuesday of each Month!)

**Exercise with Kathy**

**Quilters, Knitters, and Crochet**

**Chair Yoga** (Time change for tax prep February 14-April 10)

**Trivia**

**Bridge** (Looking for players 😊!)



**Tuesday**

9:30AM

10:30AM

11-12:30

12:30PM

12:00PM

12:30PM

1:30PM

1:30PM

6:30PM



**Wednesday**

9:30AM

10:30AM

12:30PM

12:00PM



**Thursday**

8:30AM

9:00AM

1:00PM



**Friday**

9:00AM

8:45AM

12:00PM

12-3:00PM

