



February Weekly Activities



Monday



8:15AM
9:30AM
1:00PM
12:30PM
9-12:00

Chair Yoga
Chair Yoga
Afternoon Art
Pinochle (Looking for new players 😊!)
Jeff Lewis BC/BS (The 4th Monday of each Month)

Tuesday



9:30AM
10:30AM
11-12:30
12:30PM
12:00PM
12:30PM
1:30PM
1:30PM
6:30PM

Resistance Band Exercise
B/P with Joyce (2nd & 4th Tuesday of each Month)
Lawyer NCOFA (1st Tuesday of Each Month)
Senior Club (1st Tuesday) **Travel Club** (4th Tuesday)
Bridge (1st Tuesday of Each Month Only)
Euchre
Book Club (3rd Tuesday of Each Month)
Technology 101 (1st Tuesday of Each Month)
Wood Carvers (6:30-8:30PM 3rd Tuesday of each Month!)

Wednesday



9:30AM
10:30AM
12:30PM
12:00PM

Silver Sneakers

Larks

BINGO

Mahjongg (Looking for new players 😊!)

Thursday



8:30AM
9:00AM
1:00PM

Mahjongg (Looking for new players 😊!)

Wood Carvers (6:30-8:30PM 3rd Tuesday of each Month!)

Exercise with Kathy

Friday



9:00AM
8:45AM
12:00PM
12-3:00PM

Quilters, Knitters, and Crochet
Chair Yoga (Time change for tax prep February 14-April 10)
Trivia
Bridge (Looking for players 😊!)