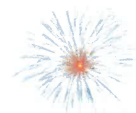
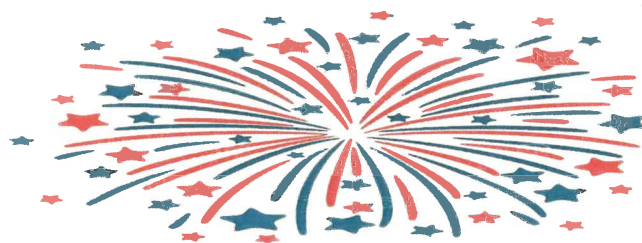


Lewiston Senior Center
4361 Lower River Road
Youngstown, New York 14174
(716)754-2071
molick@townoflewiston.us



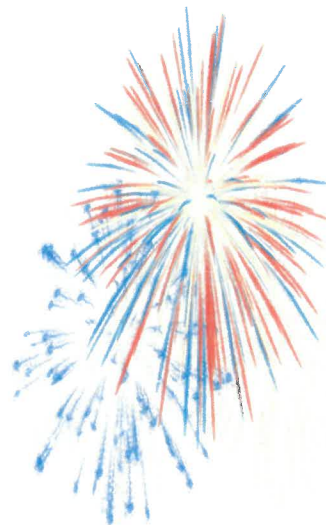
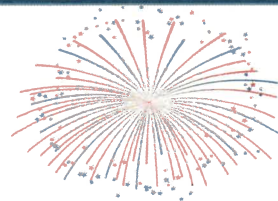
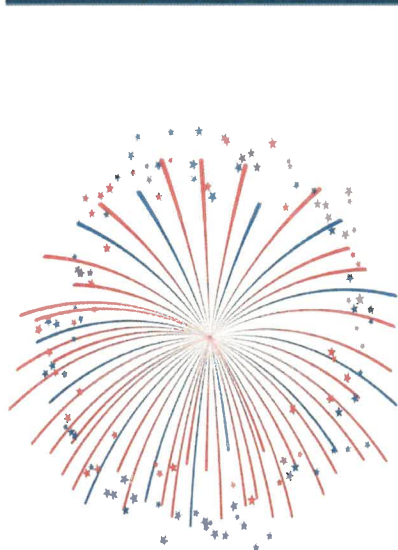
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July Newsletter

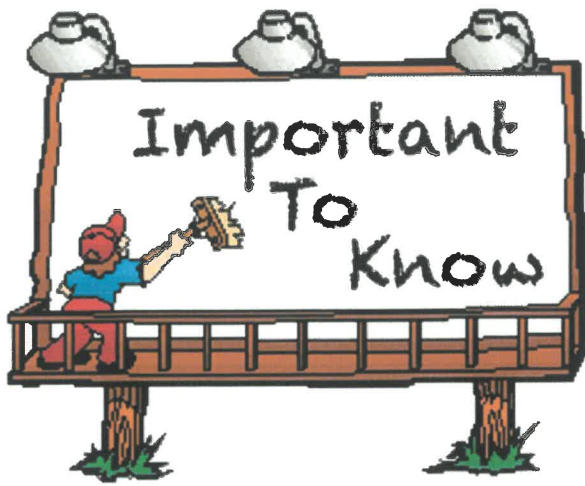
HAPPY

FOURTH OF JULY



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If you and your group use the Senior Center for an activity and you decide to cancel or change your day and/or time, please let me know in advance of this change or cancellation. Other activities may be taking place at your designated time and

day. In the event you decide to come on another day someone else may be using the building in your place! This is very busy place with lots of things going on and I need to keep all of my Ducks in a row!

Thank you!

Melinda



Lunch Information:

Remember to please sign up for lunch by Tuesday the week before you would like to attend. Thank you!

If you would like to reach Cheryl at the Senior Center

Please call 754-2071 extension 395

The Senior Center will be closed and no meals will be served on Thursday, July 4th in

Observance of Independence Day!

Our 4th of July Summer Fun Meal will be served on Wednesday, July 3rd, 2024 the delicious menu will include a Hot Dog on Roll, Baked Beans, Confetti Corn and Strawberry Shortcake

As always remember if you would like transportation for the lunch program provided by the Senior Van please let the office know so we can put you on the schedule.

Thank you!





Center Happenings!

Every Thursday During July

12:00-1:00PM

Game Time with Recreation!

Friday, July 12th and July 26th

11:00AM

**Intergenerational Storytime with
the Lewiston Library**

Tuesday, July 16th at 11:00 AM

**Speaker Historian Ken
Lewiston History**

Friday, July 19th 12:00PM

**Bar room Buzzards Concert
Live Music!**

Friday, July 26th at 1:00PM

**Flower Arranging
With Melissa**

**Frozen Treat Friday's Continue
for the Month of July!**

**Remember to wear your
thinking cap for Super Fun
Trivia on Fridays!**



THE TOWN OF LEWISTON SENIOR CENTER

Will be open 8:00am-4:00pm
Monday –Friday. It maintains
an open-door policy creating a
pleasant and healthy environ-
ment for Senior Citizens. The
caring staff is dedicated to the
well being of those who par-
ticipate in the many programs
and services offered.

Please check the calendar to
see what events and activities
we have planned this month.

We attempt to keep our news-
letter information as up-dated
as possible but occasionally
changes do happen after pub-
lication. Check our website
for updated information:

lewistonseniorcenter.com

You do not need to be a mem-
ber of the Senior Club to par-
ticipate in any of the pro-
grams offered at the Center!

The Niagara County Office for
the Aging Attorney is available
at the Center for Legal Ser-
vices the first Tuesday of eve-
ry month from 11:00am-
12:00pm. Please call the cen-
ter to schedule an appoint-
ment or for more infor-
mation.

A Driver Safety Classes are on
hold. Please contact the cen-
ter if you are would like to
participate.

If you any questions or com-
ments please feel free to con-
tact the Senior Center.

(716)754-2071

Thank You!



TOWN OF LEWISTON SENIOR CENTER CAREVAN

Transportation is provided for residents who would like to attend activities at the center and for medical appointments. However, donations are greatly appreciated but no Senior will be denied service due to an inability to pay. The Senior Van is in operation Monday through Friday from 8:30AM-3:00 PM. Arrangements must be made 24 hours in advance. Senior Van funding provided by the Town of Lewiston and the Niagara County Office for the Aging.

Who may use the Senior Van: The Senior Van may be used by Seniors 60 years or older, residing in the geographic limits of the Town of Lewiston. We do NOT have a wheel chair van. If you require ANY assistance, due to liability restrictions, you must have someone accompany you to provide the required assistance.

Service Priorities: Every van rider is important to us, Medical needs will be the first priority for service. Seniors requiring hospital or doctors care will be scheduled prior to any other need. In order to accommodate as many people as possible, you may have to be picked up earlier than you think necessary if there is more than one appointment scheduled for the same time. YOU MAY HAVE TO WAIT TO BE PICKED UP for your trip home.

Due to increased demand of our Van Service, the Senior Van will provide transportation for Shopping, Banking, and Hair Appointments as van availability allows. Please call the center for more information. This service is limited to the Village of Lewiston.

Client Location Conditions: Clients are expected to keep driveways clear of any obstacles (low hanging tree branches, ice/snow, and any other obstruction). If your location is determined by the driver to be impassable or hazardous, arrangement will be made to pick you up at another location.

Donations for Service: Travel within the Town of Lewiston will be at the rate of 50 cents per one trip and \$1.00 round trip. Travel outside of the Town of Lewiston will be at the following rates:

Summit Mall Medical \$4.00

Niagara Falls \$4.00

Youngstown \$ 3.00






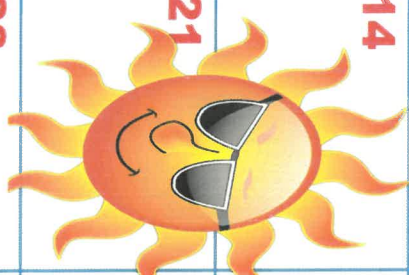








No Senior will be denied service due to an inability to pay.

The Van Drivers would like to remind you to “Buckle-Up” when you ride in the van.



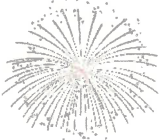






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch Program Monday-Friday 11:00AM-12:30PM	1 9:30 Chair Yoga 1:00 Pinochle 1-3:00 PM Art	2 9:30 Band Ex 10:30 B/P Screening NCOFA Lawyer 12:30 Senior Club 12:30 Euchre 1PM Bridge	3 9:30 Silver Sneakers 4th of July Lunch NO BINGO TODAY! 	4 Center Closed 	5 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:00-3:00Bridge	6  Every Friday!
7 Birthdays Are celebrated the first Tuesday of each Month 	8 9:30 Chair Yoga 1:00 Pinochle 1-3:00PM Art	9 9:30 Band Ex 12:30 Speaker 12:30 Euchre 1PM Tech 101 	10 9:30 Silver Sneakers 1:00 BINGO! 12-3:00 Mahjongg	11 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/Kathy 1PM Grief Support Group	12 9AM Quilters 9:30AM Chair Yoga 11AM Story Time Lewiston Library 12:00 Trivia 12:00-3:00Bridge	13 Frozen Treat Friday's! 
14 	15 9:30 Chair Yoga 1:00 Pinochle 1-3:00PM Art	16 9:30 Band Ex 10:30 B/P Screening 11AM History Speaker Ken 12:30 Euchre	17 9:30AM Silver Sneakers 1:00 BINGO! 12-3:00 Mahjongg	18 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/ Kathy 1PM Grief Support Group	19 9AM Quilters 9:30AM Chair Yoga 12:00-3:00Bridge 1PM Concert Bar Room Buzzards	20 
21 	22 9:30 Chair Yoga 9-12 Jeff Lewis BS/BS 1:00 Pinochle 1-3:00PM Art	23 9:30 Band Ex 12:30 Euchre 12:30 Travel Club 1PM Tech 101	24 9:30AM Silver Sneakers 1:00 BINGO! 12-3:00 Mahjongg	25 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/ Kathy 1PM Grief Support Group	26 9AM Quilters 9:30AM Chair Yoga 12:00 Bridge 1PM Flower Arranging 	27 
28 	29 9:30 Chair Yoga 1:00 Pinochle 1-3:00PM Art	30 9:30 Band Ex 12:30 Euchre	31 9:30AM Silver Sneakers 1:00 BINGO! 12-3:00 Mahjongg	This Summer Game Time w/ Recreation Kids will take place every Thursday 12:00-1:00PM	Friday, July 12th and July 26th 11:00AM Intergenerational Storytime with the Lewiston Library 	
				11:30AM-12:30PM Every Wednesday Feed More WNY's Mobile Farm Market Will be in the Senior Center Parking Lot Stop by to Purchase Fresh, Healthy, Affordable and Locally Grown Produce!		



Weekly Activities

	Monday	9:30AM	Chair Yoga
		1:00PM	Afternoon Art
		1:00PM	Pinochle (<u>Looking for new players 😊!</u>)
		9-12:00	Jeff Lewis BC/BS (The 4 th Monday of each Month)
	Tuesday	9:30AM	Resistance Band Exercise
		11-12:30	Lawyer NCOFA (1 st Tuesday of Each Month)
		12:30PM	Senior Club (1 st Tuesday of Each Month)
		12:30PM	Travel Club (4 th Tuesday of Each Month)
		1:00PM	Bridge (1 st Tuesday of Each Month Only)
		1:00PM	Technology 101 (2 nd & 4 th Tuesday of Each Month)
		12:30PM 1:30PM	Euchre Book Club (3 rd Tuesday of Each Month)
	Wednesday	9:30AM	Silver Sneakers
		10:30AM	Larks (Summer Break No larks July and August)
		1:00PM	BINGO
		12:00PM	Mahjongg (<u>Looking for new players 😊!</u>)
	Thursday	8:30AM	Mahjongg
		9:00AM	Wood Carvers (<u>New Carvers Welcome 😊!</u>)
		1:00PM	Exercise with Kathy
		1-3:00PM	Grief Support Group (Now Every Thursday)
	Friday	9:00AM	Quilters, Knitters, and Crochet
		9:30AM	Chair Yoga
		12:00PM	Trivia
		12-3:00PM	Bridge (<u>Looking for players to fill-in 😊!</u>)

Please Call the Senior Center (716) 754-2071 For more information 😊!