

PROUDLY PRESENTS

AZURE SOUL

A WOMEN'S WELLNESS RETREAT

A sanctuary by the ocean



17 – 21 OCTOBER 2026

Anelia Resort & Spa, Flic en Flac
Mauritius

€ 1,700

PER PERSON (TWIN SHARING)


A JOURNEY BACK TO YOU

Azure Soul Retreat is an invitation to slow down, breathe deeper and reconnect with your truest self. Nestled on the serene west coast of Mauritius, this 5-day experience blends holistic wellness, mindful practices and soulful connection in a breathtaking setting.

RETREAT HIGHLIGHTS

-  Gentle morning rituals: stretching, meditation & breathwork
-  Nourishing, soul-aligned cuisine with herbal infusions
-  Ocean immersion & mindful beach moments
-  Release & renewal practices for emotional wellbeing
-  An intimate circle of sisterhood & meaningful connection

WHAT'S INCLUDED

-  4 nights' accommodation (twin sharing)
-  Private room upgrade available for enhanced comfort
-  All meals & wellness refreshments
-  Guidance & holistic support for women navigating menopause & anxiety
-  Energy healing sessions
-  Handpicked excursions & bespoke island experiences

IMMERSE.
RELEASE.
BECOME.



VYANA RETREATS
Where life flows
back into balance.

FOR BOOKINGS & ENQUIRIES

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*You deserve this.
Your soul will thank you.*

