

ATV Safety 101

Personal protective equipment (PPE) and apparel

- **Wear a helmet:** Always wear a DOT-compliant helmet that is properly fitted.
- **Use eye protection:** Wear goggles or safety glasses to protect from dust, debris, and branches.
- **Protect your body:** Wear long sleeves, long pants, and over-the-ankle boots for protection against scrapes and hazards.
- **Use gloves:** Gloves protect your hands and improve your grip.
- **Use seatbelts:** If your ATV has seatbelts, make sure to wear them.

Riding practices

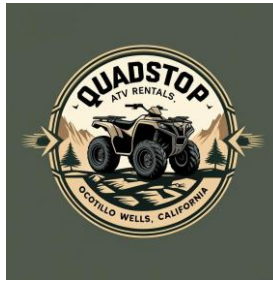
- **Stay on designated trails:** Only ride on trails designed for ATVs and avoid public roads and paved surfaces unless legally permitted to cross.
- **Ride sober:** Never operate an ATV while under the influence of alcohol or drugs.
- **Control speed:** Ride at a safe speed, and be extra cautious on difficult terrain.
- **Ride within your limits:** Ride an ATV that is appropriate for your size and skill level and know your capabilities.
- **Maintain your ATV:** Keep your vehicle in good working order by following the owner's manual and performing regular maintenance.
- **Ride with others:** Avoid riding alone so someone is available to help in case of an emergency.

Passenger and youth safety

Date _____

Signature _____

Print Name _____



- **Supervise young riders:** Closely supervise any rider younger than 16.
- **Match the ATV to the rider:** Ensure children are on age-appropriate youth models and never on adult ATVs.
- **Limit passengers:** Never carry a passenger on a single-rider ATV. If the ATV is designed for two, only carry one passenger, and make sure they are small enough to sit properly without affecting the rider's balance.
- **Keep limbs inside:**

Keep all arms and legs inside the ATV at all times.

For training and more info please check out

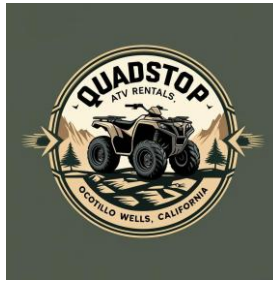
<https://atvsafety.org>

Your acknowledgment is the critical first step toward ensuring safety while operating a rental ATV. Serious accidents can and do happen when common safety practices are ignored. To protect yourself and others, you must adhere to established safety guidelines and understand the risks involved.

Date _____

Signature _____

Print Name _____



Common ATV dangers and risks

- **Rollovers:** ATVs have a high center of gravity and can become unstable and tip over easily, especially on uneven terrain or when turning at high speeds.
- **Collisions:** Collisions with other vehicles or stationary objects like trees can cause severe injury. This risk is significantly higher on paved roads, where the tires designed for off-road use can cause loss of control.
- **Being thrown off:** A rider can easily be thrown from the vehicle, which can result in head and spinal injuries.
- **Passenger-related accidents:** Carrying a passenger on a single-rider ATV raises the center of gravity and impairs your ability to control the vehicle.
- **Operator error:** Driving too fast for the conditions or riding beyond your skill level is a common cause of accidents, especially for inexperienced riders.
- **Impaired driving:** Operating an ATV under the influence of alcohol or drugs impairs judgment and reaction time, significantly increasing the risk of a crash.

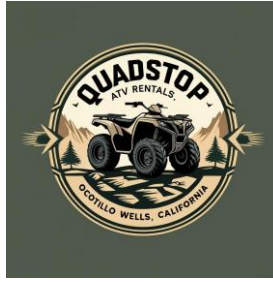
Essential safety guidelines for operating a rental ATV

- **Wear protective gear:** Always wear a DOT-compliant helmet. Goggles, gloves, long sleeves, long pants, and over-the-ankle boots are also essential to protect against injuries and debris.
- **Attend a safety course:** Take advantage of any hands-on safety training offered by the rental company. Courses teach proper techniques for riding, turning, and handling the ATV.
- **Read the owner's manual:** Familiarize yourself with the specific rental ATV, including its controls and performance characteristics, before you begin your ride.
- **Perform a pre-ride inspection:** Check the tire pressure, brakes, throttle, lights, and other controls before every ride to ensure the vehicle is in safe working order.

Date _____

Signature _____

Print Name _____



- **Stay off paved roads:** ATVs are designed for off-road use only. Their low-pressure, knobby tires handle poorly on pavement and can cause the machine to roll over.
- **Ride on designated trails:** Stick to authorized trails and paths. Do not ride on private property without permission.
- **Ride at a safe speed:** Adjust your speed for the terrain, visibility, and your skill level. Never ride faster than you can safely react to changing conditions.
- **Never carry extra passengers:** Do not carry a passenger on a single-rider ATV. Passengers can make the vehicle difficult to control and more likely to tip over.
- **Don't operate while impaired:** Never ride an ATV under the influence of alcohol or drugs.
- **Be aware of your surroundings:** Constantly look out for hazards like steep slopes, drop-offs, hidden obstacles, and low-hanging branches.

Date _____

Signature _____

Print Name _____