



# WATCHDOG

## FAMILY SAFETY GUIDE

EDITION 1.0

Helping families create safer homes,  
*one simple step at a time.*



## WATCHDOG APPLIANCE REPAIR EXPERTS

### OUR MISSION

Trusted Advice. Real Solutions. *We've Still Got Your Back.*  
Every Watchdog publication is built from practical,  
real-world experience to help homeowners make safer,  
smarter decisions and protect what matters most.



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# FAMILY SAFETY GUIDE

PRACTICAL TIPS. SMART HABITS. STRONGER FAMILIES.

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*We've Still Got Your Back.*

## WELCOME TO THE WATCHDOG FAMILY SAFETY GUIDE

At Watchdog Appliance Repair Experts, we believe true care goes beyond the repair. It's about protecting what matters most—your home, your loved ones, and your peace of mind.

This guide was created to help families build safer habits, prevent accidents, and be prepared for life's unexpected moments. Small steps today can prevent big problems tomorrow.

Use these pages as a quick reference, share them with the people you care about, and come back to them often. Because when we look out for each other, we all win.

*Thanks for being part of the Watchdog family.  
We've Still Got Your Back.*

*John & Max*

Watchdog Appliance Repair Experts

### WHAT YOU'LL FIND INSIDE



#### EVERYDAY SAFETY TOPICS

Simple, practical tips for common situations around your home and on the go.



#### FAMILY-FOCUSED GUIDANCE

Age-appropriate advice to help kids learn safe habits and make smart choices.



#### PREVENTION FIRST

Proven strategies to reduce risks and create a safer environment for everyone.



#### BE PREPARED

Essential steps to take before, during, and after an emergency.



#### QUICK REFERENCES

Easy-to-follow checklists and resources you can use right away.



#### OUR PROMISE

We treat every home like it's our own and every family like our family. Your safety and satisfaction are at the heart of everything we do.

#### STAY CONNECTED

For more tips, updates, and resources, join 'The Pack' and visit us online.

 [callwatchdog.com](https://www.callwatchdog.com)

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Use this guide to find the topics that matter most to your family.  
Small steps today. Safer tomorrows.

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**QUICK REFERENCE, LASTING IMPACT**  
Return often. Share with family and friends.  
A few minutes today can prevent a lifetime of what-ifs.

**SAFETY IS A FAMILY EFFORT.**  
*Together, we watch out for each other.*



### MADE FOR REAL LIFE

Short. Practical. Easy to use.  
Because safety should fit your life.

### HOW TO USE THIS GUIDE



#### FIND IT

Use the topics and page numbers to find what you need.



#### READ IT

Simple tips and checklists you can trust.



#### SHARE IT

Talk about it as a family and practice together.



#### USE IT

Make safety part of everyday life.

### TOPICS AT A GLANCE



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### A QUICK REMINDER

Emergencies can happen anytime.  
Keep important numbers handy.  
Post them. Program them.  
Practice them.

**BE PREPARED. BE PROTECTED.**

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# KEYS ARE NOT TOYS

***Small Object.  
Big Risk.***

Keys are small, hard, and tempting for little hands. They can cause serious injury or be a choking hazard.

- 1 Keep keys out of reach.
- 2 Store keys in a high place.
- 3 Teach children that keys are not toys.
- 4 Develop a safe “key home.”



**PRO TIP:** Make a habit — put your keys in the same safe spot every time you come home.





# CELL PHONES AND CHILDREN

## *Useful Tools — But Use With Care.*

Cell phones can be amazing tools, however they also come with real risks.

- 1 Use parental controls.
- 2 Set screen time limits.
- 3 Talk about online safety.
- 4 Keep phones out of bedrooms at night.



**PRO TIP:** Teach early — be involved, set boundaries, and stay aware of what they access.



FS-003

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# ONLINE PURCHASES & APPS

*Fun Can Turn  
Into Big Costs Fast.*

Many games and apps make it easy for kids to make purchases — often without meaning to.

- 1 Enable purchase approvals.
- 2 Use parental controls.
- 3 Remove saved payment methods.
- 4 Talk with kids about asking first.



**PRO TIP:** A few simple settings today  
can save a lot of money tomorrow.



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# TV & FURNITURE TIP-OVER

*Top-Heavy Items  
Can Be Dangerous.*

Tip-overs can happen in seconds  
and cause severe injuries.

- 1 Use wall anchors and anti-tip straps.
- 2 Place TVs away from furniture edges.
- 3 Keep remote controls out of reach when possible.
- 4 Teach kids: TVs are not toys.



**PRO TIP:** Five minutes of proper  
anchoring can prevent a tragedy.



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**FS-005**

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# SMALL APPLIANCES & POWER CORDS

*Everyday Items.  
Hidden Hazards.*

Small appliances and loose or damaged cords can cause burns, electrical shocks, or fires.

- 1 Inspect cords regularly.
- 2 Replace damaged or frayed cords.
- 3 Keep cords out of walkways.
- 4 Unplug appliances when not in use.
- 5 Never overload outlets or power strips.



**PRO TIP:** Make it a habit — do a monthly “cord check” to keep your home safe and your family protected.



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# PLASTIC BAGS ARE NOT TOYS

*They May Seem Harmless.  
They Can Be Deadly.*

Plastic bags can block the nose and mouth or cause suffocation — in seconds.

- 1 Keep all plastic bags out of reach.
- 2 Store bags in a secure, closed container.
- 3 Never let children play with bags.
- 4 Dispose of bags immediately.
- 5 Use reusable bags when possible.



**PRO TIP:** A closed container or a high shelf takes just a moment and can save a life.



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# CHOKING HAZARDS

*Small Items Can Cause  
Big Problems.*

Young children explore the world with their mouths. Small objects can cause choking in seconds.

- 1 Keep small items out of reach.
- 2 Avoid foods that are a choking risk for young children.
- 3 Check toys for age recommendations.
- 4 Keep balloons and deflated pieces away.
- 5 Supervise during play and mealtime.



**PRO TIP:** If an item can fit through a toilet paper tube, it's small enough to be a choking hazard.



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# HOT CAR SAFETY

*It Can Heat Up Fast.  
It Can Be Fatal.*

The inside of a car can reach deadly temperatures in minutes — even with the windows cracked.

- 1 Never leave a child or pet in a vehicle.
- 2 Check the back seat every time.
- 3 Lock doors and keep keys out of reach.
- 4 Set a reminder or use a phone alert.
- 5 Make it a habit — every trip, every time.

| ! INSIDE CAR TEMP |                      |
|-------------------|----------------------|
| OUTSIDE           | INSIDE               |
| 70°F              | → 104°F<br>in 30 min |
| 80°F              | → 114°F<br>in 30 min |
| 90°F              | → 124°F<br>in 30 min |
| 100°F             | → 134°F<br>in 30 min |



If you see a child or pet in a hot car,  
call 911 immediately.



**PRO TIP:** Put something important in the back seat with your child (wallet, phone, or purse) so you always have a reason to open the door.



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FS-009

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# SCHOOL & STREET SAFETY

*Smart Choices Today.  
Safe Futures Tomorrow.*

A little awareness and good habits help keep kids safe on the way to and from school and everywhere they go.

- 1 Use crosswalks and follow signals.
- 2 Look left, right, then left again before crossing.
- 3 Stay on sidewalks and walk facing traffic.
- 4 Never talk to strangers. Go to a safe adult if you need help.
- 5 Be aware of your surroundings. Avoid distractions.



**PRO TIP:** Practice your route with your child. Talk about safe places they can go if they ever feel unsafe.



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# HIDDEN HOUSEHOLD HAZARDS

*They're Easy to Miss.  
But Not the Consequences.*

Many everyday items around the home  
can be dangerous to curious kids.  
A safe home is a aware home.

- 1 Keep cabinets with chemicals, medications, and cleaning products locked or latched.
- 2 Store all medications, vitamins, and supplements up high and locked.
- 3 Keep lighters, matches, and candles out of reach.
- 4 Secure cords, blind pulls, and window coverings.
- 5 Watch for sharp corners, unsecured furniture, and open drawers.

## COMMON HAZARDS TO WATCH FOR



**CLEANING PRODUCTS**  
Keep locked up.



**MEDICATIONS**  
Store up high.



**FIRE STARTERS**  
Keep out of reach.



**ELECTRICAL OUTLETS**  
Use safety covers.



**CORDS & BLIND PULLS**  
Secure and shorten.



**TIP-OVER RISKS**  
Anchor furniture.



**SHARP OBJECTS**  
Store safely.



**POISONOUS PLANTS**  
Know what's toxic.



**TRASH & LATCHES**  
Lock or secure.



**PRO TIP:** Get down on your knees and look around your home from a child's point of view. You'll see dangers you might never have noticed before.



**AWARE TODAY.  
SAFE TOMORROW.**

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# KNOWLEDGE TODAY. SAFETY EVERY DAY.

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## SAFER HOMES. STRONGER FAMILIES. BETTER TOMORROWS.

This guide is more than tips and checklists—it's a resource you can count on for everyday life.

Use it. Share it. Come back to it often. Because when we look out for each other, we all win.



**SAFETY IS  
A FAMILY EFFORT.**  
*Together, we watch  
out for each other.*



### OUR MISSION

*To provide honest service,  
real solutions, and peace of mind  
while helping families create  
safer homes and stronger futures.*

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## MAKE SAFETY A DAILY HABIT



**Stay informed**  
Learn something  
new each time.



**Take action**  
Small steps now can  
prevent big problems.



**Talk together**  
Open conversations  
build smart habits.



**Be prepared**  
Know what to do  
before an emergency.



**Look out for others**  
A safer community  
starts with all of us.

### YOUR GUIDE. YOUR RESOURCE.



**KEEP IT HANDY**  
Store this guide in an easy  
to find place at home.



**PRINT & SHARE**  
Print extra copies for family,  
friends, or neighbors.



**VISIT US ONLINE**  
Find updates, bonus resources,  
and more safety tips.

### VISIT US ONLINE



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*Tips • Updates • Resources  
Exclusive to Our Pack*

### WE'RE PROUD TO SERVE THE TREASURE COAST



St. Lucie County  
Martin County  
Indian River County



Thank you for trusting  
Watchdog Appliance Repair Experts.  
*We appreciate the opportunity to  
serve you and your family.*



### OUR PROMISE TO YOU

We treat every home like it's our own and every family like our family. You can count on us for honest service, reliable solutions, and peace of mind—today and for years to come.  
*We've Still Got Your Back.*

### TOGETHER, WE MAKE A DIFFERENCE.

A safer home. A stronger family.  
A better community.



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We Diagnose. We Repair. We Care.  
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