



policies and client agreement form

Client Information

name: _____ date of Birth: _____

cell: _____ home phone: _____ work phone: _____

about massage and your private session

Professional massage therapy has many health benefits which include, but not limited to, relaxation, stress reduction and management, pain management and reduce muscular tension. Massage can help you sleep better, be more alert, improve muscle tone, facilitate healing and help to improve athletic performance.

Know you are in control of your massage session. Communication between you and your massage therapist is essential for a balanced and healthful massage. Should anything feel uncomfortable or is painful, please let your therapist know so adjustments can be made in pressure or technique.

Your session is private and any medical information discussed during the session or on the intake form is confidential. In some cases, it may be necessary to discuss medical issues with you doctor or other healthcare provider. In these cases, your therapist will ask permission to talk with them regarding such conditions and a release form signed prior to any such discussions.

policies

- *Cancellations* – A 24-hour notice is appreciated to cancel your personally scheduled massage session. This will allow the therapist to open that time for someone else.
- *Tardiness* – Your massage therapist has specifically set aside time for you. If you are late, will session will still end at the scheduled time for respect of others that may be scheduled after your time. You will be responsible for full payment of the session.
- *Missed Appointments*: If you miss your appointment, you are still liable for full payment of the session. Payment must be made prior to any future appointments.
- *Method of Payment*: Payment is expected at the end of your session. Cash, check, Visa/MC/American Express accepted. A \$25.00 fee for any returned checks will be assessed.
- *Insurance* – Insurance billing is the responsibility of the Client.
- *Personal Hygiene & Dress* – Cleanliness is a must in this business. Please always shower/bath prior to your scheduled session. Dress is loose comfortable clothing.
- *Health* – Because some health conditions are contraindicated for massage, we may ask to speak to your healthcare professional prior to any massage. In some cases, a signed release by your doctor may be required.

client agreement

It is my choice to receive massage therapy. I am aware of the benefits and risks of massage and give my consent for massage. I understand that there is no implied or stated guarantee of success of effectiveness of individual techniques or series of appointments. I acknowledge that massage therapy is not a substitute for medical care, medical examination or diagnosis. I have stated all medical conditions that I am aware of and will inform my practitioner of any changes in my health status. I am responsible for all charges for all service provided. I understand that the american massage therapy association® has provided this form as a reference and is not held liable for any services provided.

signature

date

signature of parent or legal guardian (if client if a minor)

date