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Modern Allergy Management

# Research Test

Food

| Description | |
|---|---|
| Yerba Mate Tea | |
| Yeast | |
| > Whitefish | |
| > White Wine | |
| > White Tea | |
| > White Pepper | |
| > Whisky | |
| > Wheat (whole grain) | |
| > Wheat (ground) | |
| > Watermelon | |
| > Watercress | |
| > Walnuts | |
| > Vodka | |
| > Vinegar (white) | |
| > Vinegar (malt) | |
| > Vinegar (apple cider) | |
| > Venison | |
| > Vegetable Fat | |
| > Veal | |
| > Vanilla | |
| > Turnip | |
| > Turmeric | |
| > Turkey | |
| > Trout (sea) | |
| > Trout (brown) | |
| > Tomatoes (cooked) | |
| > Thyme | |
| Tequila | |
| Tea (green) | |
| Tea (black) | |
| > Artificial sweetener | |
| > Swede | |
| > Sunflower Oil | |
| > Sugar (white) | |
| > Sugar (brown) | |
| > Strawberries | |
| > BLUE CHESSE | |
| > Spinach | |
| > Soya Bean | |
| > Soy Sauce | |
| > Soy | |
| > Sour Cream | |
| > Smoked herring, bloater | |
| > Shrimp | |
| > Shitake Mushroom | |
| > Shellfish | |
| > Sesame seed | |
| > Sardine | |
| > Sambuca | |
| > Salt | |
| > Salmon | |
| > Sage | |
| > Runner Beans | |




| | |
|---|---|
| > Rum | |
| > Rosemary | |
| > Rooibos Tea | |
| > Romaine Lettuce | |
| > Roe-deer | |
| > Rock Candy | |
| > Rice (white) | |
| > Rice (brown) | |
| > Red Wine | |
| > Red Leicester | |
| > Red Kidney Bean | |
| > Raspberries | |
| > Rapeseed (Canola Oil) | |
| > Raisins | |
| > Rabbit | |
| > Quinoa | |
| > Quince | |
| > Pumpkin seed | |
| > Pumpkin | |
| > Prunes (raw) | |
| > Prosecco | |
| > Potatoes | |
| > Portobello Mushroom | |
| > Pork Sausage | |
| > Pork | |
| > Poppy Seed | |
| > Pomegrantes | |
| > Pomegranate Juice | |
| > Plums | |
| > Flat Fish | |
| > Pink Lady Apple | |
| > Pineapple Juice | |
| > Pineapple | |
| > Pine Nut | |
| > Pig's Liver | |
| > Peppermint Oil | |
| > Pepper (black) | |
| > Pecan Nuts | |
| > Peas (garden) | |
| > Peas (field) | |
| > Pears | |
| > Peanuts | |
| > Peaches | |
| > Passionfruit | |
| > Parsley | |
| > Paprika | |
| > Papaya | |
| > Oyster Sauce | |
| > Oyster Mushroom | |
| > Oyster | |
| > Ox Liver | |
| > Ovaltine | |
| > Oranges | |
| > Orange Juice | |
| > Oolong Tea | |
| > Olives (green) | |
| > Olive Oil | |
| > Okra | |
| > Oats (porridge) | |
| > Oatmeal | |




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|---|---|
| > Nutmeg | |
| > Noodles | |
| > Mutton | |
| > Mustard | |
| > Mussels, general | |
| > Mushrooms | |
| > Molasses | |
| > Mint (fresh) | |
| > Millet | |
| > Milk (goats) | |
| > Milk (cows) | |
| > Marshmallow Tea | |
| > Maple Syrup | |
| > Mango | |
| > Maize Flour | |
| > Mackerel | |
| > Macadamia Nuts | |
| > Lobster | |
| > Lentils | |
| > Lemons | |
| > Lemonade | |
| > Leek | |
| > Lamb's Liver | |
| > Lager | |
| > Lactose | |
| > Kiwis | |
| > Karaya Gum | |
| > Kale | |
| > Jazz Apple | |
| > Iceberg Lettuce | |
| > Horse Radish | |
| > Horse | |
| > Hops | |
| > Honeydew Melon | |
| > Honey | |
| > Herring | |
| > Hazelnuts | |
| > Hare | |
| > Halibut | |
| > Guava | |
| > Grapes (whites) | |
| > Grapes (Red) | |
| > Grapefruit (Pink) | |
| > Granny Smith Apple | |
| > Granary Bread | |
| > Gooseberries (raw) | |
| > Goose | |
| > Golden Delicious Apple | |
| > Goat | |
| > Ginger | |
| > Gin | |
| > Gelatin | |
| > Garlic | |
| > Galia Melon | |
| > Gala Apple | |
| > Fuji Apple | |
| > Flaxseed | |
| > Fig | |
| > Fennel Fresh | |
| > evaporated milk | |




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|---|---|
| > Escarole Lettuce | |
| > Endive | |
| > Egg Yolk | |
| > Egg White | |
| > Eel | |
| > Edamame beans | |
| > Earl Grey Tea | |
| > E 967 Xylitol | |
| > E 966 Lactite | |
| > E 965 Maltit | |
| > E 959 Neohesperidin DC | |
| > E 957 Thaumatin | |
| > E 954 Saccharin | |
| > E 953 Isomalt | |
| > E 952 Cylclamate | |
| > E 951 Aspartame | |
| > E 950 Acesulfame K | |
| > E 938 Argon | |
| > E 927 Carbanide | |
| > E 912 Montanic Acid Ester | |
| > E 904 Shellac | |
| > E 903 Carnauba wax | |
| > E 902 Candelilla wax | |
| > E 901 Bees wax, white and yellow | |
| > E 635 Disodium 5 | |
| > E 634 Calcium 5 | |
| > E 633 Dicalcium ionisate | |
| > E 632 Dipotassium ionisate | |
| > E 631 Disodium ionisate | |
| > E 630 Inosonic Acid | |
| > E 629 Calcium guanylate | |
| > E 628 Dipotassium guanylate | |
| > E 626 Guanylic Acid | |
| > E 625 Magnesium Diglutamate | |
| > E 624 Monoammmonium glatatmate | |
| > E 623 Calcium Diglutamate | |
| > E 622 Monopotassium glatamate | |
| > E 621 Monosodium Glatamate | |
| > E 620 Glutamic Acid | |
| > E 585 Iron-ll-lactate | |
| > E 579 Iron-ll-gluconate | |
| > E 578 Calcium Gluconate | |
| > E 577 Potassium Gluconate | |
| > E 570 Stearic Acid | |
| > E 558 Bentonite | |
| > E 556 Aluminium Calcium Silicate | |
| > E 552 Calcium Sillicate | |
| > E 55 Aluminium Potassium Silicate | |
| > E 541 Sodium Aluminium Phosphate | |
| > E 538 Calium Ferrocyanide | |
| > E 535 Sodium Ferrocyanide | |
| > E 530 Magnesium Oxide | |
| > E 526 Calcium Oxide | |
| > E 525 Potassium Hydroxide | |
| > E 524 Sodium Hydroxide | |
| > E 523 Aluminium Ammonium Sulphate | |
| > E 522 Aluminium Potassium Sulphate | |
| > E 520 Aluminium Sulphate | |
| > E 517 Ammonium Sulphate | |
| > E 515 Potassium Sulphate | |




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|---|---|
| > E 514 Sodium Sulphate | |
| > E 513 Sulphuric Acid | |
| > E 512 Tin II Chloride | |
| > E 511 Magnesium Chloride | |
| > E 509 Calcium Chloride | |
| > E 508 Potassium Chloride | |
| > E 507 Hydrochloric Acid | |
| > E 503 Ammonium Carbonate | |
| > E 501 Potassium Carbonate | |
| > E 500 Sodium Carbonate | |
| > E 495 Sorbiatan Monopalmitate | |
| > E 494 Sorbitan Mono-oleate | |
| > E 493 Sorbitan MonolauDescription | |
| > E 492 Sorbitan TristeaDescription | |
| > E 483 Stearyl TartDescription | |
| > E 482 Calcium Stearyol | |
| > E 481 Sodium Stearyol | |
| > E 479 Thermo-oxidised soya oil | |
| > E 477 Propane | |
| > E 476 Polyglycerol polyricinoleate | |
| > E 475 Polyglycerol esters of fatty acids | |
| > E 474 Sucroglycerides | |
| > E 473 Sucrose esters | |
| > E 472 Mixed acetic and tartaric acid esters | |
| > E 472 E Mono- and diacetyltartaric acid esters | |
| > E 472 D Tartaric acid esters of mono and diglycerides | |
| > E 472 C Citric acid esters of mono and diglyceries | |
| > E 472 B Lactic acid esters of mono and diglycerides | |
| > E 472 A Acetic acid esters of mono and diglycerides | |
| > E 471 Mono- and diglyceride | |
| > E 466 Carboxymethylcellulose | |
| > E 465 Ethylmethylcellulose | |
| > E 464 Hydroxypropylmethylcellulose | |
| > E 463 Hydroxypropylcellulose | |
| > E 461 Methylcellulose | |
| > E 460 Cellulose | |
| > E 452 Polyphosphate | |
| > E 451 Triphosphate, Phosphate | |
| > E 450 Diphosphate, Phosphate | |
| > E 445 Glycerine ester of root | |
| > E 444 Sucrose-acetate-isobutyl | |
| > E 442 Ammonium phosphatides | |
| > E 440 Pectin | |
| > E 436 Polyoxyethylene-sorbitan-tristeaDescription | |
| > E 435 Polyoxyethylene-sorbitan-monosteaDescription | |
| > E 434 Polyoxyethylene-sorbitan-monopalmitate | |
| > E 432 Polyoxyethylene-sorbitan-mono-oleate | |
| > E 422 Glycerine | |
| > E 421 Mannite | |
| > E 417 Tara Meal | |
| > E 415 Xanthan gum | |
| > E 414 Gum arabic | |
| > E 412 Guar Gum | |
| > E 410 Locus Bean Gum | |




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|---|---|
| > E 407 Carrageenan | |
| > E 407 A Eucheuma Alga | |
| > E 406 Agar | |
| > E 405 Propylene glycol alginate | |
| > E 404 Calcium Alginate | |
| > E 403 Ammonium Alginate | |
| > E 402 Potassium Alginate | |
| > E 401 Sodium Alginate | |
| > E 380 Triammonium CitDescription | |
| > E 363 Succinic Acid | |
| > E 356 Sodium Adipate | |
| > E 355 Adipic Acid | |
| > E 354 Calcium Tarttrae | |
| > E 353 Metatartaric Acid | |
| > E 352 Calcium Malate | |
| > E 351 Potassium Malate | |
| > E 350 Sodium malate | |
| > E 341 Monocalcium phosphate | |
| > E 340 Monopotassium phosphate | |
| > E 339 Monosodium phospate | |
| > E 338 Orthophosphoric Acid | |
| > E 336 Monopotassium tartDescription | |
| > E 335 Monosodium tartDescription | |
| > E 334 Tartaric Acid | |
| > E 333 Monocalcium CitDescription | |
| > E 332 Monopotassiume CitDescription | |
| > E 331 Monosodium CitDescription | |
| > E 330 Citric Acid | |
| > E 327 Calcium Lactate | |
| > E 326 Potassium Lactate | |
| > E 325 Sodium Lactate | |
| > E 322 Lecithin | |
| > E 321 Butylated Hydroxytoluene | |
| > E 316 Sodium isoascorbate | |
| > E 315 Isoascorbic Acid | |
| > E 312 Dodecyl gallate | |
| > E 311 Octyl gallate | |
| > E 310 Propyl gallate | |
| > E 309 Delta-tocopherol | |
| > E 308 Gamma-tocopherol | |
| > E 306 Natural Tocopherols | |
| > E 304 Ascorbyle Palmitate | |
| > E 302 Calcium L-ascorbate | |
| > E 301 Sodium L-ascorbate | |
| > E 300 Ascorbic Acid | |
| > E 296 Malic Acid | |
| > E 296 Fumaric Acid | |
| > E 283 Potassium Propionate | |
| > E 281 Sodium Propionate | |
| > E 280 Propionic Acid | |
| > E 270 Lactic Acid | |
| > E 262 Sodium Acetate | |
| > E 261 Potassium Acetate | |
| > E 260 Acetic Acid | |
| > E 252 Potassium NitDescription | |
| > E 251 Sodium NitDescription | |
| > E 250 Sodium Nitrite | |
| > E 249 Potassium Nitrite | |
| > E 242 Dimethyl Dicarbonate | |
| > E 239 Hexamethylene-tetramine | |




| | |
|---|---|
| > E 234 Nisin | |
| > E 233 Thiabendazole | |
| > E 227 Calcium hydrogen sulphite | |
| > E 226 Calcium Sulphite | |
| > E 224 Potassium metabisulphite | |
| > E 223 Sodium metabisulphite | |
| > E 222 Sodium hydrogen sulphite | |
| > E 221 Sodium Sulphite | |
| > E 220 Sulphur Dioxide | |
| > E 219 Sodium methyl-para-hydroxbenzoate | |
| > E 217 Sodiumpropyl-para-hydroxbenzoate | |
| > E 215 Sodium Ethyl-para-hydroxybenoate | |
| > E 214 Ethyl-para-hyrdoxybenzoate | |
| > E 213 Calcium Benzoate | |
| > E 211 Sodium Benzoate | |
| > E 210 Benzoic Acid | |
| > E 203 Calcium Corbat | |
| > E 202 Potassium Sorbate | |
| > E 200 Sorbic Acid | |
| > E 180 Lithol Rubine | |
| > E 175 Gold | |
| > E 174 silver | |
| > E 173 Aluminum | |
| > E 172 Iron Oxides | |
| > E 171 Titanium Dioxide | |
| > E 170 Calcium Carbonate | |
| > E 163 Anthocyanins | |
| > E 161 G Canthaxanthin | |
| > E 160 C Capsanthin, Capsorubin | |
| > E 160 A Carotene | |
| > E 154 Brown FK | |
| > E 152 Vegetable Carbon | |
| > E 1518 Glycerine Triacetate | |
| > E 151 Brilliant Black BN, Black PN | |
| > E 1505 Triethyl CitDescription | |
| > E 150 D Ammonium Sulphite Caramel | |
| > E 150 Caramel | |
| > E 150 C Ammoniac Caramel | |
| > E 150 B Sulphite Lye Caramel | |
| > E 1450 Starch Sodium Octenylsucciante | |
| > E 1442 Hydroxypropyl Di-Starch Phosphate | |
| > E 1440 Hydroxypropyl Starch | |
| > E 1420 Acetylised Starch | |
| > E 142 Green | |
| > E 1414 Acetylised Di-Starch Phosphate | |
| > E 1413 Phosphatised Di-Starch | |
| > E 1412 Di-Starch Phosphate | |
| > E 1410 Monostarch Phosphate (modified starch) | |
| > E 141 Chlorophylls | |
| > E 1404 Oxidierte Starch | |
| > E 140 Chlorophylls and Chlorophyllins | |
| > E 133 Brilliant Blue FCF | |
| > E 132 Indigo Carmine | |
| > E 131 Patent Blue V | |
| > E 129 Allura Red AC | |
| > E 128 Rot 2 G | |
| > E 127 Erythrosine | |
| > E 124 Ponceau 4R | |
| > E 122 Carmoisine | |
| > E 120 Cochineal, Carminic Acid, Carmine | |




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|---|---|
| > E 104 Quinoline Yellow | |
| > E 101 Riboflavin | |
| > E 100 Curcumin | |
| > Duck | |
| > Dry Roasted Peanuts | |
| > Dill | |
| > Dates | |
| > Currants (red & black) | |
| > Cumin | |
| > Cress | |
| > Cream Cheese | |
| > Cream | |
| > Crayfish | |
| > Cranberry Juice | |
| > Cranberries | |
| > Crab | |
| > Cornflakes | |
| > Cola Soda | |
| > Coffee sub made from barley | |
| > Coffee (black) | |
| > Cod Liver oil | |
| > Cod Fish | |
| > Coconut Oil | |
| > Coconut | |
| > Cocoa | |
| > Clove | |
| > Clams | |
| > Cinnamon | |
| > Chicory Lettuce | |
| > Chickpea | |
| > Chicken | |
| > Chestnut Mushroom | |
| > Chestnut | |
| > Cherries (raw) | |
| > Cheddar cheese | |
| > Champagne | |
| > Celery (raw) | |
| > Cauliflower | |
| > Cashew Nut | |
| > Carrot | |
| > Caraway | |
| > Carambola | |
| > Capsicum (yellow) | |
| > Capsicum (red) | |
| > Capsicum (green) | |
| > Camomile Tea | |
| > Cabbage (white) | |
| > Cabbage (red) | |
| > Button Mushroom | |
| > Butter Lettuce | |
| > Butter (salted) | |
| > Butter | |
| > Brussel Sprouts | |
| > Bread (white) | |
| > Bread (rye) | |
| > Bread (brown) | |
| > Bread (baguette | |
| > Brazil Nut | |
| > Braeburn Apple | |
| > Boiled Milk | |




| | |
|---|---|
| > Billberries | |
| > beta-Lactoglobulin | |
| > Bell Pepper (yellow) | |
| > Bell Pepper (red) | |
| > Bell Pepper (orange) | |
| > Beets | |
| > Beer Alcohol | |
| > Beef Jerky | |
| > Beef (meat from cattle) | |
| > Beans (white) | |
| > Beans (lima) | |
| > Beans (green) | |
| > Beans (broad) | |
| > Bay Leaf | |
| > Basil | |
| > Barley | |
| > Banana | |
| > Bacon | |
| > Avocado | |
| > Aubergine | |
| > Asparagus | |
| > Artichoke | |
| > Apricots | |
| > Apples | |
| > Apple Juice | |
| > Aniseed | |
| > Ale Alcohol | |
| > Alcohol | |
| > Acetic Acid | |
| > Acai Berry | |