

## Patient Intake Form

**Patient Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Date of Birth:** \_\_\_/\_\_\_/\_\_\_

**Height:** \_\_\_\_\_ **Weight now:** \_\_\_\_\_ **one year ago:** \_\_\_\_\_ **Do you smoke? Y/N**

**Main problem(s):** You would like treated \_\_\_\_\_

When did this problem begin? \_\_\_\_\_

What are the possible causes of current issue(s)? \_\_\_\_\_

Have you been given a diagnosis for this problem? If so, what? \_\_\_\_\_

To what extent does this problem interfere with your daily activities (work, sleep, etc.)?

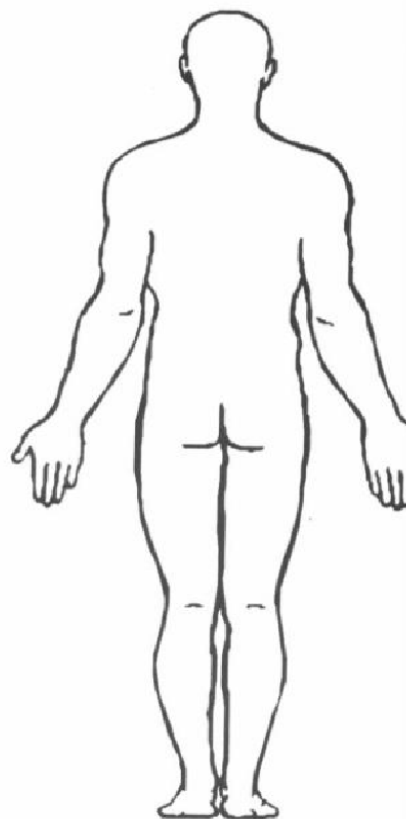
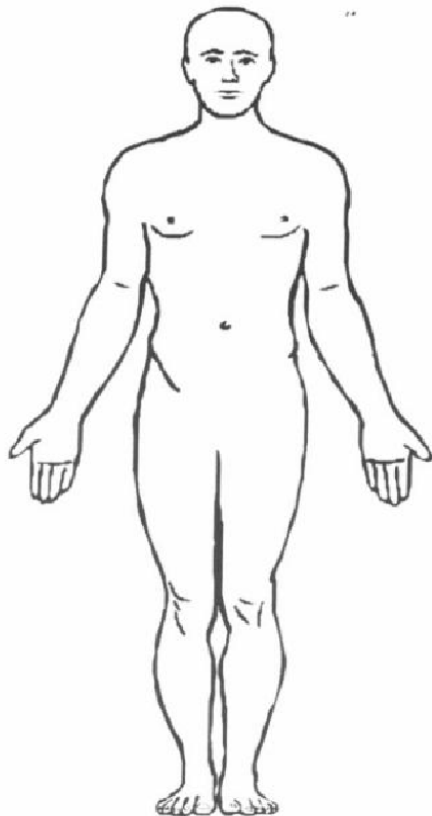
What kind of treatment(s) have you tried? \_\_\_\_\_

What makes this problem worse? \_\_\_\_\_

What makes it better? \_\_\_\_\_

Is there anybody in your family with the same/similar problem? \_\_\_\_\_

**Indicate painful or distressed area:**



**Please check if you have any of the following diseases or conditions.**

- Poor appetite(胃口差)    Poor sleeping(睡眠差)    Fatigue(乏力)    Fever(发热)
- Chills(发冷)    Night sweats(盗汗)    Sweat easily(自汗)    Tremors(震颤, 发抖)
- Desire for spicy food(嗜食辛辣食物)    Desire cold foods(嗜食冷饮)
- Strong thirst (cold or hot drinks) (烦渴)
- Cold hands/feet(手足冷)    Swelling of hands/feet(手足肿胀)    Numbness(麻木)
- Tingling(刺痛)
- Fainting(头晕)    Blurry vision(视力模糊)    High/Low blood pressure(高/低血压)
- Palpitation(心慌)    Chest pain(胸痛)    Bleed or bruise easily(容易出血或瘀青)
- Earaches(耳痛)    Ringing in ears(耳鸣)    Poor hearing(耳聋)    Bad breath(口臭)
- Persistent cough(持续性咳嗽)    Coughing blood(咯血)
- Production of phlegm (痰) – What color? \_\_\_\_\_
- Bloating(腹胀)    Abdominal pain/cramps(腹痛/抽筋)    Indigestion(消化不良)
- Acid Reflux(胃酸反流)    Nausea(恶心)    Vomiting(呕吐)    Belching(嗝气)
- Diarrhea(腹泻)    Constipation(便秘)    Gas(放屁)    Black stools(黑便)
- Blood in stools(便血)    Hemorrhoids(痔疮)
- Frequency of bowel movements (大便次数) \_\_\_\_\_
- Frequent urination(尿频)    Urgent to urinate(尿急)    Pain on urination(尿痛)
- Blood in urine(血尿)    Unable to hold urine(遗尿)    Dribbling(尿淋漓不尽)
- Pause of flow(尿中断)

**Female**

- First day of last period (末次月经的第一天) \_\_\_\_\_ Age of first menses(初潮年龄) \_\_\_\_\_
- Duration of periods(经期) \_\_\_\_\_ days, cycle (周期) \_\_\_\_\_ days
- Clots(血块)    Hot flashes(崩漏)    Irregular periods (月经不调)    Pain/cramps prior/during periods(经期/经间期疼痛、痉挛)    Vaginal/genital discharge (分泌物异常)
- Breast tenderness (乳房触痛)    Breast lumps (乳房肿块)
- Endometriosis(子宫内膜异位症)    Fibroids(纤维瘤)    Ovarian cysts (卵巢囊肿)
- Fertility problems (生育障碍)

**Male**

- Prostate problems (前列腺问题)     Discharge(分泌物异常)     Impotence(性无能)
- Frequent seminal emission(频繁遗精)     Fertility problems(生育问题)
- Ejaculation problems (射精问题)     Painful/swollen testicles(睾丸疼痛/肿胀)
- Other(其它) \_\_\_\_\_

**Recent Medical Tests or Procedures** (please indicate test results and dates below)

\_\_\_\_\_  
\_\_\_\_\_

**Past Medical History:** (Please include month/year when the diagnose was established)

- Cancer(癌症)     Diabetes(糖尿病)     Hepatitis(肝炎)     Thyroid Dz(甲状腺疾病)
- Seizures(癫痫)     Fibromyalgia(纤维肌痛)     Arthritis(关节炎)     TB(结核病)
- Anemia(贫血)     Hypertension(高血压)     Asthma (哮喘)
- Heart Dz(心脏病)     Digestive Disorder(消化障碍)     HIV/AIDS Positive(艾滋病)
- Venereal Dz(性病)     Other(其它) (please specify): \_\_\_\_\_

**Surgeries (手术)** \_\_\_\_\_ **Hospitalization (住院)** \_\_\_\_\_

**Significant trauma(严重外伤)** \_\_\_\_\_

**Allergies(过敏) to:** \_\_\_\_\_

**Family Medical History** (Please specify family member) \_\_\_\_\_

- Hypertension(高血压)     Heart Dz(心脏病)     Stroke(中风)     Asthma(哮喘)
- Alcoholism(酗酒)     Cancer(癌症)     Miscarriage(流产)
- Diabetes(糖尿病)     Other(其它) \_\_\_\_\_

**Medicines:** Taken within the last two months (Including vitamins, over the counter drugs, herbs, etc.)

- 1. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Purpose: \_\_\_\_\_
- 2. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Purpose: \_\_\_\_\_
- 3. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Purpose: \_\_\_\_\_

***I understand the above information and guarantee this form was completed correctly to the best of my knowledge.***

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Adult Patient     Parent or Guardian     Spouse