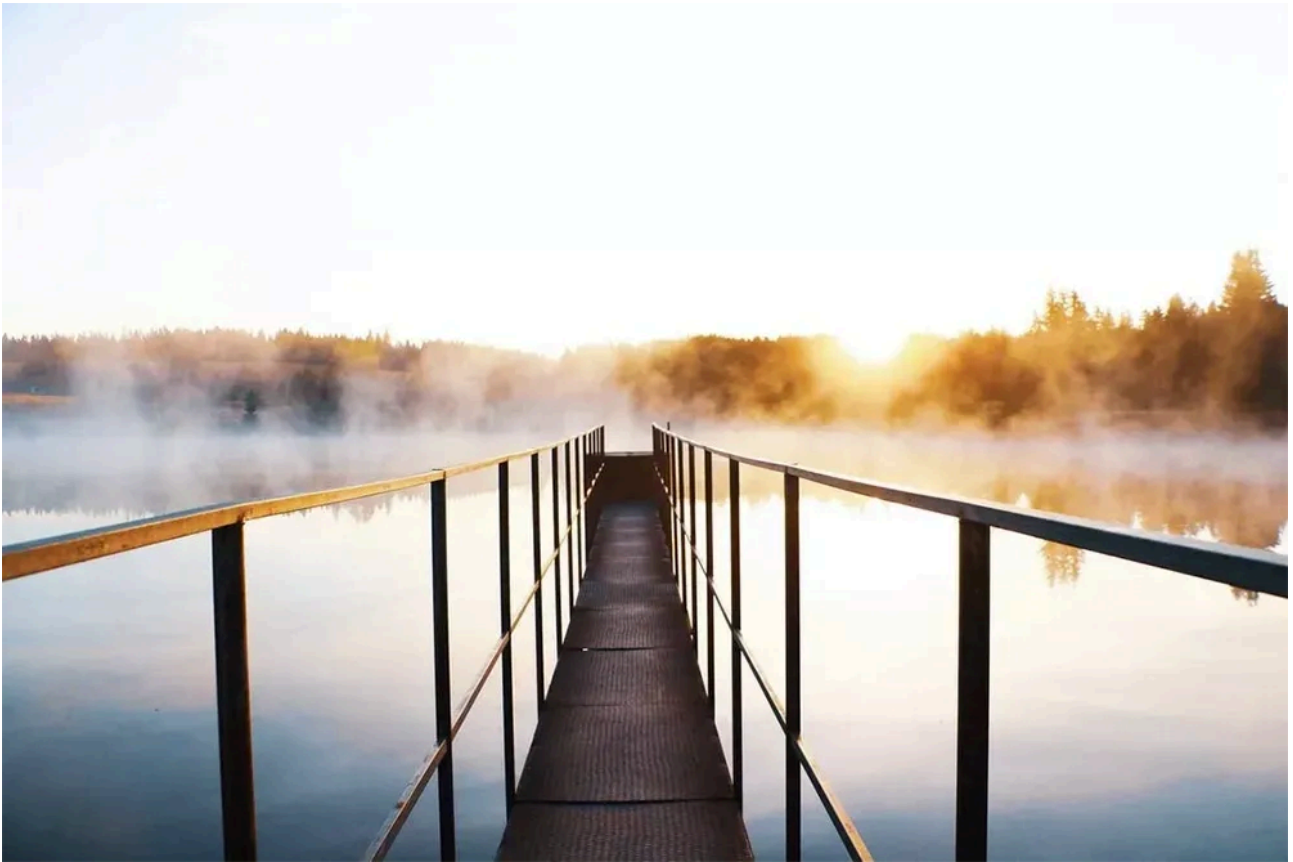


Ascension Update August 2022: Levels of Consciousness



How levels of consciousness have increased during our Ascension.



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This is the first in a new series of articles where we use Resonance Testing to measure our Ascension progress by continent, by levels of consciousness, DNA, chakras, integration and current timeline for full ascension. We go into a lot more detail in our Article published in May 2022 titled [Ascension: Our Observations](#).



What Are Levels of Consciousness?

As we ascend we hold more light (soul). We can measure the amount of light that a person holds and this is referred to as their level of consciousness, thanks to Dr David Hawkins. We use his scale of consciousness to measure levels of consciousness which can be from zero to 1000. Our Article What Are Levels of Consciousness xxxxx goes into greater detail.



Levels of Consciousness Increase as We Ascend

As fully ascended beings we will resonate at a level of consciousness of 1000. As we ascend, our levels of consciousness rise until they reach 1000 but level 1000 does not mean a person is fully ascended as there are other processes before full ascension.



Can Levels of Consciousness Fall?

It is also possible for someone's level of consciousness to fall and interestingly we have seen widespread incidence of this over the past 2 years. If someone resonates at zero we would describe this person as having no soul. We have noticed that when people have opted to get a vaccine, this can cause their levels of consciousness to drop, quite frequently to zero. In fact we found through Resonance Testing that it was not the administration of the vaccine that caused the drop but the intention to receive one as people were buying into the collective fear. We have also seen when people give away their power, for instance become dependent on alcohol, drugs, people and anything that negates the power of the soul and allows the ego to take over, then this may cause a drop in levels of consciousness.

However we have also discovered that it is possible to restore levels of consciousness, even in those whose levels have fallen to zero.



How Levels of Consciousness Increase During the Ascension

As our Mother Earth is bathed in light her levels of increase - have you seen how white the sun is now? As we experience life on an increasingly light filled planet, our resonant frequency also tends to increase. There are some who walk amongst us whose levels of consciousness are extraordinarily high and even at 1000. We have noticed that many of the new children being born are born fully ascended with levels of consciousness of 1000. You can tell if a child is fully ascended by looking into their eyes and watching how they are. Their eyes shine so brightly and they are happy just to be.

You will notice how your own levels of consciousness are increasing as your awareness begins to grow and you feel more loving, forgiving and altruistic. As you hold more soul, your ego subsides naturally and our focus becomes on helping others. Some people call this service to others. We look at how your ego decreases as your levels of consciousness increase in our Article [How Ego Decreases as Levels of Consciousness Rise](#).



How to Increase My Levels of Consciousness

As we are surrounded by people who are holding so much light, and we are being bathed in so much extra light each day, naturally our levels of consciousness increase. You can help the process by allowing the light in simply by being present and opening your heart. When you live in the present moment and are consciousness of your connection to the Earth and all that is, each of your chakras naturally opens and this allows more light into your body. We wrote more about your chakras in our Article [The Chakras: All 12 of Them!](#) If you would like your levels of consciousness to be boosted, then book in for a 30 minute [Energy Boost](#) service. We open all your chakras and have been able to take people's levels from below 200 to 999 in just over a minute.



Does Resonating at Level 1000 Mean I Am Fully Ascended?

What we have found is that there are many processes involved in ascension and learning to hold light at level 1000 is just one of them. We have also discovered that once this level is reached, the other ascension processes continue, such as the expansion of our DNA into 144 strands. So there are those who resonate at level 1000 who are not fully ascended; in fact Resonance Tests show that of the 2000 or so adults who have reached level 1000 only 3 are fully ascended.



What Does Resonating at Level 1000 Feel Like?

The higher the levels of consciousness, the more open hearted the person and we are beginning to see this for ourselves as we observe humanity opening up around us. It is a joy to experience! At level 1000, and especially once your DNA strands have increased to 144, you will begin to experience multidimensionality rather than just believing it or knowing the universe has many dimensions. You will also experience what each dimension feels like.



Level 1000 Is a Frequency Mismatch to Limiting Emotions

At level 1000 you will find that there is huge discord between the frequencies of limiting emotions that you still resonate for and the frequency of your new light body. This will trigger a series of emotionally charged episodes, each designed to reveal to you which limiting emotions are still separate within you. You are then able to integrate these and we describe this process in our Article [MedBeds: Our Salvation?](#)



How Have Levels of Consciousness Changed in the World?

The past 2 or so years have seen a dramatic increase in levels of consciousness. We started off 2019 at an average level of consciousness of around 230 or so. At Armichi Wellness we started monitoring levels of consciousness by country more than 8 months ago and we publish our findings in our bi-monthly reports [Global Levels of Consciousness by Country](#).

For this Ascension update we thought it would be interesting to collate all results to see how our collective levels of consciousness have changed since November 2021.



The chart below shows you how the average levels of consciousness have almost doubled, although this has not been a linear progression. You can see that there is a jump between the November 2021 and January 2022 reports and another jump between the May 2022 and July 2022 reports. Resonance Testing revealed that these jumps occurred over the winter and summer solstices.



Africa Leads the Way

The interesting discovery is that Africa is leading the way in our Ascension. We believe that this may be because the people who live in the continent of Africa live less commercial lives, and follow the Earth's natural rhythms more often. We wonder if the lack of schooling has helped as the education system has been created to suppress our true soul selves and natural creativity. We believe that there are many more people who live a community life which we have discovered in our Article [Why Expert Health Advice May Not be Right for You](#) is very good for the soul. There will be many other factors involved as we are not familiar with life in Africa but we love that a continent that has been considered by many to be largely 3rd world is the leading our Ascension!

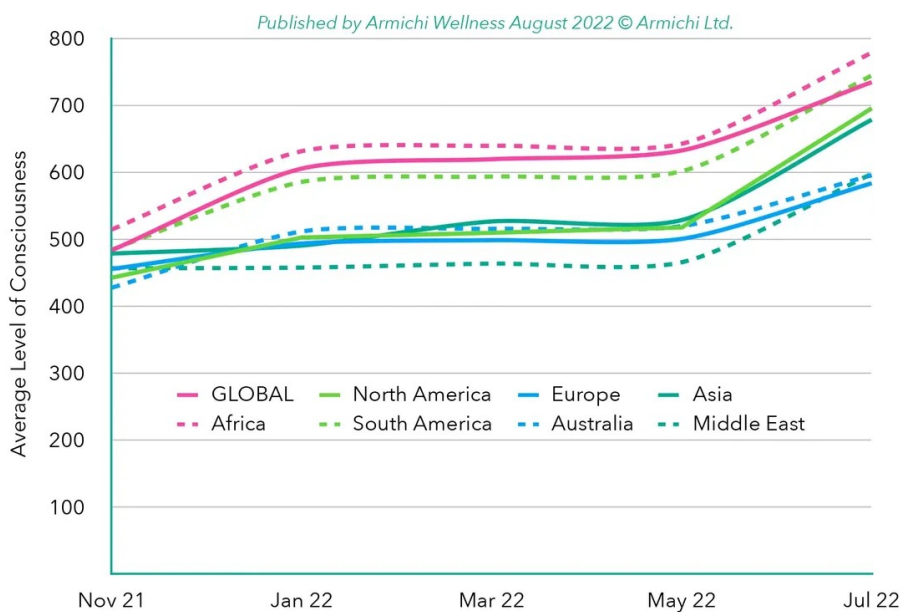


South America Not Far Behind

The other continent that is close behind is South America which we believe is for similar reasons to Africa.

Note how these two continents have really boosted the overall global average. This is because average levels of consciousness is a not a flat average but a weighted mean. What we mean by this is that one person who has a very high level of consciousness has a far reaching effect on a huge number of people. This means that, if your level of consciousness increased by 100, your power and ability to shine light on others would increase by many times 100.

Average Levels of Consciousness November 2021 - July 2022





North America and Asia Have Suddenly Increased

Notice also how, after the summer solstice, North America and Asia's collective levels of consciousness have increased significantly. Finally we are beginning to realise our power and we really see this in the sheer numbers of protests, people on the streets calling for change and mass distrust of governments, financial institutions and corporations.



Australia Now On a Par with Europe and Middle East

You can see from the chart above that the people on the Australian continent are also finally waking up. Most of the countries around Australia already have high levels of consciousness but the sheer size of the Australian population has held the collective average down. You can see how both Australia and New Zealand's lockdowns were among the most severe in the world - we believe that this was intentional to help encourage the people to wake up.

It's interesting to note that Canada also had the same experience due to its very low average level of consciousness.



Global Average Levels of Consciousness Now 741

This is extraordinary that, in just 2 and a half years, our collective levels of consciousness have risen by over 500 points! Who knows how they will change over the coming months but one thing's for sure - the only way is up!



We hope this has been an interesting read. The next Ascension update will be about how our DNA has changed.

Please send a link to a friend who you think will love to read this Article or you can [download it as a PDF](#) from the Research category to share or upload onto other sites.



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