How Ego Decreases with Rising Levels of Consciousness



How the ego field diminishes as the body holds more soul.



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How Ego Decreases with Rising Levels of Consciousness

As we progress through the path of ascension, we learn to hold more soul (love light / consciousness) in the body. This can be measured using resonance and Dr David Hawkins' works provide a wealth of information on this subject. This article looks at the relationship between ego and consciousness and what happens as our levels of consciousness increase.



What is the Ego?

The ego is a field of many different vibrations which are created to a greater extent from misinformation we have acquired during this and other lifetimes. During the eons of time where we believed we were just human and didn't realise we had within us the power of creation, we acquired much information that led us to develop a whole variety of fears, that arose from this disempowered perspective. These fears are held as individual vibrations within our body and its energy layers (eg. the physical body, the etheric field). The ego field is what stops us from knowing our true nature, our omnipotence and our oneness.



Fear Vibrations in the Ego

Each fear vibration within the ego can be measured (on a scale of 0-10) using Resonance Testing, which can also determine which layer(s) the fear is held, and how deeply embedded the fear is; ie, if the vibration spans other dimensions (all 12), timelines (all potentialities), past lives (all actualities). Some really deeply embedded fears are a result of many lifetimes of holding the information.



Collective Fear Vibrations in the Ego

Some fears are the result of the collective experience, for example, the experience of fearing the government or police as we have been repeatedly told as a collective that if

we don't follow the rules in place (however unfair or illogical they may seem) then we will be met with punishment. In this case the people on this planet have become disempowered as a whole, forgetting their true power, and end up carrying these fear vibrations as a collective over many generations.



Inherited Disease or Inherited Vibrations?

Now, as already mentioned above, some of the information in the ego field spans across more than one dimension and can lead to repeated miasms within family members over generations. Scientists have believed that it is genetics that is responsible for inherited illness, but our testing shows that it is simply repeated misinformation and familial behaviours that create a unique set of vibrations for a family group. Then these behaviours and misinformation are passed down through the generations causing the same set of vibrational patterns to be stored within each family member's ego. These vibrations are typically left unquestioned leading to repeated physical manifestations (disease patterns). This in part explains why allergies run in families since the same emotional associations and vibrations are passed down through either the conscious or sub consciousness to specific substances. We will write a separate article on the energetics behind allergies.



Effect of Rising Levels of Consciousness on Ego Field

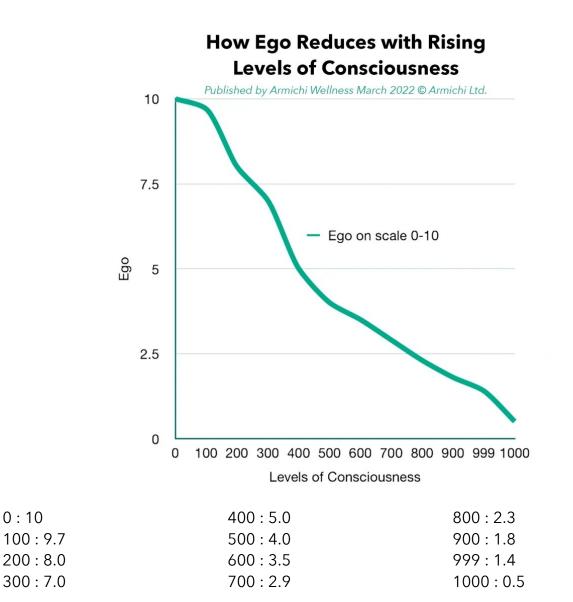
As we hold more soul, the ego field is illuminated and we gain a greater understanding of the information within, by using the emotional feedback loop to determine what 'negative' dense vibrations are within (they come to light as the body vibrations rises as they become less and less compatible with the newly light filled body). Then we can use these emotions to help understand what information is triggering them and we can then choose how we unlearn the information, therefore freeing ourselves of the 'negative' emotions that form a large part of the ego. We write the word 'negative' in inverted commas because this is a dualistic term and perhaps a better way to describe these emotions is as discordant frequencies; those which are not in alignment with the soul.



Relationship Between Ego and Consciousness

Our testing showed that when we reach 1000 level of consciousness we will still have a small amount of ego but the field will be filled with lighter vibrations which are in alignment with the soul.

We discovered through Resonance Testing that there is a fairly predictable relationship between the maximum amount of ego and the level of consciousness held, as can be seen from the chart. The raw data is below. First column is level of consciousness; second column is ego.



The tester's levels of consciousness measured 998 (on a scale of 0-1000), Ego 1.3 (on a scale of 1-10).



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