

# MedBeds: Our Salvation?



How to access MedBed technology today.



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## **MedBeds: Our Salvation?**

Most of us have illness, ailments or issues that we would love to be free from. If you have heard of MedBeds you may be excited at the thought of this amazing consciousness driven technology and its power to heal all. We have seen that some of you are waiting for the MedBeds to be made available to everyone so that you can join the queue to be healed.

But what if we told you that you didn't need to wait? That you already have MedBed technology available right now. You just need to know where to find it and how to use it! This article shows you where.



### **MedBeds**

MedBeds are described by those who have seen them as quantum-based consciousness-driven technology that are used off-planet to heal. The understanding is that they can pretty much heal anything, including re-growing limbs (which we Resonance Tested as positive). Our Resonance Tests also show that there are already more than 1,000 MedBeds on Earth and operate at about 6-10% of the power of off-planet MedBeds.

Interestingly, most of the MedBeds on Earth do not Resonance Test as being able to heal limbs, not because they don't have the potential but because there is not enough consciousness held on Earth yet to achieve this level of healing. Resonance Tests show that the beds are based on Arcturian technology. The Arcturians are higher dimensional beings and so of a much higher vibration and are able to direct much higher levels of consciousness into the MedBeds than we can and this may explain why the MedBeds on Earth Resonance Test as operating at only 6-10% of the power of off-planet MedBeds.



### **MedBeds Are Available Now**

Understandably, the power of MedBeds is revered by those who have read about them and many are waiting with anticipation for the time that they will be able to use them.

But what if we told you that you don't have to wait?  
And that you hold the power of MedBed technology within you?  
Would this be met by disbelief or curiosity?

Since most of us have been programmed to hide this healing ability - our article on [Revealing not Healing](#) goes into more detail here - it is understandable if you don't feel that you could possibly be as powerful as a MedBed. But MedBeds are consciousness-driven frequency healing and you already have the power to use your consciousness to create any frequency you want. You just need someone to show you how - and this is what we are here to do.



### **Armichi Wellness Healing Sessions are Virtual MedBeds**

The healing sessions that we provide at Armichi Wellness Resonance Test as being exactly the same as the healing given from MedBeds. We want to empower you with this ability and this is why we publish so many Articles showing you the techniques we use. We want you to be able to learn to heal yourself, even if you do not have funds to pay for an [Armichi Method Healing](#) session. Our aim is for good health to be available to everyone!



### **How to Give Yourself into a Virtual MedBed Session**

MedBeds are precise and targeted to your exact needs; that is one of the reasons why the technology is so effective. So first you will need to learn how to Resonance Test as you're going to have to do your own scans, just as the MedBed does. You can get started in our article [How to do Resonance Testing: Step 1](#) or benefit from one-to-one series that starts with [Learn How to Resonance Test](#). Once you've mastered the art - which will take a lot of patience and practice because you are learning how to measure very subtle frequencies - you can learn how to scan like a MedBed.



### **How to do a MedBed Scan**

It's easier to scan someone else than yourself so start with someone who has given you permission. Close your eyes and go into a meditative state, ensure that you have no expectations of the result and are not looking for an outcome. Start at their head and use your third eye to move slowly from the crown to the throat. You are looking at the light body layer (the energy field), not the physical body. Any areas in the head that need healing will show as having less light and sometimes they will be completely devoid of light where you will see dark areas. You may also see twisted energy or knots of energy. If the person has a headache then the area of pain will often show as darker.

Our article on [How to Get Rid of a Headache or Any Pain](#) shows you how to use consciousness to heal headaches quickly.

Once you have scanned the head, move down through the throat, torso and into the groin, then down each leg and then down each arm. Don't worry if you are not sure that you were able to do the scan effectively. This is where practicing with friends who can give you feedback really helps, because it's that feedback that helps give you the confidence to know you the information you picked up but doubted was actually correct. You can write down the areas you noticed had less or no light or twisted energy. When you are starting, stick with just 1 to 3 areas.



### How to get MedBed Style Results from your Scan

Now that you've finished the scan you need to use Resonance Testing to know exactly what is going on in each of the areas you picked up in your scan. This is where it really helps to have a basic idea of the anatomy of a human body, as this knowledge can give you quicker results. However you do also have access to the all-that-is so if you are already intuitive, you don't need to know anatomy. Also, after you have been scanning for a while your Resonance Tests will give very quick results and you can by-pass much of what is described below.

Let's say there was an issue picked up in the head. We want to know what the underlying energetic issue, which we call the vibrational match. We have given you a list of common frequencies that you can use and you are welcome to add your own, as this list is not comprehensive.

Limiting Emotion or Feeling			
Control	Powerless	Stress	Disappointment
Mistrust	Inadequacy	Confusion	Disillusionment
Apathy	Jealousy	Frustration	Demoralisation
Stagnation	Resentment	Fear	Shame
Lack	Hate	Worry	Pain
Grief	Self hatred	Regret	Self punishment
Sadness	Scorn	Doubt	Self sabotage
Neediness	Pride	Mistrust	Rejection
Victim	Desire	Logic	Loneliness
Disatisfaction	Anger	Guilt	Misery
Inadequacy	Irritation	Regret	Enslavement

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Armichi Method Integrate & Liberate.*

Now, you can use the following statement to determine the vibrational match of the issue:

- *The issue in the area has a vibrational match to <emotion>*

Use the emotions table above and keep testing for each emotion on the list until you get a positive and write down the result. Eventually you won't need to test with statements, you will be able to look down through the list of emotions and feel your energy expand when there is a vibrational match.

Next, Resonance Test to check that there is only one frequency match with this statement:

- *The issue in the area has more than one vibrational match*

If this tests positive, go through the list again and write down the result. Repeat the statement above until it is negative and you have all vibrational matches.

Some areas may not be a vibrational match for emotions but instead for other issues including:

- energy flow, including unopened chakras
- toxicity in cells, fluids
- congestion in cells, fluids
- inflammation in cells, fluids
- infection in cells, fluids
- dehydration
- lack of nutrition including electrolyte minerals
- physical trauma, eg a bang to the head

The statement to check these is:

- *The issue in the area is a vibrational match for <energy flow> .*

If this tests negative, repeat the statement for <toxicity >, <congestion>, <inflammation>, <dehydration>, <lack of nutrients>, <physical trauma>

Let's say it tests positive for physical trauma, then narrow down to the specifics by re-stating:

- *The issue in the area is a vibrational match for <inflammation>*

When you do this enough, then you will normally find the answer comes to you as an inspired thought, but initially you may have to practice with a list of potential issues. The list above is not comprehensive, but is a good basis to start.



### **How to Give Yourself a Virtual MedBed Healing**

Now let's say you have identified that the issue in the head was an emotional vibrational match for stress. You can treat this in the meditative state with the statement:

- *I neutralise and delete the frequencies, vibrations, connections, chords, energy imprints, memories, information, programming, vows, contracts and physical manifestations of and to stress in my layers, timelines, pastlives and dimensions.....and return and integrate with the lovelight.*

Focus on the person and the feeling of stress. As you say *<frequencies and vibrations>*, picture them collapsing into nothing. Do the same with *<connections and chords, energy imprints, memories, information, programming, vows, contracts and physical manifestations>*. Each time, it is important to pause and wait until each one has collapsed and you can no longer see or feel its presence.

Now, as you say *<layers>* pause and focus on the person's body, aura, soul and collapse all stress within these layers to nothing. Do the same with *<timelines>* (timelines are all potentialities), *<pastlives>* (all actualities) and *<dimensions>* (all 12). Pause after each one until the energy of stress has collapsed in this area. This stage can take a couple of minutes to complete.



### **How to Integrate & Liberate**

The final stage is the most important and the stage that takes the longest. As you say *<and return and integrate with the lovelight>* open your heart and allow the love consciousness from this chakra to merge and infuse with the person's stress that you will feel in your heart as a tension. Keep your loving attention on the stress and gradually you will feel a softening of the tension in your heart and eventually a lifting, expansion and sense of relief as the stress has been fully integrated within the person.



### **Angelic Power to Boost the Virtual MedBed Session**

This virtual MedBed healing process can take 5-30 minutes and is much quicker if you ask for help from the angels. The statement is:

- *I call upon the help of Archangel Raphael and the angels with this healing please.*

If you say this during the middle of the session will notice a massive surge of light and power. in fact we recommend you try this so you can really see what a huge difference

angelic help makes. You will also find that the integration is completed much more quickly. You don't need to specify how many angels you want as they will be with you in the numbers that are needed.

At the end, you will find yourself in a state of expanded bliss as, often, eons of discordant frequencies have been integrated and the person you are doing a MedBed session on no longer need to express them. So, in this example, they will no longer react to situations with stress.

Repeat this process for all the issues you identified during your virtual MedBed scan.



### **Use New-Me-Heal in your MedBed Session**

Once you have integrated the issues that were picked up in your initial virtual MedBed scan, you can use New-Me-Heal to restore any cells, systems, processes, etc that have been damaged by the discordant frequencies. New-Me-Heal is a 12th dimensional frequency that looks like golden-diamond coloured light and moves like mercury. We describe it in full in our Article [Revealing not Healing](#). New-Me-Heal has a powerful restorative effect on anything it finds. You can use it into your virtual MedBed healing session by stating:

- *I call in New-Me-Heal to restore everything to its divine state.*

and then watch as the golden-diamond light frequency twists and turns in the most beautiful ways around the areas, almost as if it is caressing the areas it fills. Sometimes it will linger in a particular area for a while before moving into the other parts of the body. You don't need to direct this frequency as it is intelligent and knows where to go. Its route may surprise you and the spiralling around certain parts can be slow or quick. You will see it filling an area, being still and then suddenly expanding outwards. We have observed that it has an incredibly powerful effect; a smoothing, regeneration and expansion into all dimensions. The process doesn't take that long and generally less than a few minutes.



### **Feedback Throughout your MedBed Session**

You can use Resonance Testing throughout the session to check the progress of the integration and liberation. The statement is:

- *The <stress> is at least 10% integrated.*

If this tests positive, repeat for <20%>, <30%>, <40%>, etc until it tests positive at 100%. You normally won't need to test once it is fully integrated since you will know for sure as you will feel so different, in a wonderful, expanded, lighter way.

When you have completed the session for all issues you may choose to do another scan to check the light levels and energy flow and you can also use Resonance Testing to double check that the integrations are all complete.



### **How Many MedBed Sessions Are Needed?**

As with everything it is so variable, but we have found we at Armichi Wellness get incredible results after just one session. We have also observed that all of us need regular virtual MedBed Sessions, since that invisible barbed wire cloak that we carry around with us has many wires and some are thicker and wrapped more tightly than others.



### **How to do a Virtual MedBed Session on Yourself**

This is much harder since you are embedded within your own barbed wire cloak and it can be difficult to scan yourself. However, it is perfectly possible and practice makes perfect. The process is exactly the same as we have described above except you are tuning into yourself. The advantage is that you know where you have issues and pain, but this can also be a disadvantage as it can lead to an expectation of the scan result. So the trick is to get into a meditative state and completely open your mind to the possibility of anything. If you are in so much pain that you cannot focus, try our pain relief techniques that we describe in our Article [How to Get Rid of a Headache or Any Pain](#).



### **Make your Virtual MedBed Sessions More Effective**

Since we are effectively directing consciousness the more we can allow it to flow without restriction or distraction, the quicker we will heal. We recommend that you start your session in a completely neutral state with no expectations of what the issues may be. Once you get into a meditative state, the ego has subsided and the soul takes over and then any scans or healing you do will be straight from the soul. If you are distracted or lose focus during the scan or healing, don't worry, just come back into presence. The key to allowing consciousness to flow is simply to open your heart.





### **This is Not Reiki**

You don't need to use your hands or symbols as this is not Reiki; as the consciousness is directed and the power comes from your loving attention and the heart is the source of this love. You do not need to be Reiki attuned as we are all increasing in Levels of Consciousness and our chakras are opening naturally as a result.

The founder of Armichi Wellness, Sarah Diggins, was Reiki attuned over 20 years ago and had been healing with Reiki ever since. She was told a while ago during her sessions to stop using the Reiki symbols. She ignored this for a while as she didn't trust her ability to heal without them, but was gently reminded everytime she used them that she must no longer do so. She has also been told repeatedly that she must put her hands down and heal from the heart. As she is still very human, she sometimes is tempted to use hands again - a 20 year habit can be hard to break! - but each time she does this, she is told to put down her hands. She has now finally got the message of the importance of heart directed consciousness.



### **The Higher Your Levels of Consciousness, the More Effective Your MedBed Session**

The higher your Levels of Consciousness, the quicker the healing will be since you are carrying more light. To discover what they are, you can have them checked with our [Know Your Levels of Consciousness](#) test. If they test below 500, the MedBed scan and healing may be more like riding a bike for the first time than after the 10th time! In this case you may want to consider an [Energy Boost](#) since this normally raises Levels of Consciousness as it opens all chakras and allows them to plug into the energy grid. The reason why Armichi Method Healings are so effective is because our Wellness Consultants must have levels of consciousness of at least 900. Our founder, Sarah Diggins, who currently fulfils all of the sessions, has a Level of Consciousness of 1000 and an ego that measures as 0.3 (on a scale from 0-10), meaning that the information she receives has very little distortion from the ego and is almost entirely soul to soul.



### **Ascension is about Self-Empowerment**

The quickest route to ascension is to empower yourself. Those who wait for MedBeds to save or heal them will find that the process is slower. Those who give their power away to devices will also find that their ascension is delayed. This is because we are powerful omnipotent beings and the ascension is about revealing ourselves and being able to express who we truly are. Do you really think that a divine being with infinite power and one with the all-that-is needs a biofeedback device to heal or needs to wait for a MedBed to fix those on-going life long problems? The reason you haven't yet healed is

because you haven't been given the knowledge on how to heal and this is why we have written this article.

We wish to empower everyone to live a life in perfect health. We provide you with [Armichi Method Healings](#) so that you can experience what a virtual MedBed healing feels like and then we teach you how to do this for yourself with our [Armichi Method Integrate and Liberate](#) one-to-one sessions.

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