# **Revealing not Healing**



You are already perfect, just hidden behind millions of discordant frequencies



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# **Revealing not Healing**

We talk about healing throughout this website but what if we told you that we don't actually do any healing! The reason why we keep using the word healing is because it's a universal term that everyone understands to mean restoration of health. However, healing also implies that we are trying to make you perfect and this is not what we do for you already are perfect!

Why you do not see this perfection and why do you not experience perfect health is because of the millions of discordant frequencies that hides your true magnificent self and stops your cells from forming in the image of that perfection.



### Who You Really Are

Your essence, who you truly are is an omnipotent, eternal being of love, a soul made of god consciousness that brings life to your body and loves everything and everyone. Your soul is charged plasma and has the limitless ability to create anything. When given the chance, your soul ensures that you live a life of abundance, synchronicity and are always supported by divine guidance. When given the chance, your soul ensures that every cell within your body forms in the perfect image of god consciousness and every process in your body functions perfectly and with divine timing. This is who you are.



#### Who You Think You Are

When you look in the mirror most of you don't see your true essence, that being of divine perfection looking back. You see a flawed, imperfect limited human in a less than perfect body and believe that all of your emotional and physical issues are an integral part of you and the essence of you. In fact our true soul selves are hidden behind layers and layers of discordant frequencies, accumulated over all of our lifetimes.



#### A Barbed Wire Cloak That Became Your Friend

These discordant frequencies become our friend since we have carried them around for so many eons. They are familiar to us and because of this most of us have a hard time of letting go of them. Those feelings of self doubt, sadness, fear, anger, anxiety, no confidence, lack, guilt, shame, apathy, etc are like a barbed wire cloak that we have become so used to carrying around with us that we have accepted that is who we are. This barbed wire cloak has completely hidden our divine nature and stopped us from knowing and expressing our divine selves. The reason we have a picture of a chrysalis and butterfly in this article is because the chrysalis represents the barbed wire cloak and the butterfly represents your true inner perfect beauty. Each of our cells has its own barbed wire cloak that stops it from functioning and reforming as the divine intended.



## **Discordant Frequencies of the Inverted Matrix**

The programming that we have all endured to keep us runs deep and has been created through eons of mis-information and collective experience. These include limiting emotions and discordant frequencies, inverted matrix programming and dark energy frequencies. You can think of these frequencies as an invisible spider's web running in all directions, through all dimensions and permeating all of your layers (physical, aura, soul), timelines (all potentialities), pastlives (all actualities). Amazingly, during our healings we have discovered that each of us holds millions of these discordant frequencies.



## **Discordant Frequencies Create Discordant Cells and Processes**

These discordant frequencies affect the regeneration of your cells so that they are no longer formed in the image of god consciousness but under the influence of the discordant frequencies. The way in which you live and react to the third dimension is influenced by the programming and accumulated discordant frequencies. When you can liberate yourself from these frequencies, your cells no longer take instruction from the third dimension or any aspect of it and are free to form and act in the image of god consciousness.



## **Revelation Through Ascension**

As Mother Earth goes through the ascension process, there is more light on the planet and this starts the process of revealing the hidden discordant frequencies. As each of us goes through our own ascension in our own timeline, we too learn to hold more light (more soul) and this starts to shine into the shadows within. Those millions of frequencies begin to appear through many ways, including the 'triggering' process that many of us have been experiencing. This is when we are presented with people and situations that seem to trigger the same emotions within us, over and over again in a short space of time. You can greatly help the process by noticing within you which

emotions are being 'triggered' for these are the emotions that are ready to be integrated.



## **How to Release the Barbed Wire Cloak for Emotional Frequencies**

Using consciousness we can neutralise and delete each limiting emotions. The statement is:

• I neutralise and delete the frequencies, vibrations, connections, chords, energy imprints, memories, information, programming, vows, contracts and physical manifestations of and to <emotion> and return and integrate with the lovelight.

As you say 'return and integrate with the lovelight' put your loving attention onto the feeling wherever it is manifesting in our body and allow consciousness to soften the feeling until it eventually becomes part of you. You will feel a release and an expansion and a lightening within yourself. This integration process is very powerful although can take 5-30 minutes (or even longer). Once complete, continue to put your loving attention on to your new vibrational set point to consolidate it. You can use Resonance Testing to check that the emotion has been fully integrated. The statement is:

• The feeling of <emotion> is now (percentage> integrated within me.

Start at 10%, then 20%, 30%, 40%, 50%, 60%, 70%, 80%, 90% and 100% until the statement tests positive.

## For example:

- The feeling of sadness is now 10% integrated within me. (positive)
- The feeling of sadness is now 20% integrated within me. (negative)

So from the above, you would need to continue with the integration process until the following statement is positive:

• The feeling of sadness is now 100% integrated within me.

One by one, repeat for each emotion; you may wish to do one emotion per day as sometimes this can leave you feeling tired when part of that barbed wire cloak has finally been lifted.



## How to Release the Barbed Wire Cloak for Other Frequencies and Connections

Now you can use the following statements to release and integrate the discordant frequencies, those to and from the inverted matrix and frequencies that are not to or of source:

- I neutralise and delete the discordant frequencies, vibrations, connections, chords, energy imprints, memories, information, programming, vows, contracts and physical manifestations and return and integrate with the lovelight.
- I neutralise and delete the frequencies, vibrations, connections, chords, energy imprints, memories, information, programming, vows, contracts and physical manifestations of and to the inverted matrix and return and integrate with the lovelight.
- I neutralise and delete the frequencies, vibrations, connections, chords, energy imprints, memories, information, programming, vows, contracts and physical manifestations that are not to or of source and return and integrate with the lovelight.

After each statement you may need to spend 5-10 minutes putting your loving attention onto the frequencies until you feel a gradual lifting of the tension (often around your heart) and a release. Once released, stay with your new vibrational set point to consolidate it for a while.

Again, you can use Resonance Testing to check your progress. The statements would be:

- All discordant frequencies are now <percentage> integrated within me.
- The inverted matrix is now <percentage> integrated within me.
- All frequencies not to/of source are now <percentage> integrated within me.



### **Daily Releases until Neutrality**

You will find that you need to repeat this process until you are no longer being triggered. When every person and situation stops making you feel angry/sad/stressed or however you have been feeling, you have reached a state of complete neutrality. Your barbed wire cloak has been dissolved and now you are free to see and express yourself as your true soul self. You will now see yourself as perfect and loveable. You will see everything and everyone around you as perfect and loveable. Your lives will no longer be influenced by discordant frequencies and you will live as divine intended; abundant, synchronistic and in a state of bliss.



## **Divine Frequencies Create Divine Cells and Processes**

Your cells will now form in the image of god consciousness and behave as the divine intended and perfect health will ensue. You will no longer experience intolerances, headaches, illnesses or any other affliction since your cells have been liberated from their own barbed wire cloaks.



#### **Further Transformation**

Once you start the integration process and begin to liberate yourself there is still repair work to be done within your cellular system. We have been shown a powerful way to speed up the healing using a restorative frequency which we now use at the end of our sessions and bring it into the areas that most need it. This 12th dimensional frequency is a golden-diamond hue mercurial light. We watch as it twists and turns in the most beautiful ways around the areas, almost as if it is caressing the areas it fills. Sometimes it stays in a particular area for a while before moving into the other parts of the body. We have observed that it has an incredibly powerful effect; a smoothing, regeneration and expansion into all dimensions.



#### New-Me-Heal

We used Resonance Testing to go through the alphabet and vowel sounds to discover the name. We ended up with 'neumeeheel' and found this tested as being 90% correct. We got a bit stuck at this stage, because it tested correct for pronunciation but incorrect for spelling. Then it dawned on us of what we were being told and laughed out loud when we finally got the right spelling through Resonance Testing. We recognise that our guides were probably 'shouting' the messages to us - we don't always get them immediately!!!

We did question this name New-Me-Heal as we have been told that our healings are revealings; revealing our true essence. We wondered why we have been given permission to use something with the name 'Heal' in it. We were then told that this 12th dimensional frequency, now referred to as New-Me-Heal is a restorative frequency not a healing frequency but that the name conveys its purpose for our understanding.



#### How to Use New Me Heal

You can use New-Me-Heal once you have finished your integration work. Use the name is a way to connect with the frequency. We have been told to use it wisely. We have

discovered that there is no need to force it in a particular direction as it will go to wherever it needs to go. You can trust its divine intelligence.

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