

The Chakras: All 12 of Them!



Chakras, ascension and the missing chakra.



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The Chakras: All 12 of Them!

When creating a chakra diagram for our Energy Boost Report we discovered that instead of the 7 chakras we thought we had, we actually have 12. One of these has been intentionally programmed not to work which we will show you how to open up. The others may or may not be functioning fully and we describe how to help restore them, which may be a gradual process that happens as and when your soul is ready to receive this information. *This article may be updated over time as our awareness grows and we gain new information about the chakras.*

Update: 14th April 2022: Today we discovered that it was possible to switch on the 12th chakra for all. Please read on to find out how we did this.



7 Chakras

For over 20 years, we have worked with 7 chakras and used the inherited names we were taught; the root chakra, the sacral chakra, the solar plexus chakra, the heart chakra, the throat chakra, the third eye chakra and the crown chakra. We were taught that each chakra has a specific colour.

We learned the following associations:

- Root Chakra (red) - Security, safety, abundance
- Sacral Chakra (orange) - Creativity and sexuality
- Solar Plexus Chakra (yellow) - Self esteem and will power
- Heart Chakra (green) - Love and self love
- Throat Chakra (blue) - Communication and self expression
- Third Eye Chakra (indigo) - Intuition and inner knowing
- Crown Chakra (pale pink or violet depending on teacher) - Connection to god

We understood that each chakra governs certain parts of the body, for instance a non fully functioning solar plexus chakra can result in digestive issues; the health of the throat chakra affects the thyroid gland.

We discovered how energising the chakras could result in massive increases in energy and awareness. What we didn't realise though was that we were only working with some of the chakras!



Ascension: Letting Go of Old Information

One of the important lessons for us all during this ascension process is the realisation that all of the information we have been taught, or that has been handed down - even by great teachers - must now be unlearned. This is because this information has been gleaned from the constraints of the third dimensional perspective. We are learning how to exist in a multi dimensional perspective and with that brings access to a whole new set of information. All those chakra teachings that were given in good faith are part of this third dimensional perspective information. As with the rest of the information that we read in books and on the internet, the vast majority is inherited, repeated and re-worked.



Ascension: Accessing Information Directly From Source

However hard it may feel to let go of what we believed to be core of our very foundations such as the chakra system, it is to our benefit to return to the point of creation, neutrality, the zero point and ensure that we unlearn everything and allow only information that comes directly from source. This is why learning how to do [Resonance Testing](#) is so helpful as it enables anyone to access the universal internet without needing to be a channel or to hear 'messages'.



Ascension: Losing Our Memory

We do question why so many people seem to be 'losing their memory' and our Resonance Tests show that this is because our memory no longer serves us. Memory is all about bringing back old information. As ascended beings we will live entirely in the present and all information will come down in the immediate moment as and when needed. As each moment passes, the information we received in the previous moment is no longer relevant to the new current moment. This is why, by staying within the zero point and remaining neutral, we ensure that we are given the information we need at exactly the right moment.



Ascension: Discernment

How do you know that the information you read on Armichi Wellness is right? The answer is that you do not! The only way to know is to discern by 'tuning into' your inner guidance. Your soul knows the information it needs to hear. If you are living within a third dimensional perspective, it may well be that the concept of the 7 Chakra system is right for you at this current moment. That is because the 7 Chakra system is resonant with

your current vibrational set point, which means it is information that you will find to be your truth at this moment. We love Resonance Testing for it helps us to discern the information and know what resonates, but you don't need to do Resonance Testing to have discernment since you will sense what is right simply by being 'drawn' or being able to 'relate' to the information presented.

With that, if you resonate with the idea that we have 12 Chakras, please read on!



12 Chakras

We were as surprised as probably most of you reading this to discover that we have 12 chakras. What caused us confusion is that when we tested to find out how many chakras people had, we got a whole range of results. We found that typically people have anywhere from 1 to 8 functioning chakras. After extensive testing, we reached the point where we had confirmed the presence of 11 chakras. However this didn't make sense to us since 12 is a divine number; there are 12 dimensions, 12x12 (144) DNA strands.



The 12th Chakra Has Been Switched Off

It turns out that the reason we couldn't 'find' the 12th chakra is because we were looking for something that didn't exist. At the time of testing, we didn't have a chakra below our heart. Resonance Testing revealed that this chakra that governs our connection with all humanity and one-ness has been intentionally switched off. Since that discovery we switched ours back on and experienced the beautiful depth of connection with all humanity that this chakra brings. Resonance Testing shows this chakra has been switched off for 96% of the population. Later in this article we show you how you can switch yours back on. Interestingly, we found that some of the new children of the Earth are being born with it switched on and that most people whose below heart chakra is working are children under the age of 3.

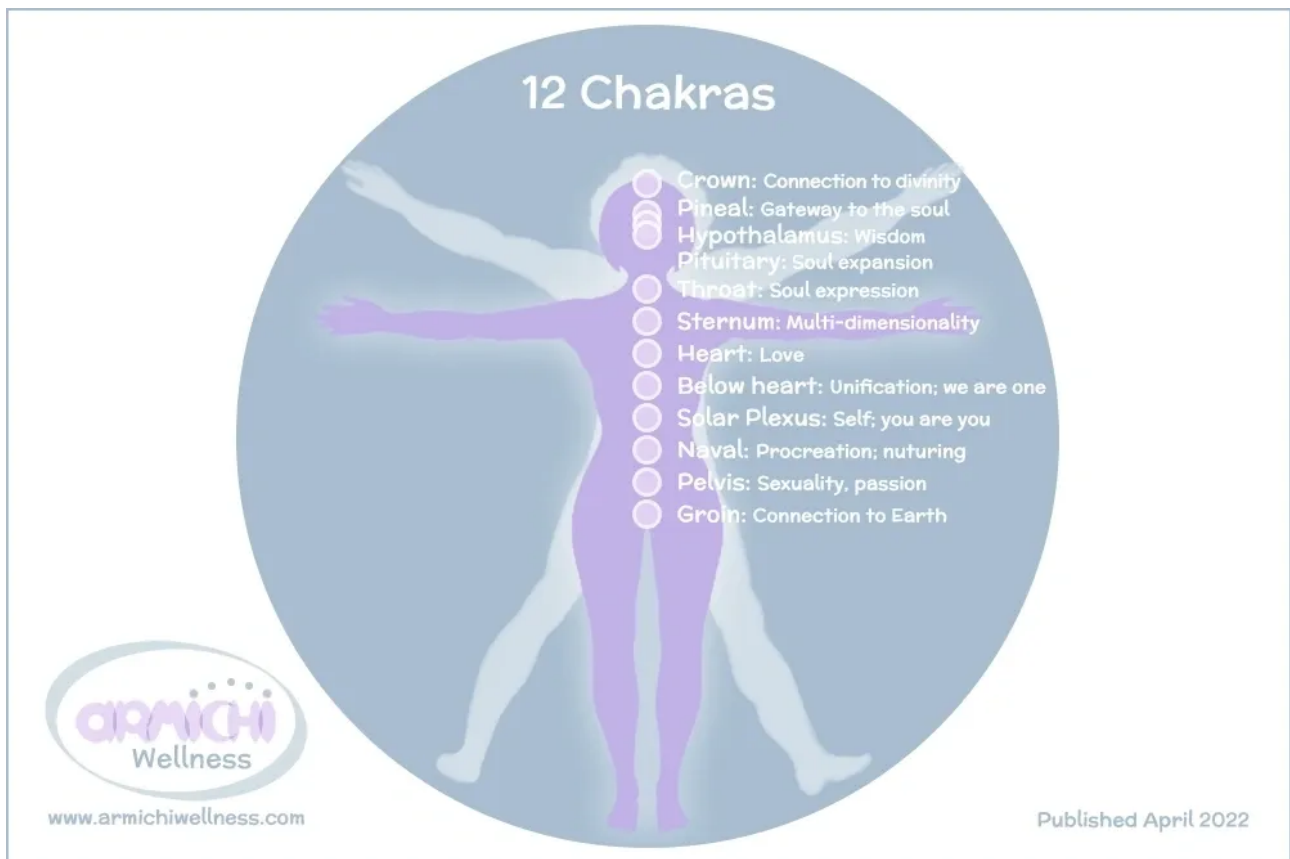
Update: 14th April 2022: This information is no longer correct as we have switched on the 12th chakra. We describe how we did this further down the article.



12 Chakras Diagram

You will see in our diagram that we have not given names to the chakras; only locations. We do this for we want to present the information without bias and without any of the embedded frequencies from the inverted matrix. What's really interesting is that, unlike the 7 chakra diagram, you will see that there are now no gaps in between these chakras. Each chakra is located at an even distance from the chakras next to it, with a natural

symmetry and balance. The 3 chakras in the head are closer together and Resonance Test as being in symmetry with each other.



We decided also to check the scope of each chakra, given the information in the collective is inherited, 3rd dimensional information. We found that some, like the old 'Root' chakra are still relevant. However you will see on the diagram how the scope for the rest may differ from what we previously understood. The other beautiful wisdom we discovered was how the chakras develop at a pace of their own and not from the bottom up!



How the 12 Chakras Develop

Another issue that caused us confusion with our Resonance Testing is that we discovered that we are not born with all chakras functioning. We discovered that this development is non-linear progression (so the bottom chakras don't open before the top chakras), yet this development seems to make sense if you look at the scope of each chakra. We also found that the development varies from person to person and that some chakras open after a certain age but may never open for an individual. We have given **approximate** timings for the development but these are changing as we ascend; you can see from our Resonance Testing that shows some children are being born with their below heart chakra already working.



Groin Chakra

Opens: Connection to Mother Earth

Focus: Nourishing the body

Develops: Birth - 10 Days

When we are born, our focus is on survival and our groin chakra is active. Interestingly we found that not all babies are born with this charka working but that it develops within the first 10 days after birth.



Crown Chakra

Opens: Connection with the Divine

Focus: Nourishing the soul

Develops: 2 months

Soon after birth we develop our connection to god, the divine.



Solar Plexus Chakra

Opens: Self development

Focus: Sense of self, the ego

Develops: 2 - 2.5 years

As a toddler we begin to become aware of our own identity.



Heart Chakra

Opens: Love

Focus: Loving others and ourselves

Develops: 4-5 years

As a young child we grow into awareness of how to give and receive love.



Throat Chakra

Opens: Soul expression

Focus: Communicating our authentic selves

Develops: 9-10 years

As a growing child we start to find our voice and to express ourselves.



Pelvic Chakra

Opens: Sexuality

Focus: Passion and creativity

Develops: 11-12 years

As we approach puberty, our sexuality awakens and with it passion and creative expression.



Pineal Chakra

Opens: Gateway to our soul

Focus: Intuition

Develops: 15-16 years

During our teenage years we develop our intuitive abilities (pineal chakra).



Naval Chakra

Opens: Procreation

Focus: The nurturing aspect within ourselves

Develops: 21 years

Our desire to nurture and bring life into this world develops.



Below Heart Chakra

Opens: Unification

Focus: The one-ness of humanity

Develops: 25+ years

We gradually come into the beautiful awareness of the connection of humanity and that we are all one. This chakra has been switched off for the majority of people with programming codes which need to be removed to enable this chakra to function. We describe below how you may do this.

Update: 14th April 2022: These codes have been neutralised and integrated this morning. Please continue to read as we explain how we did this.



Sternum Chakra

Opens: Multidimensionality

Focus: The depth and reach of our souls

Develops: 26+ years

After we have opened the door to the one-ness of humanity the next expansion in awareness comes as multidimensionality with the sternum chakra. If you place your hand on this chakra you will experience an incredible, expanse of multiple infinities.



Pituitary Chakra

Opens: Soul expansion

Focus: The experiential growth and awareness of our soul

Develops: 30+ years

Awareness of the one-ness of humanity and the multidimensional nature of our being-ness opens the door to the pituitary chakra and the expansion of the soul through experience and awareness.



Hypothalamus Chakra Chakra

Opens: Wisdom

Focus: Discerning information in the all that is

Develops: 33+ years

We may access an infinity of information and the opening of the hypothalamus chakra opens us to the discernment of its divinity, or wisdom.



What Happens When All Chakras are Fully Functional?

If you are reading this article, you may well be aware of chakras and may have heard the expression 'a blocked chakra'. Chakras are fields so can't really be described as being blocked. They are either present in full (open) in part or not (closed). These fields Resonance Test as being portals or gateways and once awakened enable us to be full expressions of our true soul selves. You will discover once the chakra that is located at your sternum is fully functional, that you have access to the multi-dimensional aspect of the universe and you will experience this incredible depth that you never realised was possible. When your below heart chakra is open then you will experience an expanded sense of connection with all of humanity and beyond and incorporate all into one (yourself). It is a wonderful feeling of being-ness.



How to Switch On Chakras 1-11

Working from the bottom (the chakra at your pelvis), put your hand onto this chakra and/or focus on it and feel the depth of its presence and its connection. In an open-hearted, meditative state, allow the chakra to blossom like a flower opening, filling your body, the room, then the whole universe. Be wholly, lovingly present with this chakra and with this feeling for as long as you wish. For a chakra field that was not functioning at all, this may take 10, 20 minutes or even longer. This is a process of awakening and breaking free of the suppression programmed into you by the false information in the inverted matrix and the distortion caused by the discordant frequencies within you. Take your time and allow your inner guidance to help know when to move to the next chakra. Each chakra enables you to access different universal fields and often we can 'feel' or 'see' this information by placing our hand onto the chakra and allowing the presence and magnificence of that chakra to bring this information into your consciousness. You may wish to refer to the chakra chart before doing this, although we do encourage you to start from the zero point or state of neutrality and to allow the information to come to you direct from source, rather than from us.



How to Switch on the Below Heart Chakra

For this chakra, located just below your heart, you will need first to remove the programming which has been encoded into you. For this you place your hand over the chakra point, focus on it and use intentional statement healing and the phrase is:

- *I neutralise and delete all frequencies, vibrations, connections, chords, energy imprints, memories, information, programming, vows and contracts that stop and inhibit this chakra from functioning and return and integrate with the love light.*

What you will discover is a gradual feeling of warmth and then a developing feeling of connection to all humanity in this area. It is a beautiful experience. You have just woken up the chakra that enables you to experience the one-ness of humanity.

Update: 14th April 2022: Today we were guided by the divine and realised it was possible to switch this chakra back on to full functionality for all of humanity, with (a lot!) of support from the angels. We called upon Archangel Michael for support and were amazed and overwhelmed to find that more than 1 billion angels were present. The process was the most emotional healing we have ever performed. Your 12th chakra is now open and you are now fully integrated with all of humanity. If you place your hand on this chakra and meditate you will feel at one with all; it is a wonderful feeling.



Are There Only 12 Chakras?

Resonance Testing has shown us that each chakra field will develop into 12 fields; 144 chakras in total. Our tests show that this happens as part of the ascension process. We tested that each of the 12 fields does not correspond to one of the dimensions since all of the chakra fields are multidimensional. Currently we cannot think of the questions to ask to get the answers we want about these 144 chakras but as we continue on our ascension path, these questions will arise and we can update this article with the answers.



Chakras Need Regular Love and Attention!

For us all, we benefit hugely by giving our chakras regular love; follow the guidance in the section '**How to Switch On the 1st-11th Chakras**'. It is your loving presence, focus and one-ness with the chakra that keeps their fields shining brightly and maintains the depth of the connection with the divine in each one.



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