A.B.C. DATA COLLECTION

# INSTRUCTIONS

Antecedent, Behavior, Consequence. As therapists and analysts we use these tools all day every day. This document will help train analysts to identify the Antecedent Behavior and Consequence. This is a training exercise, in the future, it is recommended that Student Analysts learn to complete an advanced form of ABC data collection.

Hint - a behavior happens every second. When doing an observation for 2 minutes, it is common to have 5 or more interactions during that time. An A.B.C. data collection happens repeatedly.

Antecedents can include a variety of stimuli. Antecedents occur before the behavior. Common antecedents include:

* Denied / Delayed Access “No” or “Wait”
* Non preferred demand / activity
* Non preferred social interactions / person [hugs, kisses, teacher, therapist, doctor, etc]
* Non preferred location [bathrooms, work room, table, circle time area, etc.]
* Sensory [sounds, sights, lights, textures, etc.]
* Transitions
* Child alone / child play alone

Keep track of a behavior as it is identified by the Behavior Analyst in the Behavior Treatment Plan. Common behaviors include:

* Aggression - scratching, biting, kicking, hitting, throwing items at others, etc.
* Task Refusal - not starting a demand within 10 seconds of instruction or stopping a task for more than 10 seconds
* Property Destruction - hitting, kicking, throwing objects, etc.
* Self Injury - scratching self, biting self, hitting self, hitting body part against object or person, etc.

Consequences occur after the behavior. These consequences can reinforce [increase the likelihood of the behavior / action occurring in the future] or punish [decrease the likelihood of the behavior / action occurring in the future] a behavior. Knowing the whole sequence, allows the behavior analyst to create a specific and targeted plan to reduce problematic behavior and find appropriate replacement behaviors.

* Attention by adult or peer [can be positive or negative attention]
* Escape from demand, person, place, activity, sensation, food, etc.
* Access to a person, place, activity, toy, sensation, food, etc.
* Sensory

Template

# ASSIGNMENT: A.B.C. DATA COLLECTION

| **Date & Initials** | **Time, Location** | **Antecedent** ***What happened before the behavior?*** | **Behavior*****Describe the behavior objectively*** | **Consequence*****What happened after the behavior?*** |
| --- | --- | --- | --- | --- |
|  |  | * Non preferred demand
* Task
* Social interaction
* Denied access
* Delayed access
* Sensory Sound
* Other:
 | * Aggression
* Tantrum
* Property Destruction
* Elopement
* Self Injury
* Task Refusal
* Other: \_\_\_\_\_\_\_\_\_\_\_\_
 | * Attention by adult / peer
* Access to Item / location / food / person
* Escape from demand /Escape from location / activity
* Sensory
 |
|  |  | * Non preferred demand
* Task
* Social interaction
* Denied access
* Delayed access
* Sensory Sound
* Other:
 | * Aggression
* Tantrum
* Property Destruction
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