

**Boost Your  
Heart Health**



**Offers an  
Antioxidant-Rich  
Indulgence**



**Boost  
Your  
Heart  
Health**



**Stress-  
Busting**



**Stress-  
Busting**

**Feelings of  
Warmth  
and  
Calmness**



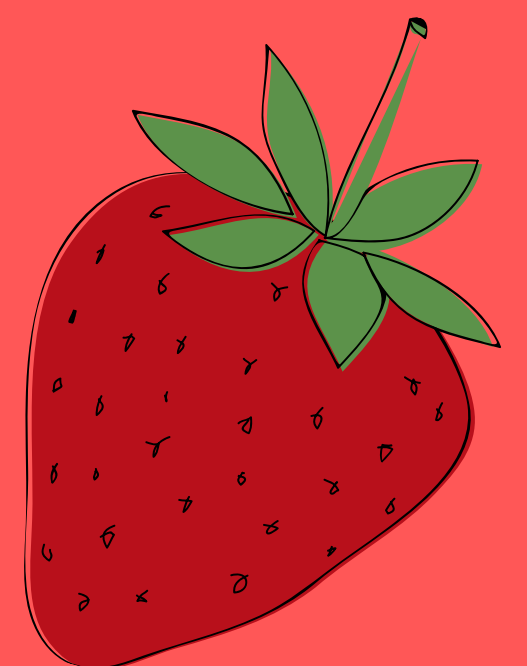
## **FOODS FOR A BETTER MOOD**



**Aiding Stress  
Management**



**Help Fight  
Stress**



**Help  
Fight  
Stress**