



SEPTEMBER 20, 2022

SUBSTANCE USE PREVENTION CONFERENCE

This training is designed to bring understanding to the specific consequences of substance use on the developing adolescent brain, how using substances while the brain is still developing can prime the brain for addiction, how childhood trauma and stress can lead to substance use, and the dangers associated with today's marijuana.



Clinton County
Fairgrounds
328 E. 8th St
DeWitt, Iowa
52742

FREE!!!

(plus CEU fees if
applicable)

Nursing, Substance
Use, Social Work,
& Foster Parent
CEU's available.
CLE's also
available.

Register at

**[camanche-
dewittcoalition.org/
trainings](http://camanche-dewittcoalition.org/trainings)**

**by September
17.**

**QUESTIONS/INFO
CONTACT:**

**CAMANCHE-DEWITT
COALITION**

(563) 241-4371
lauren@csaciowa.org

Session Descriptions, Speakers, and Agenda

8:00-8:30 **Registration**

8:30-8:45 **Welcome – Camanche-DeWitt Coalition**

8:45-9:30 **Adverse Childhood Experiences**

Presented by: Mary Nelle Trefz, Iowa ACES 360

Starting even before birth, a child's brain is constructed through an ongoing process that continues into adulthood. But many children experience stress early on that can become toxic without adult support. Over time, this level of stress can impact behaviors and lead to poor health, learning, and social outcomes. Adverse Childhood Experiences (ACEs) are traumatic events that can dramatically upset a child's sense of safety and well-being. While ACEs can affect future well-being, they don't have to. Emerging research shows that positive childhood experiences stemming from caring relationships and connections in the community reduce the impact ACEs can have. Using intentional strategies, we can build the environments that foster healthy development, as well as create system change that leads to an equitable community.

9:30-10:15 **Risk Factors for Substance Use Disorders, & Evidence-Based Interventions**

Presented by: Amanda Asay, LMSW, CADC with Life Connections

Building off of the ACES presentation, we will continue to explore deeper into risk factors that contribute to substance use. Amanda will discuss evidence-based interventions that help interrupt the potential for future substance use disorders.

10:15-10:30 **Break**

10:30-12:00 **Hot Topics in the Efforts to Legalize Marijuana**

Presented by: Will Jones, Smart Approaches to Marijuana

Today's marijuana is much more potent than in the past — with pot edibles, candies, cookies, ice creams, and waxes being up to 99% THC. In comparison, marijuana in the Woodstock era contained 5% THC. Will Jones will take participants through the latest facts and figures on what is really happening in legalized states and the overall goal of the legalization movement.

12:00-1:30 **Lunch On Your Own**

1:30-2:15 **Lived Experience Story**

Presented by: Dominic Capella

As a man in recovery, Dominic will take you through his personal lived experience with dealing with substance use.

2:15-2:30 **Break**

2:30-4:00 **The Dangerous Truth About Today's Marijuana:**

Johnny Stack's Life and Death Story"

Presented by: Laura Stack, Johnny's Ambassadors, Inc

Laura Stack's 19-year-old son, Johnny, died by suicide on November 20, 2019, after becoming psychotic from dabbing high-THC marijuana concentrates. Soon afterward, Laura started a 501c3, Johnny's Ambassadors, to educate parents, teens, and communities about the dangers of today's high-THC marijuana on adolescent brain development, mental illness, and suicide. In this session, Laura will share the story of Johnny's marijuana addiction from a parent's point of view, a poignant chronicle of the shocking descent from innocence to eventual suicide. Before marijuana, Johnny was a computer whiz with a 4.0 GPA and a perfect math score on the SAT. After marijuana, he stole his family dog from the home and threatened to kill it without payment from his mother. With moving candor, Laura traces the first warning signs, their attempts at rehabilitation, and his eventual demise. Three days before his death, Johnny issued his own warning about marijuana usage. Through this tragic tale, Stack hopes to help parents talk to their children about the dangers of using marijuana. Laura's real-life story is backed by recent scientific research on how today's THC products can harm our youth. This presentation is a clarion call for parents across America to educate themselves about the risks of today's high-THC marijuana products and to better understand the potentially devastating effects on their children.

4:00-4:30

Resources, Closing, & Evaluations

Presented by: Camanche-DeWitt Coalition

Target Audience

This training is designed for healthcare professionals, nurses, substance use counselors, prevention specialists, mental health professionals, law enforcement, corrections, parent, community members, in-home service providers, school staff, policy makers and other helping and allied professionals. This training is open to the public.

Conference Objectives

Learn more about substance use prevention. At the end of the conference, participants should be able to:

- Learn about the endocannabinoid system and how THC interferes with adolescent brain development
- See the results of legalizing medical marijuana for 18-year-olds in Colorado
- Understand how adolescent marijuana use can lead to mental illness and psychosis
- Discover the connection between youth marijuana use and suicidality
- Examine the impact of marijuana on communities — ranging from drugged driving and youth marijuana use to law enforcement concerns and public health costs
- Discuss the facts the media have ignored as the United States rushes to legalize marijuana
- Explore the complex concerns surrounding social justice issues
- Learn about risk factors associated with substance use
- Explore evidence-based interventions that help interrupt the potential for future substance use disorders
- Develop a greater understanding about the relationship between ACEs and substance-related behaviors
- Be able to explain how social and historical factors contribute to ACEs

- Explore a healing-centered approach to prevent and respond to ACEs and how to apply concepts to their work

Registration Information

General Registration Information • Conference registration is free and includes all workshop materials. • Lunch is on your own. • Confirmation letters will be sent electronically to those who register online and provide an email address. • The conference will make reasonable accommodations for persons with disabilities (with advance notice). Please contact Lauren at (563) 241-4371, or lauren@csaciowa.org. • Space is limited for this event.

Continuing Education Information

This course has been approved for the following:

Substance Abuse: Iowa Board of Certification –6.25hrs., Counseling Theories or Special Populations (This includes **Peer Support Specialist**)

Total Cost of CEU: \$0

Nursing/Other Healthcare Professional: Nursing participants will receive 6 contact hours by Iowa Board of Nursing Provider #51, MercyOne Clinton Medical Center.

Total Cost of CEU: \$60

Make checks payable to: MercyOne

Social Work: NASW Iowa Chapter has determined that this program meets the criteria of the Iowa Board of Social Work for 5.75 hours of continuing education. Other professionals who believe that this programming meets the requirements of their professional licensure board may also purchase a CEU certificate.

Total Cost of CEU: \$7

Make checks payable to: NASW-Iowa

Foster Parents: Iowa Department of Human Services approved this program for 6.0 hours of Foster Parent Training Credit.

Total Cost of CEU: \$0

Legal: This class has been approved for 6.0 CLE Hours by the Iowa Supreme Court Commission on Continuing Legal Education. This approval means that time spent in continuing legal education activities incorporated in this accredited program may be credited against the continuing legal education requirement of fifteen (15) clock hours per year, established by Rules 41.3 and 42.2 of the Iowa Supreme Court.

Total Cost of CLE: \$0

***If you will be wanting CEUs, please bring a check or cash the day of the conference.**

Lunch

Lunch will be on your own. We will offer a 1.5 hour lunch break.

Parking

There is no charge for parking. The parking lot is gravel.

Questions or Concerns:

If you have any additional questions or concerns please contact Lauren Schwandt at
(563) 241-4371 or lauren@csaciowa.org