

SIMPLE SUMMER FAMILY ACTIVITIES

It is no secret that I LOVE summer! I truly believe that summertime is one of my favorite times because of the people I spend it with: my family <3

It's not too late to take back control over your summer and prioritize what is most important. The fact that you are even here is a testament to your deep commitment to your family. You are amazing. Don't forget it! But if you need reminding, I got you :)

Because you are just so incredible, I wanted to get you started on some ideas for Simple Summer Family Activities. Spoiler alert, most are FREE to do! Enjoy!

OUTSIDE ACTIVITIES

- Cut up your favorite fruit, sit outside, and each person gets to share their favorite and least favorite food to eat.
- Go to your local park and play tag as a family (yes, that includes you too Mom!)
- Take dinner outside for a picnic! Go to a park or just step out to your backyard.
- Go on an expedition! Create a list of things you have to find outside and go on a family walk together to find them all. (Especially great for little kids!)
- Roast marshmallows at a local state park or anywhere you can legally make a campfire. If you want to take this a step further, make campfire dinners there too!
- Get in your swimsuits and turn on the sprinklers! Make up guessing games and whoever guesses right has to run through the water. Or turn on some music and have a sprinkler dance party! (Mom, I am still looking at you! Don't miss out on this one!)
- Once it gets dark outside, go on a night walk. Download a free constellation app and check out the stars! (You might need bug spray for this one haha)

INSIDE ACTIVITIES

- Build a fort! Then bring in your favorite card/board game and play it together.
- Play Hide & Seek! I know it is simple, but it is still so fun for every age!
- Look up simple at-home science experiments and try one. Volcanoes are always a hit!
- Play restaurant! Let your kids be the cooks tonight and come up with the menu for this meal. Try your best to be supportive and focus on the fun :)
- Turn up the music, get out the craziest clothes you have, and put on a fashion show! If you want to take this to the next level, keep the crazy clothes ON and go out for ice cream!
- Play Simon Says or Red Light Green Light. Even older kids can totally get into this if you are into this!
- DANCE PARTY! I couldn't make this activities list without including this simple, effective, and super fun family activity.

Let me know your favorites @wanderjoyshop on Instagram. Now go have FUN!