



VA Maryland Health Care System
Readjustment Counseling Service
100 Annapolis Street
Annapolis, MD 21401
(410) 605-7826



Virtual Readjustment Bootcamp Group

Friday's from 10am – 12 pm

January 8th – March 12th 2021

Learn and practice tools to manage Post Traumatic Stress symptoms and resiliency while learning more about the Annapolis Vet Center in this 10-week group. Enroll through the Annapolis Vet Center today!

New clients will require eligibility verification and completion of intake prior to group referrals



All group sessions will take place via tele-health using the Web-Ex platform. The counselor will provide you with weekly invites via email.