



### "My Daily Routine"

Every day, I have a simple routine that helps me stay organized and focused. I wake up early in the morning at 7:00 AM. The first thing I do is brush my teeth and wash my face. Then, I have a quick breakfast, usually consisting of cereal and milk. After breakfast, I get ready for school. I put on my school uniform, pack my bag, and make sure I have all my books and supplies. I leave for school around 8:00 AM. School starts at 8:30 AM, and I enjoy learning different subjects like math, science, and English. I have a lunch break at 12:00 PM. During this time, I eat lunch with my friends and sometimes play games in the schoolyard. Afternoon classes continue until 3:30 PM. Once school is over, I head back home. When I arrive home, I take a short break and have a snack. Then, I start working on my homework. I like to finish it before dinner so I can have some free time in the evening. After completing my homework, I spend time with my family, have dinner, and relax. Before bedtime, I like to read a book for about 20 minutes. It helps me unwind and get ready for sleep. I usually go to bed at 9:00 PM to ensure I get a good night's rest for the next day.

1- What time do you wake up every day?

- a) 6:00 AM
- b) 7:00 AM
- c) 8:00 AM

2- What is the first thing you do after waking up?

- a) Have breakfast
- b) Brush teeth and wash face
- c) Go to school

3- What do you usually have for breakfast?

- a) Eggs and toast
- b) Cereal and milk
- c) Pancakes

4- When do you leave for school?

- a) 7:30 AM
- b) 8:00 AM
- c) 8:30 AM

@sadeogretmen



SADE ÖĞRETMEN



5- What subjects do you learn at school?

- a) Only math
- b) Math, science, and English
- c) History and geography

6- When do you have a lunch break?

- a) 11:30 AM
- b) 12:00 PM -
- c) 1:00 PM

7- What do you do during your lunch break?

- a) Play games
- b) Read a book
- c) Sleep

8- What time do afternoon classes end?

- a) 3:00 PM
- b) 3:30 PM
- c) 4:00 PM

9- What do you do when you arrive home from school?

- a) Take a nap
- b) Do homework
- c) Watch TV

10- What do you like to do in the evening?

- a) Play video games
- b) Spend time with family
- c) Go out with friends

11- What time do you usually go to bed?

- a) 8:00 PM
- b) 9:00 PM
- c) 10:00 PM

12- Why do you read a book before bedtime?

- a) To learn new things
- b) To relax and unwind
- c) To finish homework

@sadeogretmen





### "My Daily Routine"

Every day, I have a simple routine that helps me stay organized and focused. I wake up early in the morning at 7:00 AM. The first thing I do is brush my teeth and wash my face. Then, I have a quick breakfast, usually consisting of cereal and milk. After breakfast, I get ready for school. I put on my school uniform, pack my bag, and make sure I have all my books and supplies. I leave for school around 8:00 AM. School starts at 8:30 AM, and I enjoy learning different subjects like math, science, and English. I have a lunch break at 12:00 PM. During this time, I eat lunch with my friends and sometimes play games in the schoolyard. Afternoon classes continue until 3:30 PM. Once school is over, I head back home. When I arrive home, I take a short break and have a snack. Then, I start working on my homework. I like to finish it before dinner so I can have some free time in the evening. After completing my homework, I spend time with my family, have dinner, and relax. Before bedtime, I like to read a book for about 20 minutes. It helps me unwind and get ready for sleep. I usually go to bed at 9:00 PM to ensure I get a good night's rest for the next day.

1- What time do you wake up every day?

- a) 6:00 AM
- b) 7:00 AM
- c) 8:00 AM

2- What is the first thing you do after waking up?

- a) Have breakfast
- b) Brush teeth and wash face
- c) Go to school

3- What do you usually have for breakfast?

- a) Eggs and toast
- b) Cereal and milk
- c) Pancakes

4- When do you leave for school?

- a) 7:30 AM
- b) 8:00 AM
- c) 8:30 AM

@sadeogretmen



SADE ÖĞRETMEN



5- What subjects do you learn at school?

- a) Only math
- b) Math, science, and English
- c) History and geography

6- When do you have a lunch break?

- a) 11:30 AM
- b) 12:00 PM -
- c) 1:00 PM

7- What do you do during your lunch break?

- a) Play games
- b) Read a book
- c) Sleep

8- What time do afternoon classes end?

- a) 3:00 PM
- b) 3:30 PM
- c) 4:00 PM

9- What do you do when you arrive home from school?

- a) Take a nap
- b) Do homework
- c) Watch TV

10- What do you like to do in the evening?

- a) Play video games
- b) Spend time with family
- c) Go out with friends

11- What time do you usually go to bed?

- a) 8:00 PM
- b) 9:00 PM
- c) 10:00 PM

12- Why do you read a book before bedtime?

- a) To learn new things
- b) To relax and unwind
- c) To finish homework

@sadeöğretmen

