

Rules & Boundaries for Couples

(Please refer to "The Swingers Dictionary" for terms used)

- NEVER TAKE ONE FOR THE TEAM
(In other words, never consider playing with someone only because your partner is interested. You both have to be happy with the person/s.)
- Mutual consent
- Family and relationships always come first
- Cleanliness first and always
- Establish rules before play
- Use of condoms/protection at all times
- No Cumming inside other partners
- No kissing on the lips
As mentioned in my blog, some couples find this more intimate
- Kissing is only allowed with approved playmates
- No playing on the first night
- No alcohol
- No drugs
- Same room only
- Same vicinity
(does not have to be same room, but near each other)
- No separate play
- Separate play only
- Same-sex play only
- Soft swop only
- Full swop only
- No swopping soft or full
(play in same area/room but with own partners only)
- Equal play
(all parties are involved and no one is left out)

- Climaxing with your partner only
- Group communication and chats only (no one-on-one)
- No photos or videos to be shared on chats
- No photos or videos during the play
- Proof of clean STI test before any playing starts
- No romantic gestures before or after play (cuddling after sex, saying I love you, etc.)
- No anal
- No hard play (Choking, spanking, restraints, etc.)
- No foreplay (Blowjobs, etc.)
- No racial crossing
- Hot Wife only
- Singles only (Unicorn or Bull)
- Couples only
- Never disrespect your partner (before, during or after a play)
- Never compare yourself or your partner to others
- No drama or hassles
- Friends first before playing happens

These rules can be used for Unicorns & Bulls, adapted to their own needs and wants.



The PsychoTic Wife