

HEALthy Change 4 Life

Understanding Thyroid Lab Tests

Educational guide only. Lab results should always be interpreted by your healthcare provider in the context of your health history and symptoms.

Test	What it Measures
TSH	Often the first screening test for thyroid function.
Free T4	Measures the unbound thyroxine hormone available to body tissues.
Free T3	Measures the active thyroid hormone available to cells.
TPO Antibodies	May help identify autoimmune thyroid disease such as Hashimoto's.
Thyroglobulin Antibodies (TgAb)	Another antibody test that may support evaluation of autoimmune thyroid conditions.