



# Emergency Supply Checklist

## General

- ☐ Minimum (TWO WEEK) supply of medication.
- ☐ List of allergies
- ☐ Batteries (D, C, AA & AAA)
- ☐ Flashlights (DO NOT USE CANDLES)
- ☐ NOAA Weather Radio / AM/FM Radio make sure it is battery powered or hand crank
- ☐ Cash (if there is no power ATM's and credit card machines may not be working)
- ☐ Mobile Devices. Make sure they are fully charged and you have a way to charge them (cords, vehicle chargers, power banks)
- ☐ Books, games, puzzles
- ☐ Fill bathtubs with water (used to flush toilets and clean)
- ☐ Generator and extra fuel for it

## Food & Water

- ☐ Food (non perishable packaged or canned, baby food, any special dietary needs, for at least 7 days)
- ☐ Water (1 gallon of water per person per day, for at least 7 days)
- ☐ Can opener NON-ELECTRIC
- ☐ Paper plates / Plastic Cups
- ☐ Paper Towels/Napkins
- ☐ Plastic Utensils

## First Aid

- ☐ First Aid Manual
- ☐ Sterile adhesive bandages (Band Aids) of all sizes
- ☐ Sterile gauze pads
- ☐ Assortment of bandages
- ☐ Hypoallergenic adhesive tape
- ☐ Scissors/Tweezers/Sewing needle
- ☐ Moistened Towelettes
- ☐ Antiseptic
- ☐ Disinfectant wipes/Hand sanitizer
- ☐ Thermometer
- ☐ Mask

## Vehicle

- ☐ Fill your vehicle's fuel tank before the storm.
- ☐ Mobile phone charger
- ☐ Blanket / Sleeping bag
- ☐ Jumper cables / battery pack
- ☐ Kitty litter or sand for traction
- ☐ Paper map

## Phone Numbers

- ☐ Have a list of important numbers, including: Non-Emergency Fire Department, your doctor, bank, school, veterinarian, neighbors, family and friends, out of town contacts

## Clothing

- ☐ Rain gear (rain jackets/pants, hats, waterproof boots, umbrellas)
- ☐ Cold weather (winter jacket, insulated boots, insulated pants, winter hat/gloves, hand warmers)
- ☐ Extra clothing / shoes

## Pet

- ☐ Food and Water to last at least 7 days
- ☐ Proper Identification
- ☐ Medical/Microchip information
- ☐ Crate/Carrying cage
- ☐ Leash/Muzzle
- ☐ Food/Water bowls
- ☐ Medications to last at least 7 days
- ☐ Service animal ID (if service animal)

- ☐ Non-latex gloves
- ☐ Petroleum Jelly
- ☐ Safety Pins
- ☐ Soap
- ☐ Sunscreen
- ☐ Aspirin/Advil/Tylenol
- ☐ Benadryl
- ☐ Anti-diarrheal
- ☐ Antacid
- ☐ Laxative
- ☐ Cotton balls
- ☐ Q-Tips

## Important Documents

*(the following should be kept in a water proof container)*

- ☐ Insurance cards
- ☐ Medical records
- ☐ Social Security Cards
- ☐ Banking information
- ☐ Credit cards info/numbers
- ☐ Copy of Birth Certificates
- ☐ Copy of Marriage Certificates
- ☐ Copy of Will