

Assembling the kits for sewing distribution:

- Each kit contains:
 - One pocket (*If directional, make sure the pattern is right side up.*)
 - Two apron pieces
 - One pillow for singles, two pillows for doubles
 - White tie strip
 - Ribbon
 - Product Description Card
- Place items in a one gallon plastic zippered bag marked “**Single**” or “**Double.**”



← Attach an address label to the storage bag indicating if it contains a single or double apron.

- Place 12 kits (all singles, all doubles or a mixed bag of singles and doubles) into a larger plastic bag, one big enough to hold the finished kits with stuffed pillows (Tall kitchen 13 gal. trash bags work fine.) Mark the contents. If your group is not doing the sewing, be sure to let Marilyn know what is in each bag for her inventory.

Make a large label to attach to the outside of the garbage bag to easily identify the contents of your bag of 12 kits!

→

Singles	_____
Doubles	_____
Sewn by	_____
	(Group or individual)
Returned	_____

For video instructions on sewing the drain bags, visit www.bagandboobbabes.com.

If you have questions, feel free to contact **Linda Webber** at **317-509-5485**.

Linda lives in Arizona year round, so if you're on the East Coast please check the time difference before you call.

Linda will also be glad to meet with you if you are in her area.

Bag & Boob Babes Corp. is a 501(c)(3) non-profit charity made up of volunteers sewing and knitting love and prayers into comfort products to help patients on their breast cancer recovery journey.

Women helping women through difficult times!



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Instructions for Cutting and Packaging Drain Bag Apron Kits for Sewing



Double Kit



Single Kits

Choosing the Fabric

- Choose colorful **soft** flannel fabrics, coordinating solids or small prints with larger print.
- Avoid fabrics with lines (i.e. plaids) and one directional prints. (*If you do choose a lined fabric, you will need to cut a single thickness at a time.*)
- About 5% of your fabric choices should be suitable for men.



Cutting Tips

- Please use a rotary cutter for precise lines. Individuals sewing the kits will greatly appreciate this.
- You will need an iron, ironing board or felt mat for pressing. Fabric is often wrinkled at the beginning and end of the bolt.
- The ratio of double kits to single kits sometimes changes. (*Check with **Marilyn Reed** at **602-513-1728** for the appropriate ratio.*)
- Do fabric calculations prior to cutting as bolt width is not always consistent (exact measurements follow on the next page). Cut some singles and some doubles from each combination of prints and solids.

Cutting the Fabric

Single Drain Bag

1. Cut a 7-1/2" strip across the fabric for the **pocket**. (Usually the print.) Trim selvages and make a cut 12" from the edge. Open the fold (press) and cut a third front from that piece. *As quilters know, the fold may cause a "wonky" piece. You may need to trim the piece with the fold line.*
2. **Optional cutting:** If the waste after the 12" cut is 18-20", use that piece for one double front (with the apron also adjusted) or a pillow instead of another single. Thus, no waste.
3. Cut a 9" strip across the solid or small print fabric for the **apron**. Use the same procedure as cutting the pocket.
4. **Optional cutting:** If the waste after cutting the 12" piece is 18-20", use that piece for one piece of a double apron (you will need two) or, if you're using it for a pillow, you will need to trim it down to 7-1/2" wide.
5. **Note:** The video uses a print for the back of the apron and a solid for the front. However, it is easier to cut both back and front together at the same time out of the solid. *(The bolts will not come out even. Match what is left with another bolt.)*
6. For the pillow, cut a 7-1/2" strip across the fabric matching the pocket *(usually the print)*. Trim to make two 20 x 7-1/2" pillows, enough for two kits. *(Video instructions are slightly different, but I find a 20" pillow fits in the bag better.)*



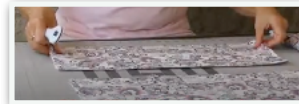
Cutting a 9" single apron back off the bolt



Cutting a single apron back - 9" X 12"

Double Drain Bag

1. Cut a 7-1/2" wide strip across the fabric for the **pocket**. Trim edges to make two pieces 20" wide and 7-1/2" tall.
2. Cut a 9" strip across the solid or small print fabric for the **apron back**. *(Trim the edges to form two pieces 20" wide and 9" tall for the apron.)*
3. For the pillows, cut a 7-1/2" strip across the fabric matching the pocket *(usually the print)*. Trim to make two 20 x 7-1/2" pillows. *(Fold with right sides together for the sewer.)*
4. It is nice to mix pillow fabrics in a kit – a solid and coordinating print. *(If you have extra solid pillows left over from other cuttings – those "oddies" may coordinate with another pattern you're working on.)* The kits should be tasteful and represent our concern for the recipient *(a bunch of odds and ends may send a different message).*



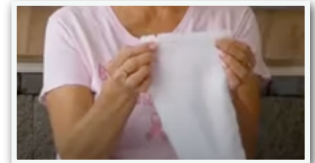
Cutting a DOUBLE apron pocket 7-1/2" deep X 20" wide

Apron Ties

1. Cut a 66-69" strip of fabric from the bolt. Start by unrolling the whole 25 yard bolt of white, placing pins at the 69" marks. *(This way you can ensure there is no waste on the bolt. You may need to add or subtract an inch here or there to make this work out.)*
2. Make a small clip at the 69" marks. *(Clip only one layer.)* Tear or cut at the 69" marks. *(Tearing seems to be the quickest and easiest.)*
3. On the **corn edge** of the 69" pieces, make snips through both layers at the 2" marks. *(The video says 1-1/2" – but sewists have found this to be too narrow.)* If the selvage seems too thick, tear or cut it off before tearing the strips. Make sure to start with the selvage side and end with the folded edge because the fold may have one inch on each side. **The 69" piece will make 20- 21 ties.**
4. Fold the ties into eighths for the sewists.



Marking the tie fabric for 2" widths



Make small cuts to tear strips



Tearing the 2" X 66-69" ties

Ribbons

Ribbons should be cut at 44". *(The video says 48," but 44" works fine.)* Bring the ends together and tie a knot to form a large loop.



Ribbon with knotted end

Measurements for Final Apron Components:

Single Apron

Pocket – 7 1/2" deep X 12" wide
Back – 9" deep X 12" wide
Pillow – 7 1/2" wide X 20" long folded equals One Pillow 7 1/2" by 10"

Double Apron

Pocket – 7 1/2" X 20" wide
Back – 9" deep X 20" wide
Pillows (2 pieces) – 7 1/2" wide X 20" long folded equals Two Pillows 7 1/2" by 10"

Same for all Aprons

Tie – 2" wide X 66-69" long
Ribbon – 44" long tied short distance from the raw ends to form a loop



Kit components ready for sewing