Insurance Opt-Out Agreement

Alexandra Khoobani, MSW, LCSW (Licensed under NYSED and CT DPH) doing business as "Infinite Roads Counseling and Consulting", 2125 Albany Post Rd, Ste 203, Montrose, NY 10548, (203) 794-4741

I have selected to not use my insurance for my psychotherapy sessions with Alexandra Khoobani/Infinite Roads Counseling and Consulting ("the practice").

I understand that opting out of using my insurance means I must pay out of pocket for all sessions. I have made the practice aware that I have opted to not use my insurance for sessions even if the practice is in network or out of network. If I have been accepted for sliding scale services, I will request and sign a Sliding Scale Agreement form to secure a sliding scale fee adjustment.

I have agreed to let the practice know if anything changes and I either obtain alternative insurance and or decide that I would like my sessions billed to my insurance.

I understand that if I opt out of using my insurance, I cannot use the payment of sessions towards my in-network deductible because I have elected to opt out of using my insurance. If I am planning to use my out-of-network benefits, I agree that I am solely responsible for requesting and obtaining documentation (i.e. Good Faith Estimate of cost of services prior to all scheduled appointments, superbill with dates of service, diagnosis, and CPT code) through the practice, and that I am responsible for submission to my insurance company for reimbursement. I understand that there is a possibility that my insurance will not reimburse me for sessions.

I understand that if I choose to later use my insurance the practice is not liable and is not obligated to reimburse previous sessions where I have chosen to opt out of billing my insurance. My opt-in to use insurance will start from the day I notify the practice of the change by email, and cannot be backdated to previous sessions.

In effect: 12/27/2021

BY CLICKING ON THE CHECKBOX I AM AGREEING THAT I HAVE READ, UNDERSTOOD AND AGREE TO THE ITEMS CONTAINED IN THIS DOCUMENT.